



# Summer Games A 2024

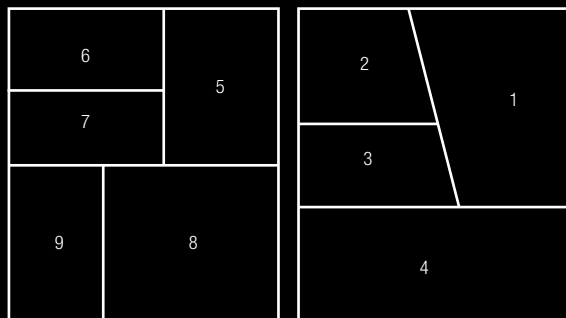
**Collective**

with the kind collaboration of  
**22 athletes**

WARNING !

This book is printed following the Japanese reading order:  
from right to left.

Follow the box guide.



Enjoy!

# Summer Games 2024

**Collective**  
with the kind collaboration  
of the following athletes

Anne-Élizabeth d'Acremont, Pierre-Antoine Baele, Martin Baron,  
Christopher Bourgeois, Axel Bourlon, Thomas Bouvais, Laurent Chardard,  
Éléa Charvet, Anne Claveau, Renaud Clerc, Gaëlle Edon,  
Charlotte Fairbank, Céline Gerny, Sonia Heckel, Bopha Kong,  
Hélios Latchoumanaya, Lucas Mazur, Cédric Nankin, Yohan Peter,  
Julie Rigault-Chupin, Loïse Rondepierre,  
Érika Sauzeau, Samou Soumaoro





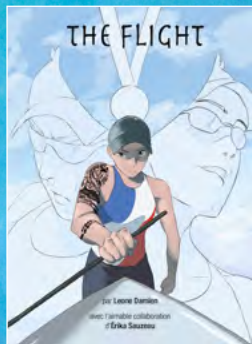
*The Ipsen Foundation is proud to offer you this one-of-a-kind manga, the result of an inspiring collaboration between 22 mangakas and 22 extraordinary athletes. In anticipation of the 2024 Summer Games, we undertook an ambitious project to highlight the 22 sports disciplines that will showcase the greatness of this competition.*

*Page by page, each discipline comes to life through the artistic skills and passion of the mangakas, who infuse their creativity and dedication into every pencil stroke. Likewise, the athletes, with their determination and experience, have inspired each scene, movement and expression captured in these drawings.*

*We wish to express our sincere gratitude to the artists and athletes whose collaboration made this project possible.*

*Their contribution brought to life a manga celebrating diversity, resilience and the beauty of sports, thus reminding us that sporting excellence knows no borders.*

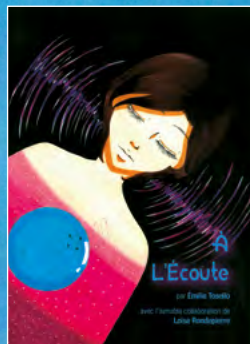
Céline Colombier-Maffre  
*Manager of Publications, Fondation Ipsen*



Para rowing 66



Para athletics 56



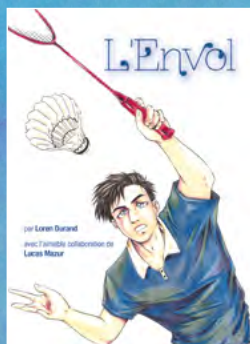
Goalball 46



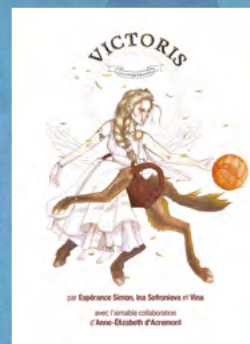
Para cycling 96



Para canoe 86



Para badminton 76



Wheelchair basketball 6



Para swimming 126



Para judo 116



Para equestrian 106



Wheelchair fencing 36



Blind football 26



Boccia 16



# SPORTS OVERVIEW



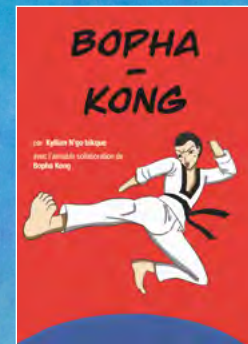


by **Espérance Simon, Ina Sofronieva and Vina**

with the kind collaboration of  
**Anne-Élizabeth d'Acremont**



Para table tennis 156



Para taekwondo 146



Para powerlifting 136



Para triathlon 186



Shooting Para sport 176



Para archery 166



Sitting volleyball 216



Wheelchair tennis 206



Wheelchair rugby 196

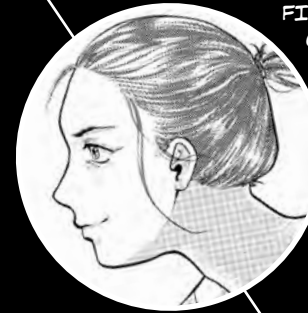


# WHEELCHAIR BASKETBALL

## ATHLETE: ANNE-ÉLIZABETH D'ACREMONT

AT 13, ANNE-ELIZABETH D'ACREMONT GRADUALLY LOST THE USE OF HER LEGS. SHE HAS FOUND AN OUTLET IN HIGH-PERFORMANCE SPORT AND JOINED SEVERAL WHEELCHAIR RUGBY AND WHEELCHAIR BASKETBALL TEAMS. SHE HAS ALSO COMPLETED SEVERAL TRAINING SESSIONS WITH THE FRENCH NATIONAL TEAM. SHE HAS BEEN ADVOCATING FOR GREATER RECOGNITION OF PARA-SPORTS, PARTICULARLY FOR WOMEN. THIS FIGURE OF RESILIENCE ALSO COUNTS ON THE PARIS 2024

GAMES TO CHANGE ATTITUDES: "I HOPE PARA ATHLETES AND ABLE-BODIED ATHLETES WILL BE UNITED, BECAUSE AT THE END OF THE DAY, WE ARE ALL ATHLETES"



"  
**WHETHER IT  
BE SPORTS  
OR PARA  
SPORTS...  
WE'RE ALL  
ATHLETES  
FIRST**  
"

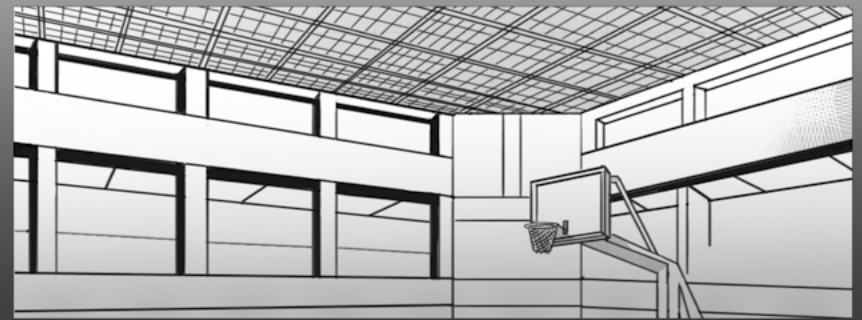
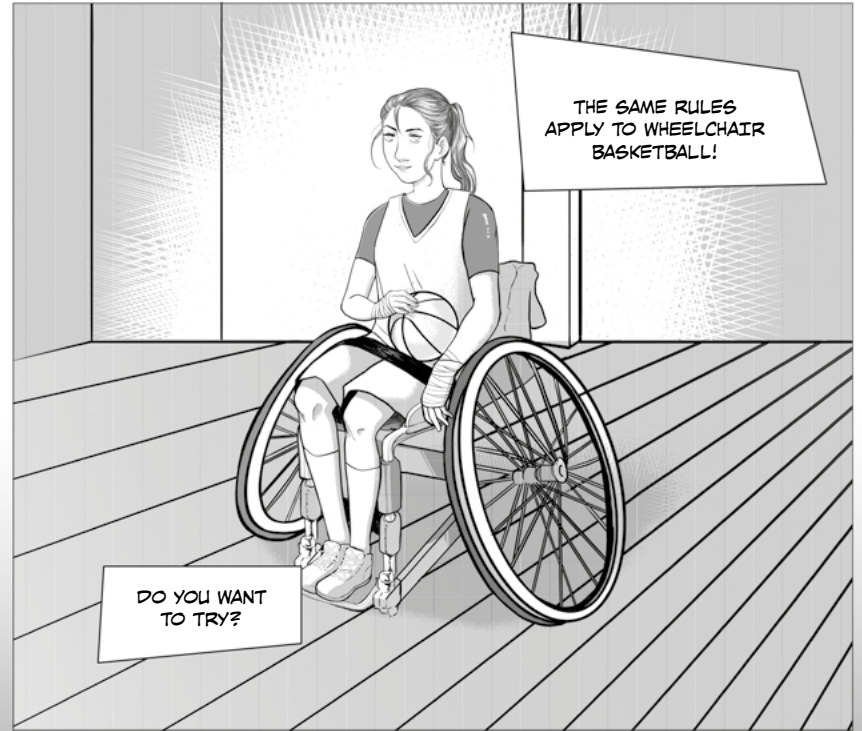
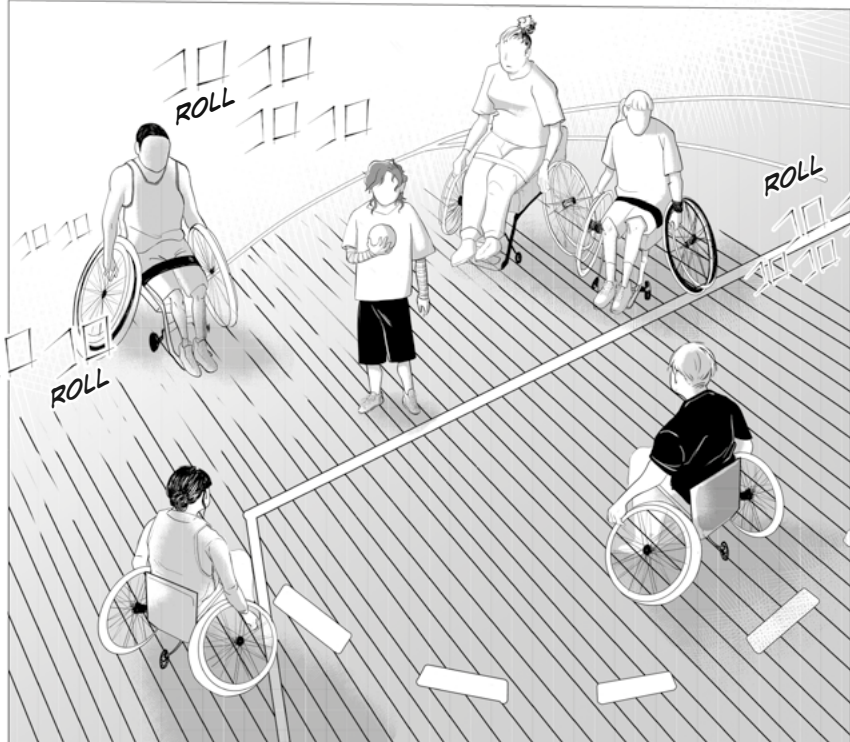
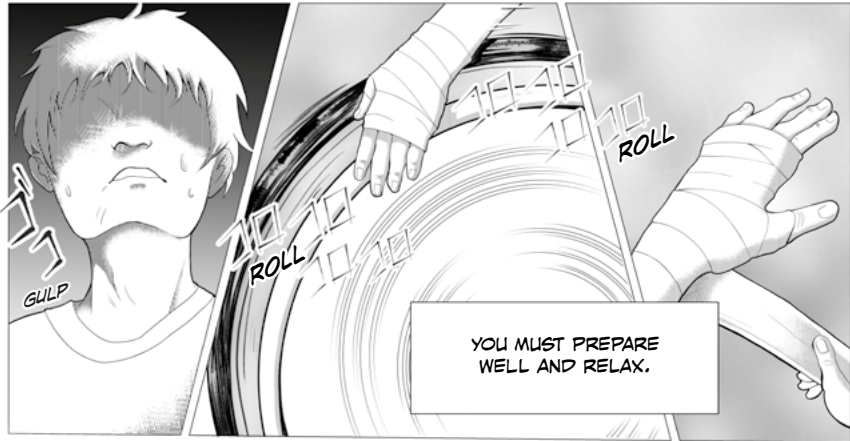
**MANGAKAS:  
ESPÉRANCE SIMON,  
INA SOFRONIEVA ET VINA**

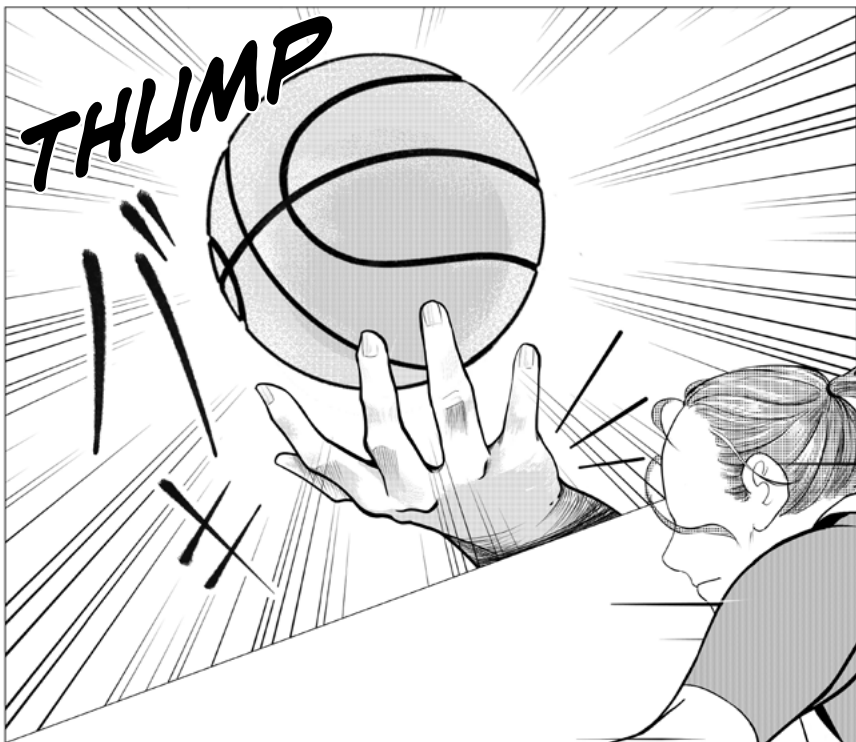
A THREE-FACED ARTIST...  
ONE THAT LIKES RETRO STYLE,  
ONE THAT LIKES SPIDERMAN  
AND ONE THAT LIKES HATSUNE MIKU.

TEN PLAYERS  
SPLIT  
BETWEEN TWO  
TEAMS WITH  
ONLY ONE  
GOAL : SCORE  
A BASKET.

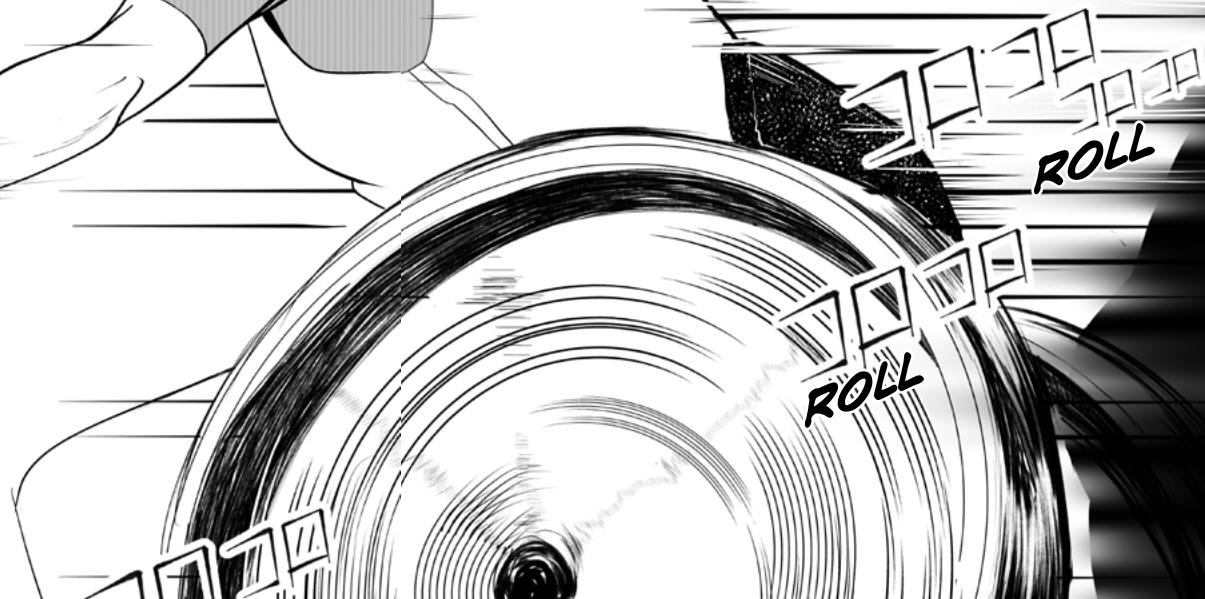
REACTIVITY  
AND SPEED,  
**THAT'S**  
WHAT  
BASKETBALL  
...

...  
REALLY IS ABOUT.





NEVER LOSE SIGHT OF THE  
BALL AND GO FOR IT.







A WONDERFUL  
WORLD AWAITS  
IN THE DEPTHS  
OF YOUR  
SPORTING  
SPIRIT.

# \*Soyuz\*

by Fanny Vaillant

with the kind collaboration of  
Sonia Heckel



AND NEVER  
FORGET  
THAT  
...

...  
YOUR  
DESTINY  
IS IN  
YOUR  
HANDS  
!



# BOCCIA

## ATHLETE: SONIA HECKEL

DIAGNOSED LIMB-GIRDLE MUSCULAR DYSTROPHY, A DEGENERATIVE GENETIC MUSCLE DISEASE, SONIA HECKEL STARTED PRACTICING BOCCIA, WHICH MEANS "BALL" IN ITALIAN AND IS ONLY PLAYED IN PARA SPORT.

THANKS TO HER PERSEVERANCE, THE SEVERELY DISABLED ATHLETE WHO CONSIDERS HERSELF TO BE "RIGOROUS, PERFECTIONIST AND DETERMINED" WON GOLD AT THE EUROPEAN INDIVIDUAL CHAMPIONSHIP, IN 2019.

HER MOTTO IS "FIGHT AS MUCH AS YOU CAN TO MAKE YOUR DREAM COME TRUE".



"  
**MAKE YOUR LIFE  
A DREAM, AND  
A DREAM A  
REALITY**  
"

*ANTOINE DE  
SAINT-EXUPÉRY*

## MANGAKA: FANNY VAILLANT

FANNY VAILLANT IS A 19-YEAR-OLD ART STUDENT WHO LIKES DRAWING, CREATING AND FIXING ALL TYPES OF THINGS WITH HER HANDS. AFTER GRADUATING, SHE WOULD LIKE TO WORK AS A COLORIST.

WHEN WE WERE  
KIDS, MY  
SISTER AND I  
LOVED RUNNING  
AROUND.

SONIA  
COME  
BACK  
!!!

I LOVED  
SPORTS,  
WATCHING THEM  
OR PLAYING  
THEM...

... I WANTED  
SPORTS TO BE  
A SIGNIFICANT  
PART OF MY  
LIFE.



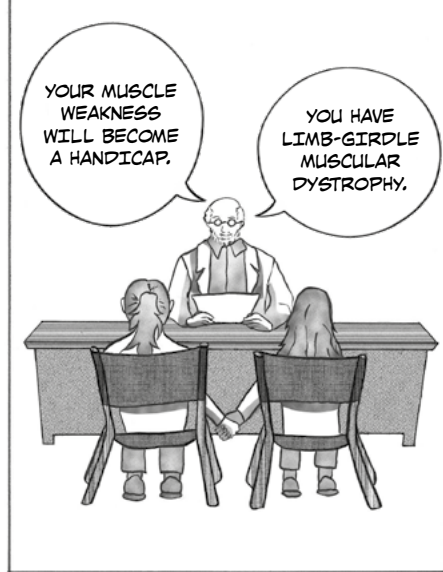
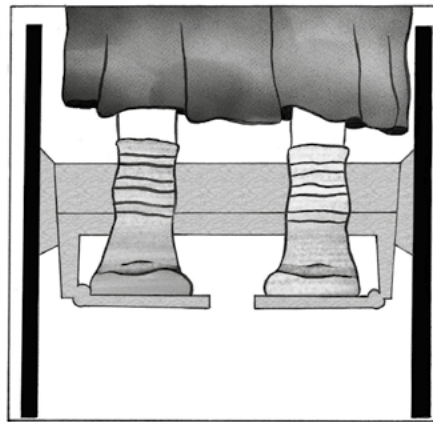
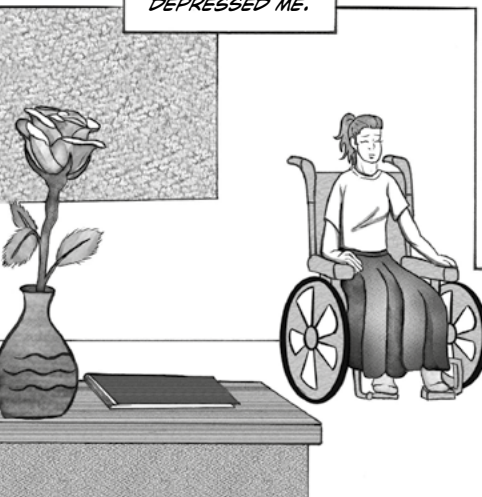




THE LONGER TIME WENT ON, THE HARDER IT BECAME FOR ME TO MOVE MY LEGS.

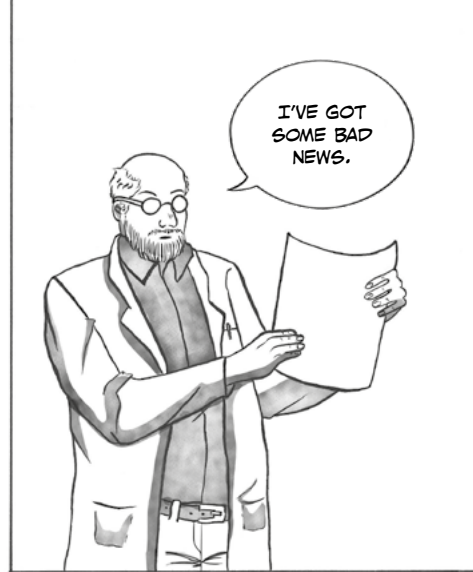


THE ILLNESS EVENTUALLY CAUGHT UP WITH ME, AND IT DEPRESSED ME.



YOUR MUSCLE WEAKNESS WILL BECOME A HANDICAP.

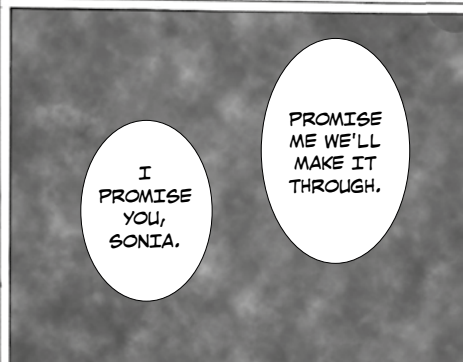
YOU HAVE LIMB-GIRDLE MUSCULAR DYSTROPHY.



I'VE GOT SOME BAD NEWS.

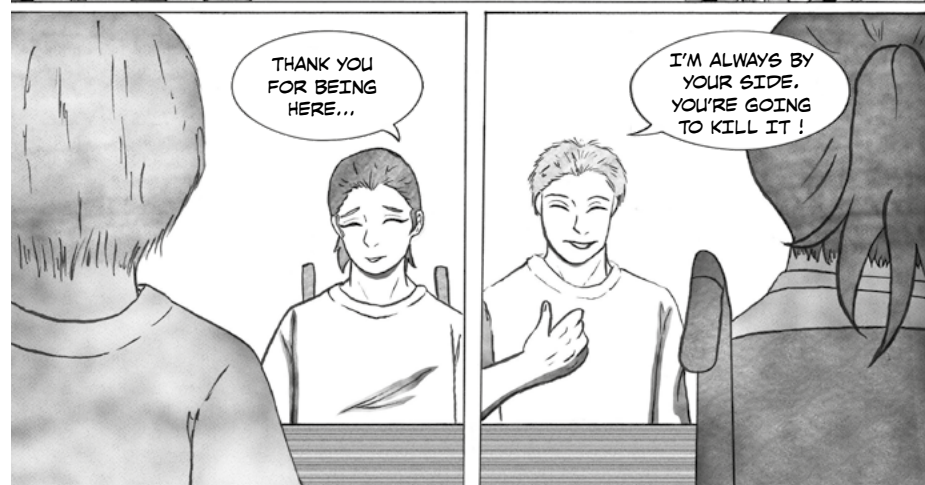
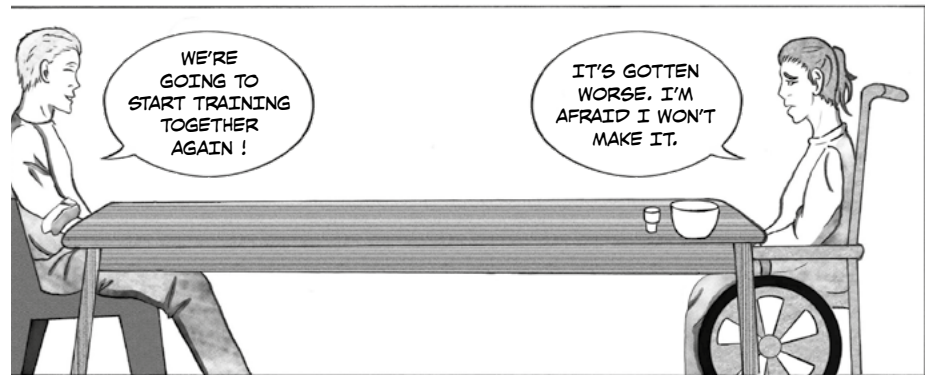
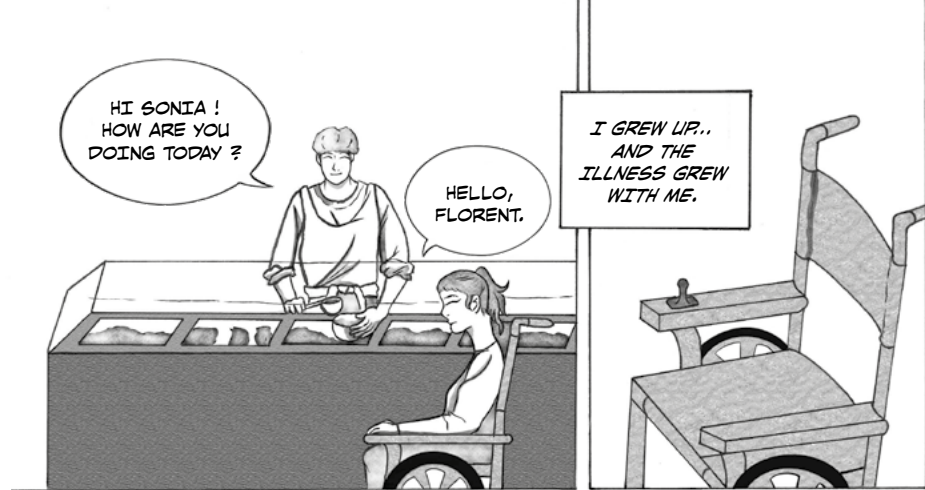
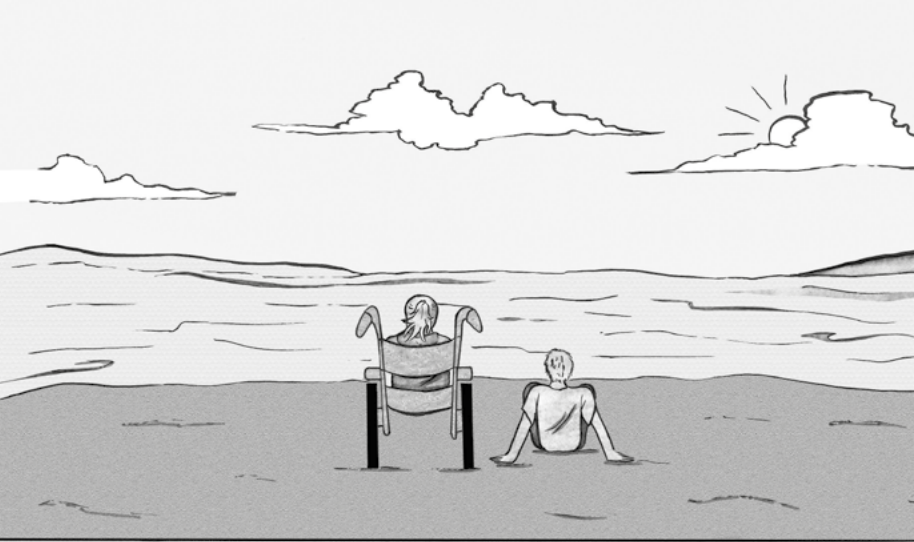


BUT LIFE HAD DECIDED OTHERWISE, OR AT LEAST, THAT WAS WHAT I THOUGHT...



I PROMISE YOU, SONIA.

PROMISE ME WE'LL MAKE IT THROUGH.

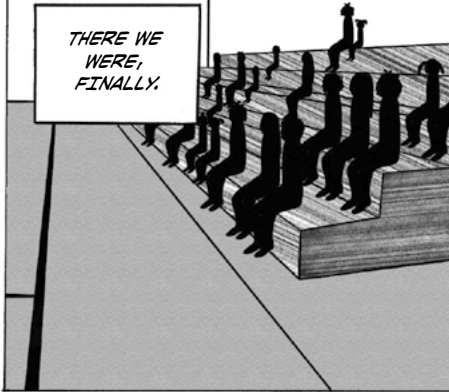




THE  
MOMENT WE  
HAVE BEEN  
WAITING  
FOR...



THERE WE  
WERE,  
FINALLY.



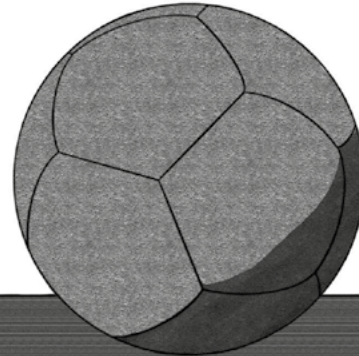
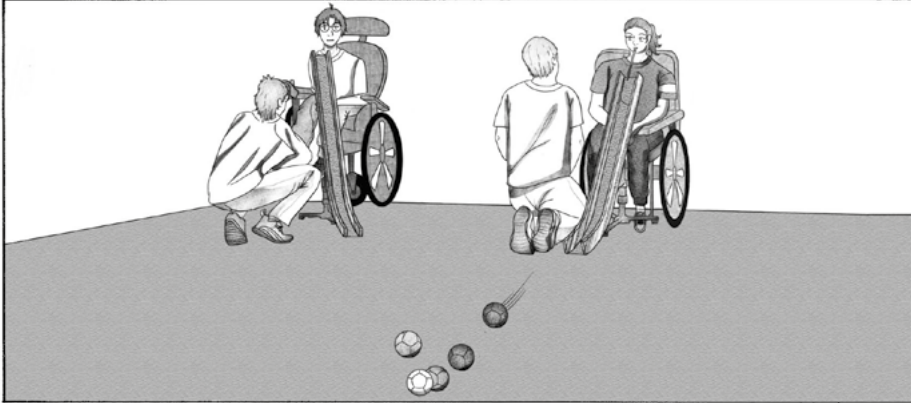
HEY, DON'T  
YOU WORRY,  
IT'S GOING  
TO BE FINE.



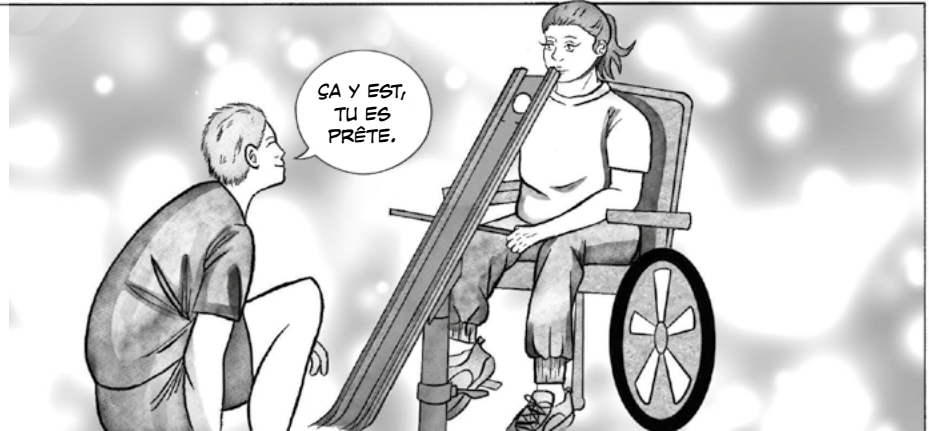
SOON ENOUGH,  
WE HAD TO START  
PREPARING  
FOR THE BIG  
COMPETITION.



IL EST L'HEURE DE  
S'Y REMETTRE.



ÇA Y EST,  
TU ES  
PRÊTE.

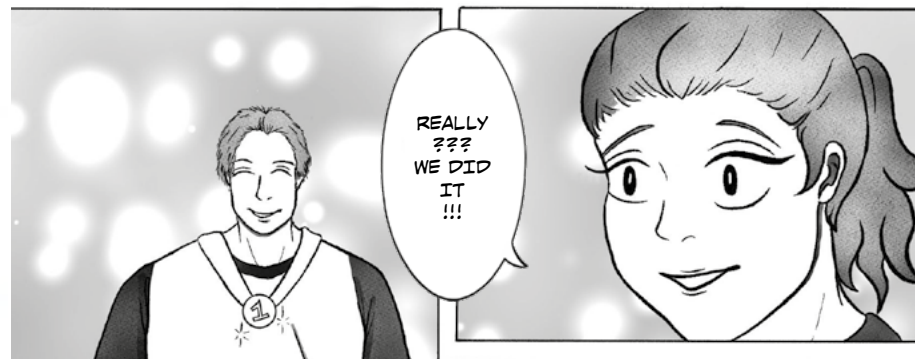
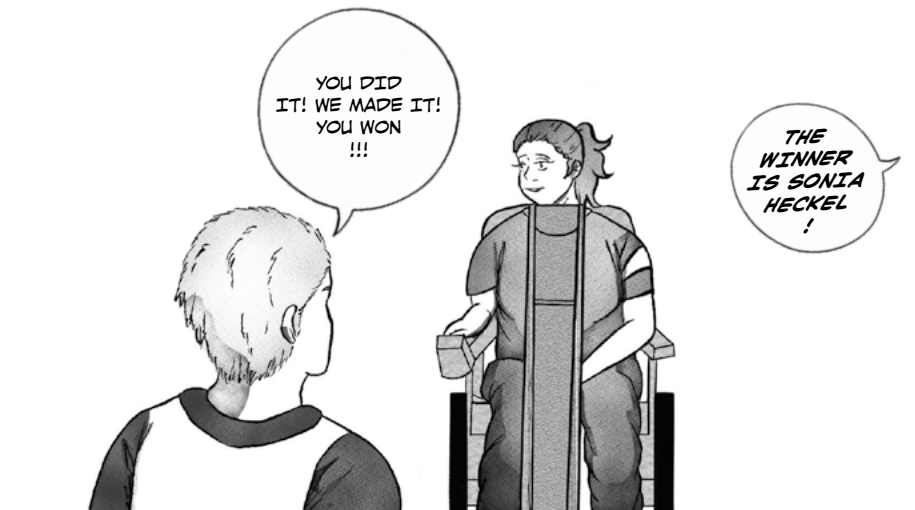




# CÉCILE FOOT



by Guillaume Guilhou  
with the kind collaboration of  
Martin Baron & Christopher Bourgeois



*ULTIMATELY, NOTHING OR NO ONE COULD STOP ME FROM DOING SPORTS.*

*NEITHER THE LIPS AND DOWNS OF LIFE, NOR MY ILLNESS.*

## BLIND FOOTBALL

### ATHLETES: MARTIN BARON & CHRISTOPHER BOURGEOIS

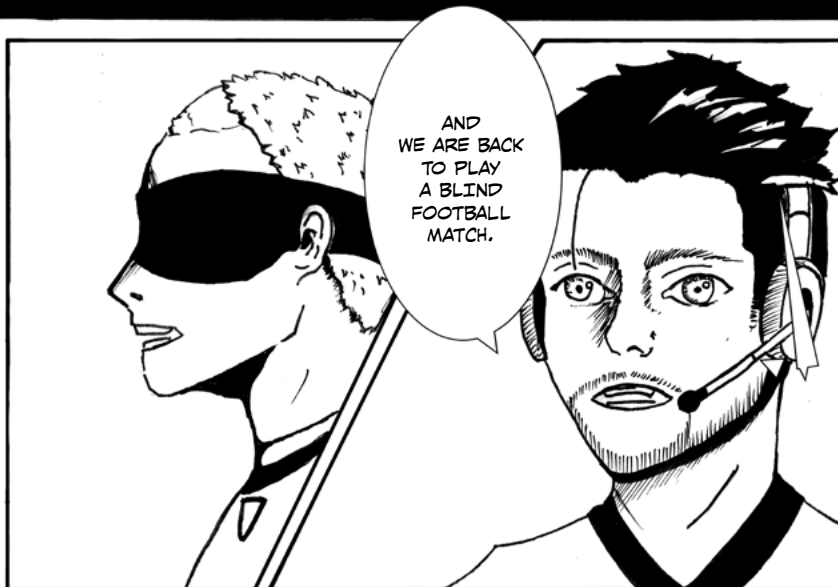
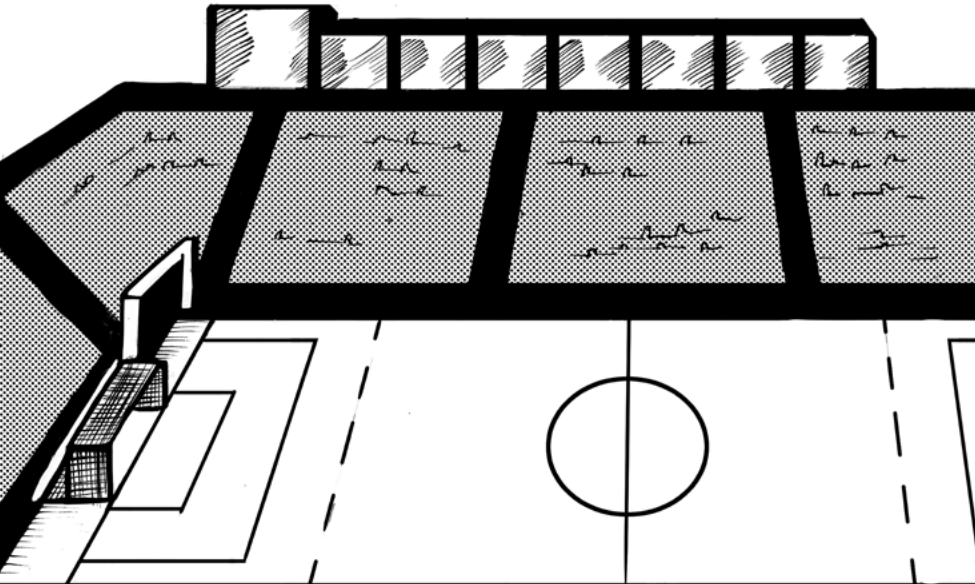
CHRISTOPHER BOURGEOIS PLAYS BLIND FOOTBALL IN THE FRENCH CHAMPIONSHIP. MARTIN BARON IS PART OF THE FRENCH NATIONAL TEAM AND PLAYS AS A FORWARD FOR THE BONDY BLIND FOOTBALL CLUB. HE HAS WON SEVERAL PRIZES, INCLUDING TWO EUROPEAN CHAMPIONSHIPS IN 2009 AND 2011, AND A SILVER MEDAL AT THE LONDON 2012 PARALYMPIC GAMES.



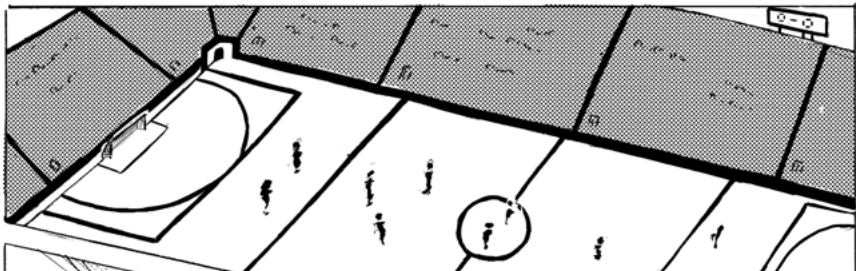
“  
*ALWAYS STAY  
RESILIENT  
AND READY  
TO FACE ANY  
CHALLENGE*  
”

### MANGAKA: GUILLAUME GUILHOU

GUILLAUME GUILHOU IS A MANGAKA WITH GREAT DETERMINATION. THIS HAS LED HIM TO OVERCOME SOME PROFESSIONAL HARDSHIPS AND TO FORGE A STRONG AND RESILIENT PERSONALITY.



AND  
WE ARE BACK  
TO PLAY  
A BLIND  
FOOTBALL  
MATCH.



YOU GET IT STARTED.

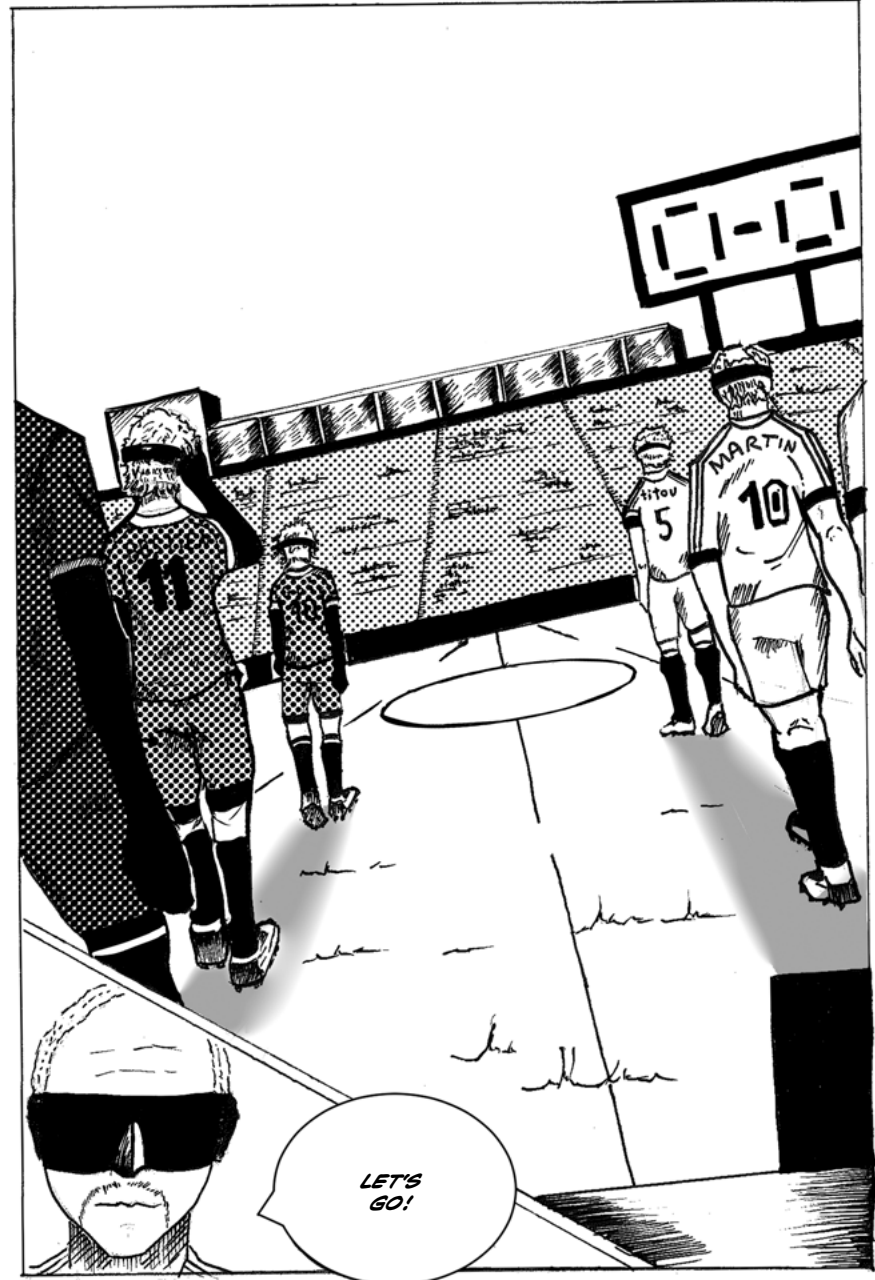
OK!

35 minutes\* later...



MARTIN, CATCH!

\* In blind football, matches between 2 teams of 5 players (4 with visual impairment and 1 goalkeeper, blind or not, in charge of the defensive strategy) last for two periods of 20 minutes for blind players and of 25 minutes for players with a visual impairment.



1-0

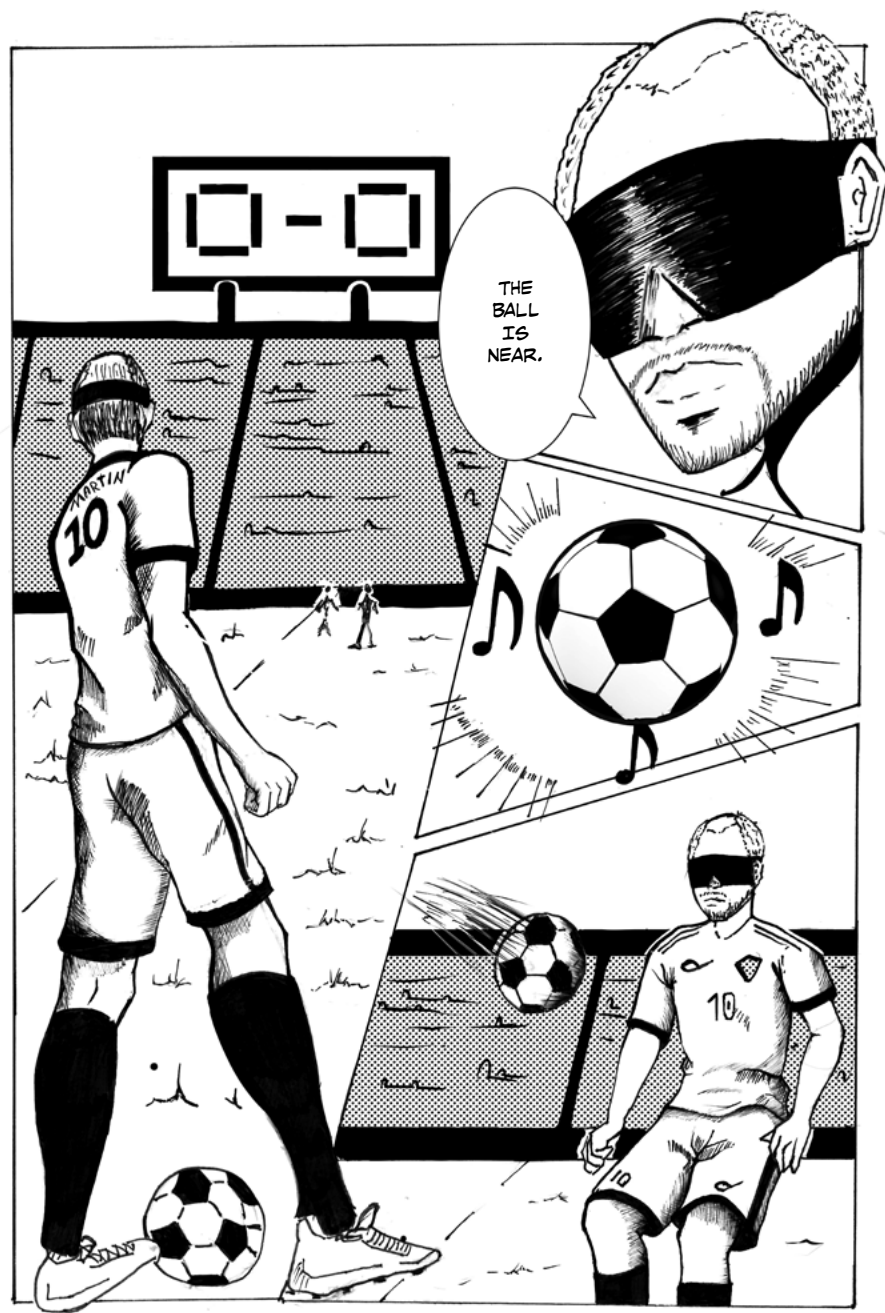
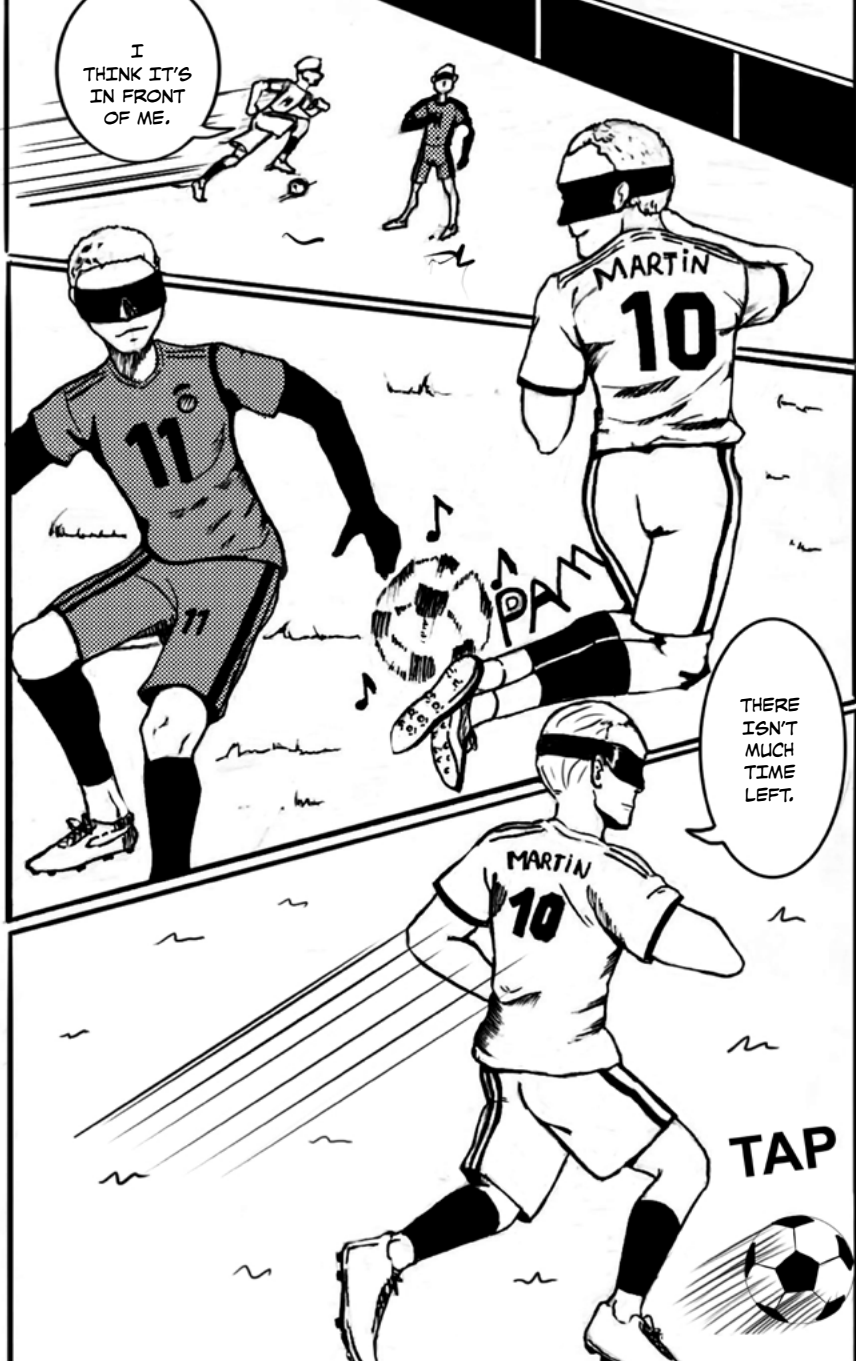
litou 5

MARTIN 10



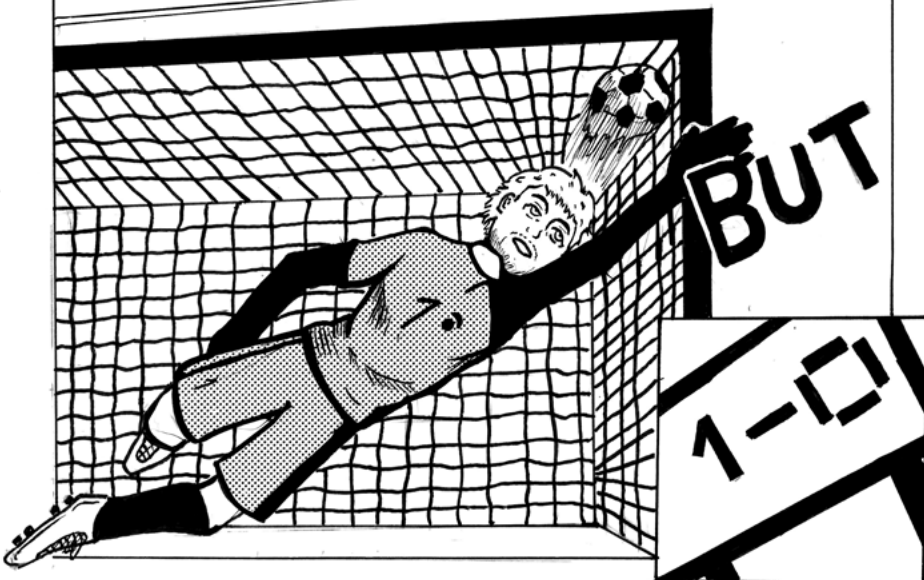
LET'S GO!







I MUST CATCH IT.



**BUT**

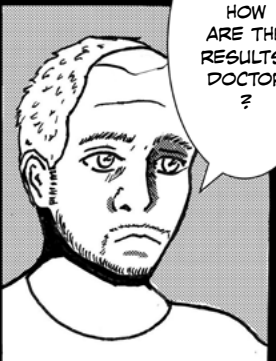
1-0



WHY ?



YOU CANNOT PLAY FOOTBALL ANYMORE ...



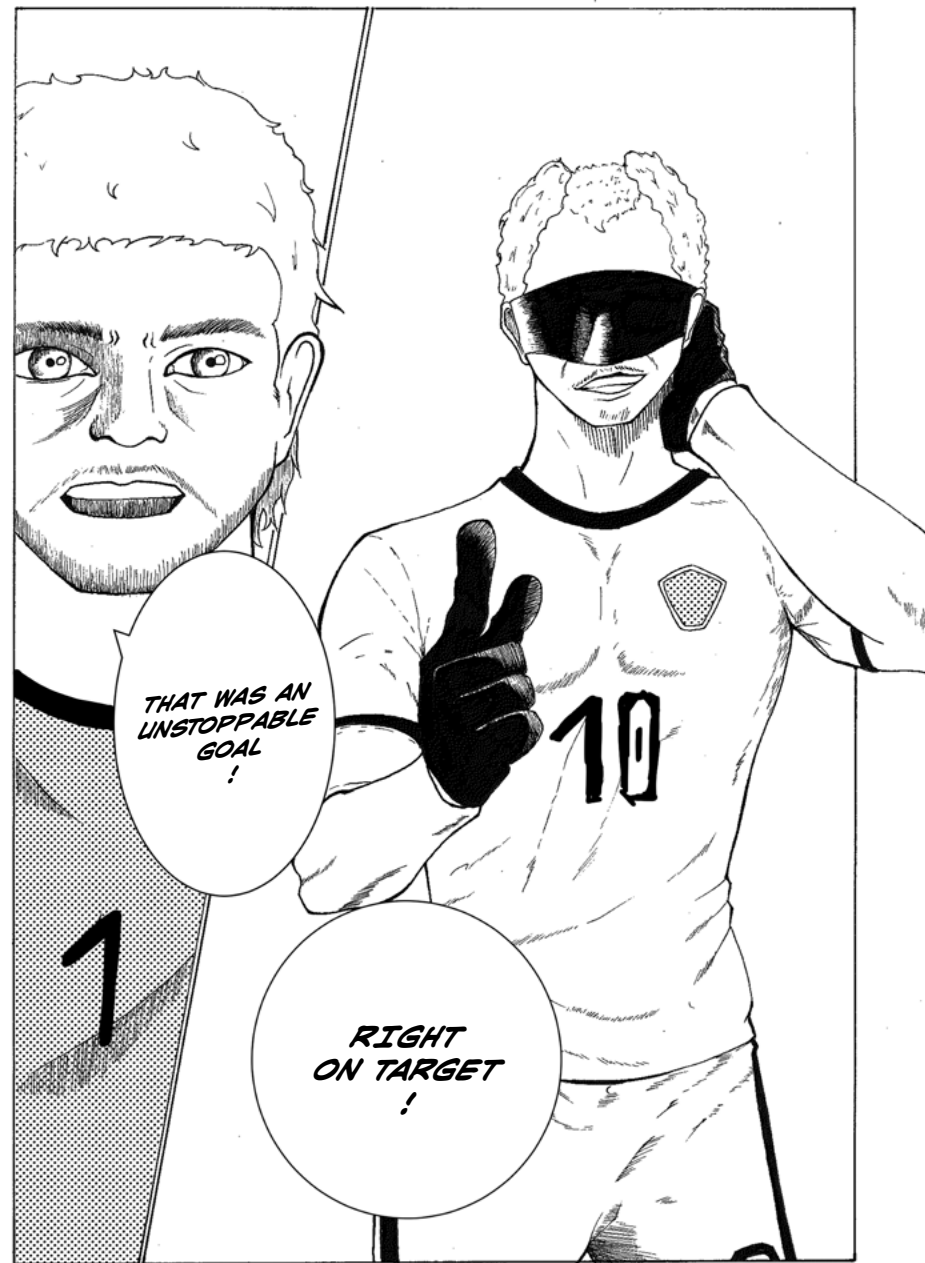
HOW ARE THE RESULTS, DOCTOR ?



IF YOU GET INJURED, YOU WILL GO COMPLETELY BLIND.

by **Ornella Liberatoscioli**

with the kind collaboration of  
**Yohan Peter**





## WHEELCHAIR FENCING

### ATHLETE: YOHAN PETER

DISABLED BECAUSE OF A SURGERY IN 2014, YOHAN PETER, WHO WAS AS A NURSE IN A REHABILITATION CENTER, BECAME PASSIONATE ABOUT WHEELCHAIR FENCING IN 2016. HIS ACHIEVEMENTS ARE SO IMPRESSIVE. HE WON SILVER AT THE 2019 WORLD CHAMPIONSHIPS AND SILVER AT THE 2022 EUROPEAN CHAMPIONSHIPS . HE IS NOW DEDICATED TO HIS ATHLETIC CAREER FULL-TIME, KNOWING THAT IT IS OFTEN SHORT-LIVED. THIS ATHLETE WITH STEELY DETERMINATION WILL GIVE HIS ALL TO WIN A PARALYMPIC MEDAL BY THE TIP OF HIS SWORD AT THE 2024 GAMES.

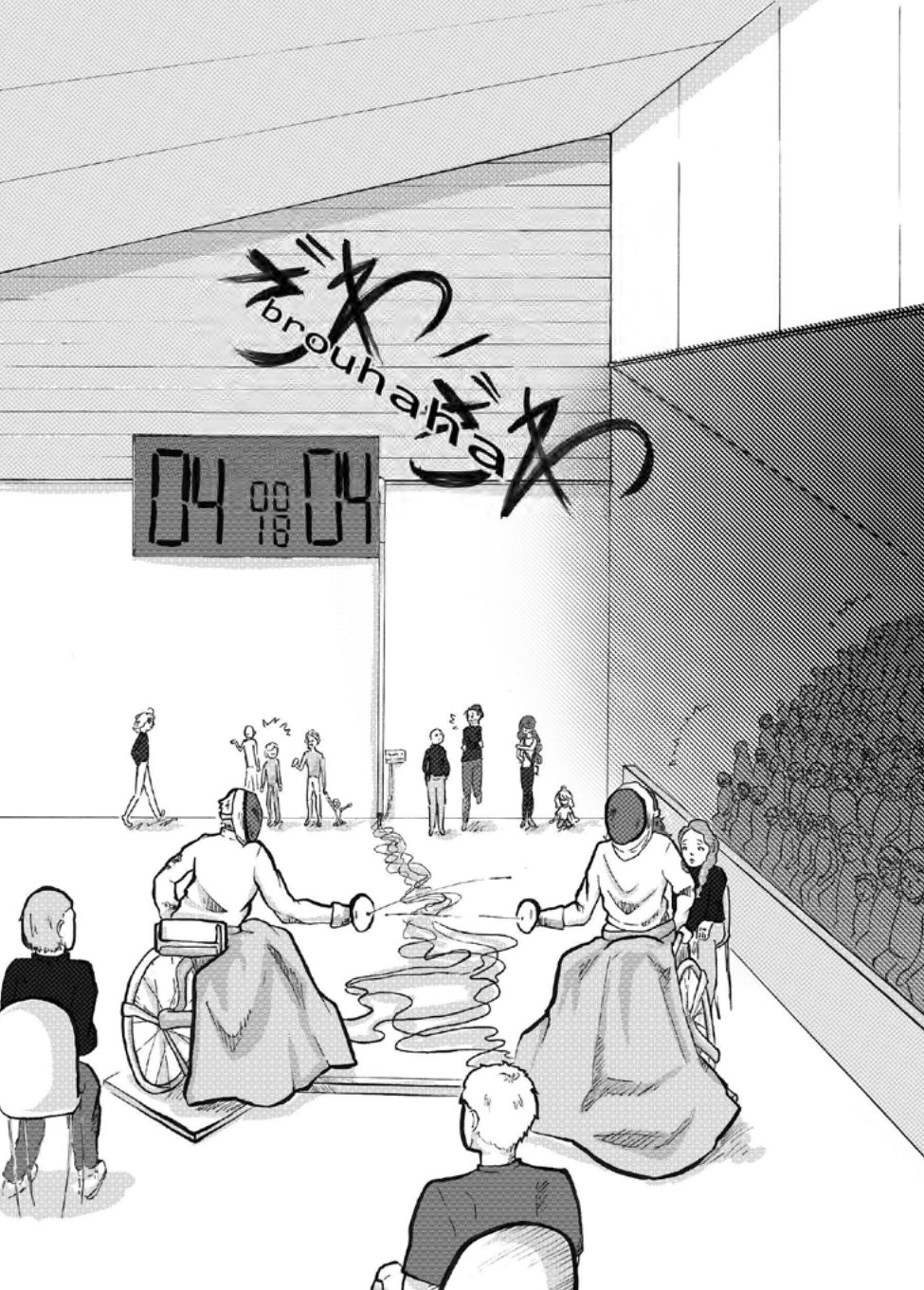


“  
*REACHING THE  
UNREACHABLE*  
”

### MANGAKA: ORNELLA LIBERATOSCIOLI

ORNELLA IS A PASSIONATE PERSON WHEN IT COMES TO HER PROJECTS, SHE HAS A HEAD FULL OF DREAMS AND LOVES POP CULTURE.

FEEL FREE TO FOLLOW HER ON  
INSTAGRAM : @O.FANTA\_ !





THEY ALL  
COUNT ON  
ME.

... THE  
COACHES.

... MY  
SON,

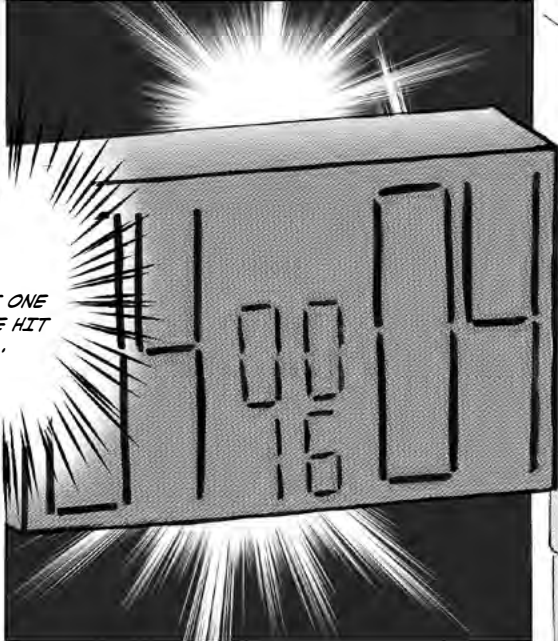
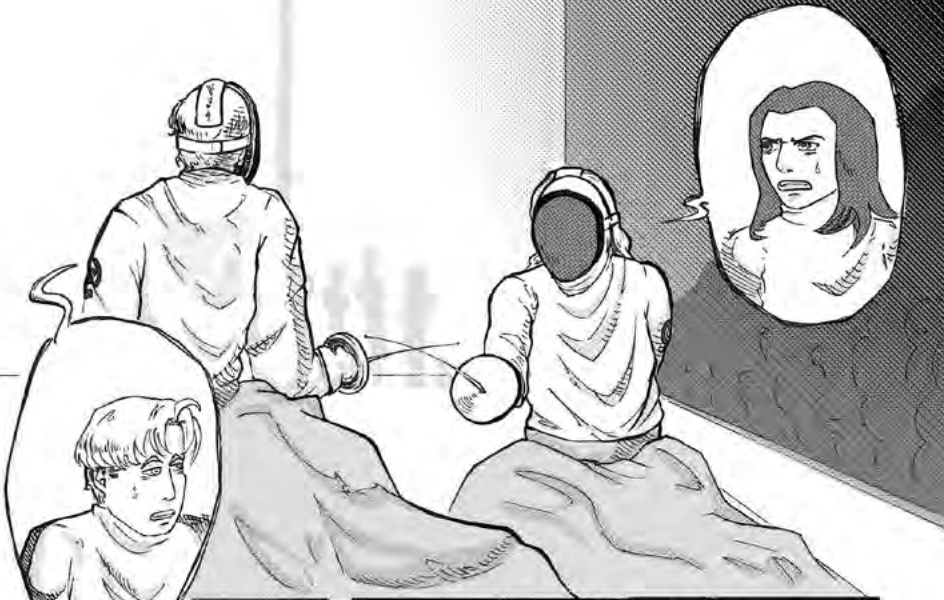


I DO IT ALL FOR YOU.



I MUST  
WIN...

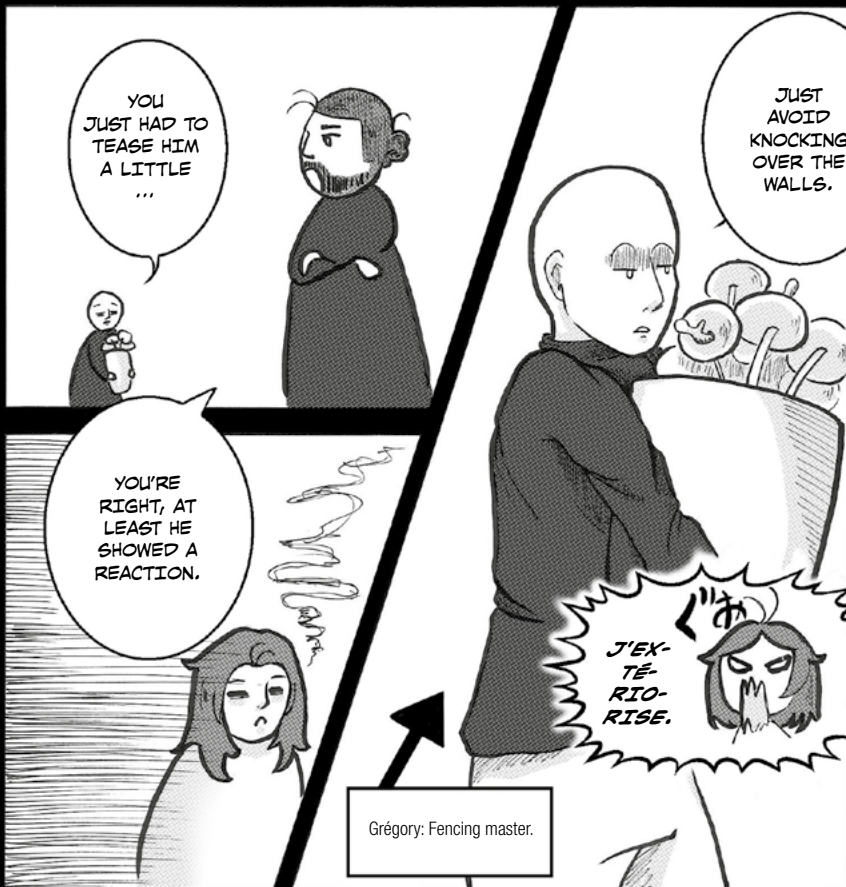
MY  
WIFE...



JUST ONE  
MORE HIT  
...



LEAVE IT, HE'S TOO FOCUSED, TRY SOMETHING ELSE. HEY, YOHAN ?



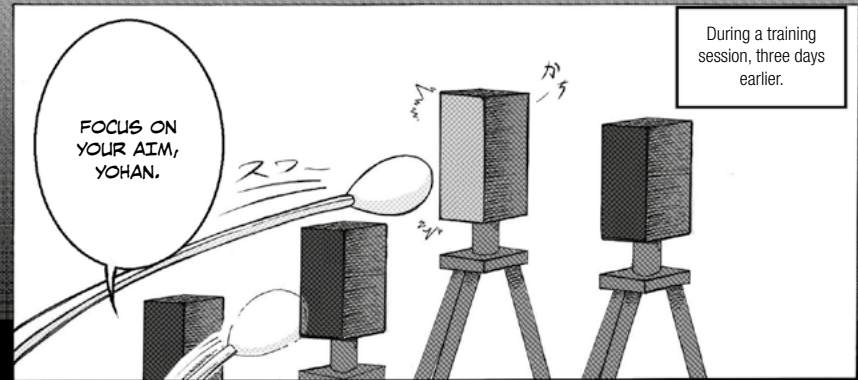
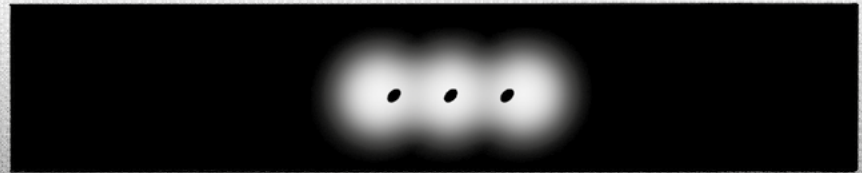
YOU JUST HAD TO TEASE HIM A LITTLE ...

JUST AVOID KNOCKING OVER THE WALLS.

YOU'RE RIGHT, AT LEAST HE SHOWED A REACTION.

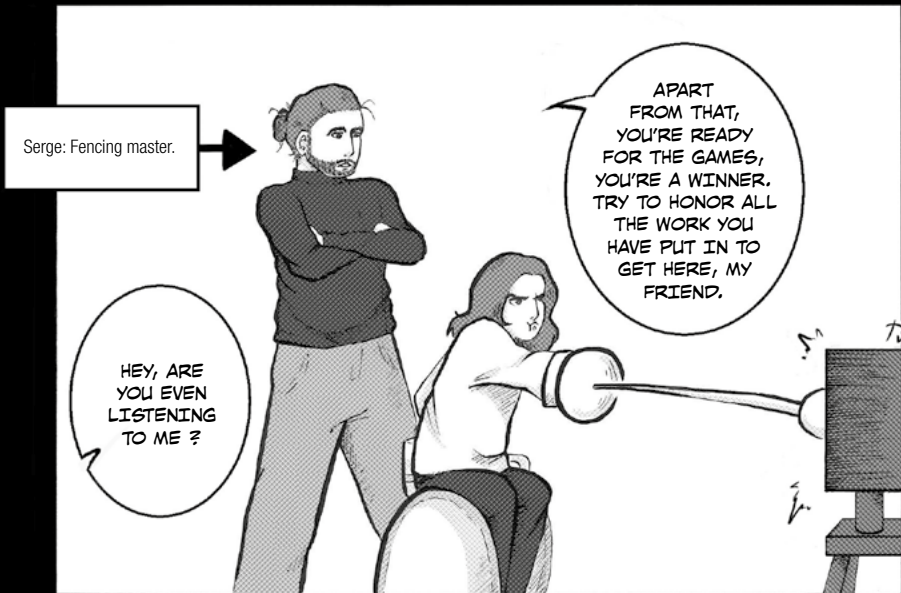
J'EX-TÉ-RIO-RISE.

Grégory: Fencing master.



During a training session, three days earlier.

FOCUS ON YOUR AIM, YOHAN.

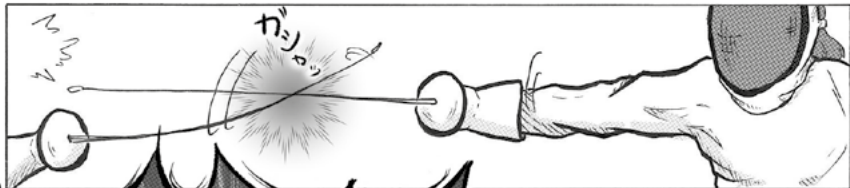


Serge: Fencing master.

APART FROM THAT, YOU'RE READY FOR THE GAMES, YOU'RE A WINNER. TRY TO HONOR ALL THE WORK YOU HAVE PUT IN TO GET HERE, MY FRIEND.

HEY, ARE YOU EVEN LISTENING TO ME ?





During half-time, a few moments earlier.



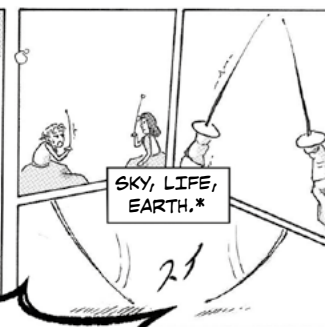
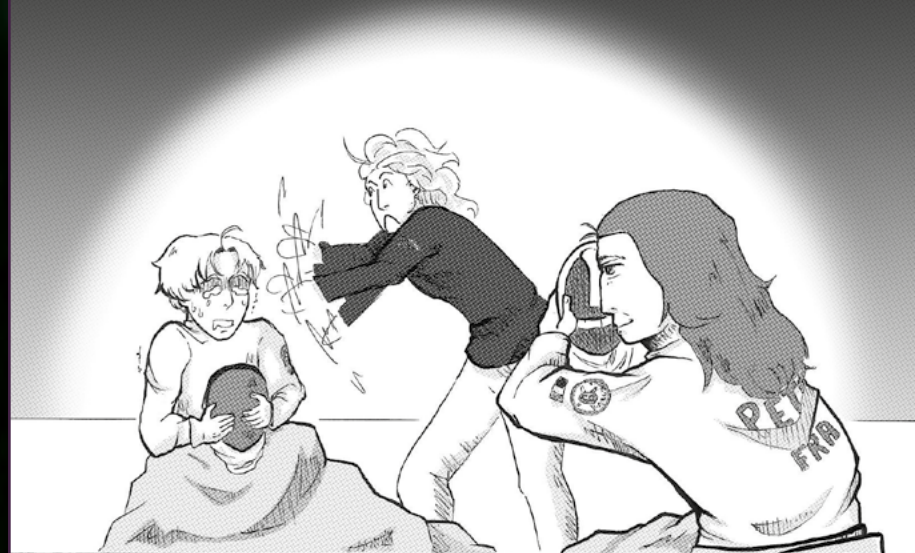




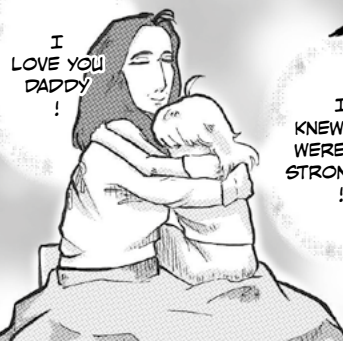
# Listening

by **Émilie Tosello**

with the kind collaboration of  
**Loïse Rondepierre**

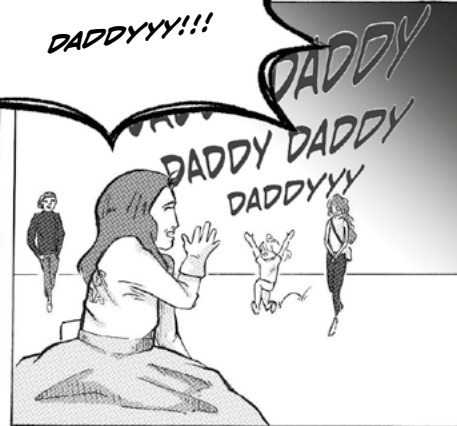


\* In fencing, the salute "Sky, Life, Earth" and a handshake are a mark of respect between opponents.



I KNEW YOU WERE THE STRONGEST !

DADDYYYY!!!





COMPETITION STADIUM.

TODAY IS  
D-DAY.

MY  
TEAMMATES  
AND I ARE  
PLAYING IN A  
MAJOR MATCH  
FOR THE FRENCH  
NATIONAL  
GOALBALL TEAM.

## GOALBALL

### ATHLETE: LOÏSE RONDEPIERRE

FOR LOÏSE RONDEPIERRE, GOALBALL IS A WAY TO PUSH HER LIMITS, DRIVEN BY THE STRENGTH OF THE TEAM. SHE STARTED PRACTICING THIS TEAM SPORT TO SHARE THE EMOTIONS OF THE DISCIPLINE WITH OTHERS. NOWADAYS, IT IS A MEANS OF EXPRESSION FOR HER. "WHEN WE ARE ON THE FIELD, THERE ARE NO MORE DISABILITIES, WE ARE ATHLETES, TO EACH THEIR STRENGTHS, AND WE ARE WILLING TO GIVE OUR ALL TO HONOR OUR FLAG."

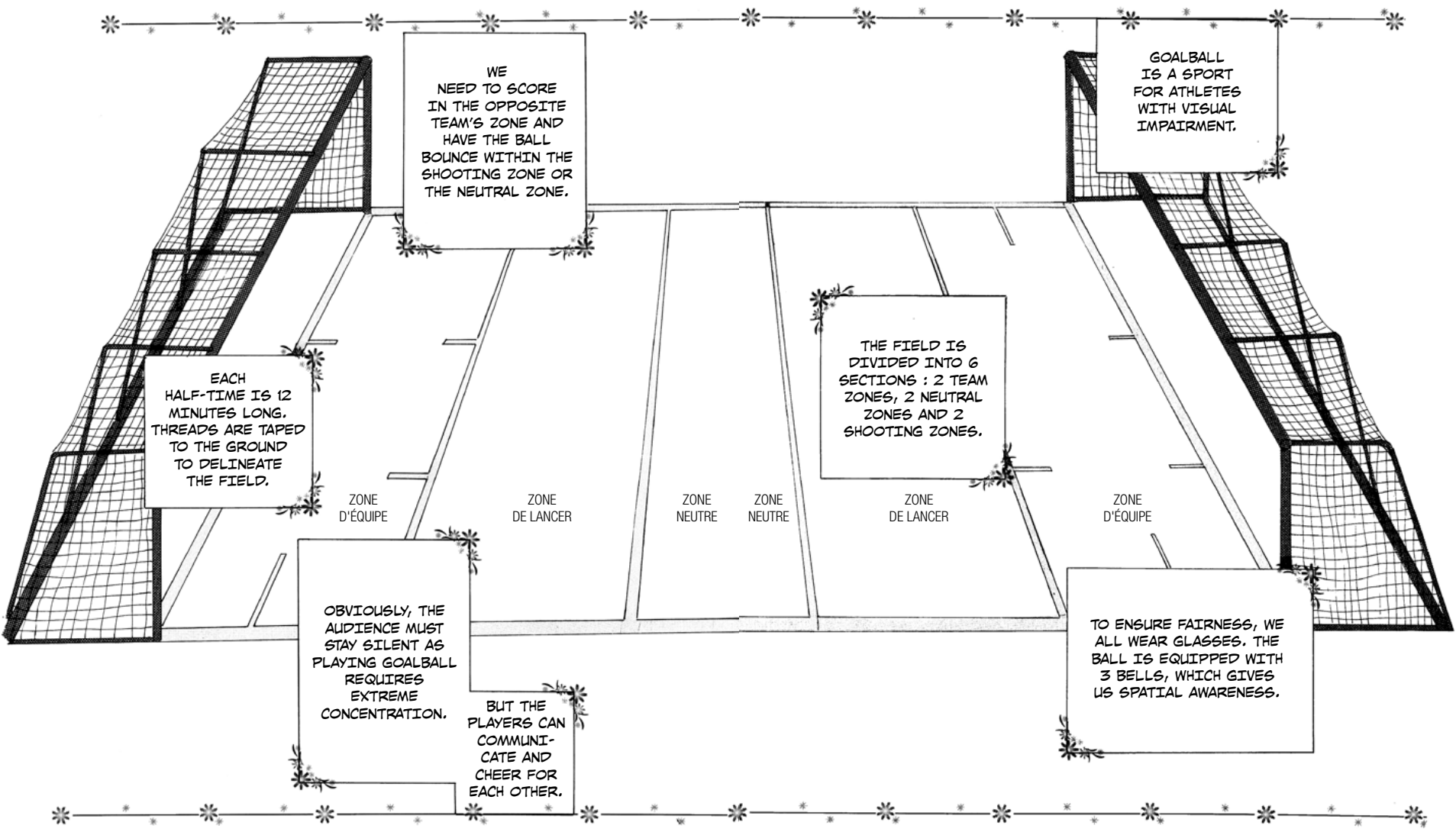


"  
THE  
ONLY WAY OF  
KNOWING THE  
LIMITS OF WHAT'S  
POSSIBLE IS TO  
VENTURE BEYOND,  
WITHIN THE  
IMPOSSIBLE.  
"

### MANGAKA: ÉMILIE TOSELLO

ÉMILIE TOSELLO WAS BORN IN GRASSE, IN THE ALPES-MARITIMES, FRANCE. PASSIONATE ABOUT MANGA FROM A YOUNG AGE, SHE ATTENDED THE AAA SCHOOL WITH THE AMBITION OF LEARNING TO CREATE MANGA, WHICH IS NOW COMING TO FRUITION THANKS TO THE IPSÉN FOUNDATION.

"  
ARTHUR C.  
CLARKE



WE NEED TO SCORE IN THE OPPOSITE TEAM'S ZONE AND HAVE THE BALL BOUNCE WITHIN THE SHOOTING ZONE OR THE NEUTRAL ZONE.

GOALBALL IS A SPORT FOR ATHLETES WITH VISUAL IMPAIRMENT.

EACH HALF-TIME IS 12 MINUTES LONG. THREADS ARE TAPED TO THE GROUND TO DELINEATE THE FIELD.

THE FIELD IS DIVIDED INTO 6 SECTIONS : 2 TEAM ZONES, 2 NEUTRAL ZONES AND 2 SHOOTING ZONES.

OBVIOUSLY, THE AUDIENCE MUST STAY SILENT AS PLAYING GOALBALL REQUIRES EXTREME CONCENTRATION.

BUT THE PLAYERS CAN COMMUNICATE AND CHEER FOR EACH OTHER.

TO ENSURE FAIRNESS, WE ALL WEAR GLASSES. THE BALL IS EQUIPPED WITH 3 BELLS, WHICH GIVES US SPATIAL AWARENESS.

ZONE D'ÉQUIPE

ZONE DE LANCER

ZONE NEUTRE

ZONE NEUTRE

ZONE DE LANCER

ZONE D'ÉQUIPE



FRA 8 - 7 VIS







**SEIZE IT!!!**



*LUCIE*ooo

*THIS IS YOUR  
LAST CHANCE*

*YOU MUST ...*



**PAF!**

**OH  
NO  
!!!**

# RENAUD



by Vina

with the kind collaboration of  
Renaud Clerc



AND  
IT'S  
A WIN  
FOR THE  
FRENCH  
TEAM  
!!!



AMAZING!



WE  
DID IT  
!

WE  
WON  
!

## PARA ATHLETICS

### ATHLETE: RENAUD CLERC

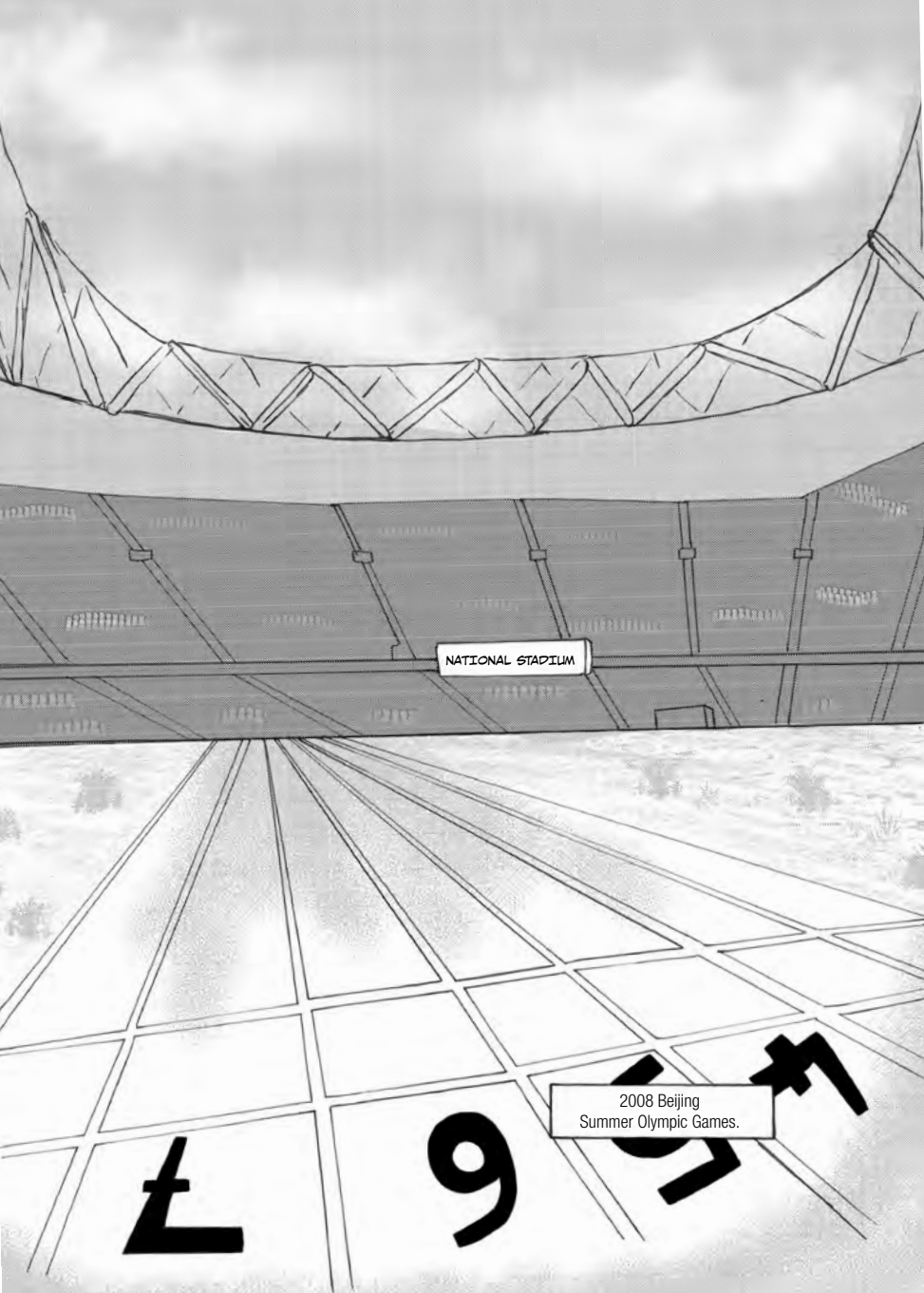
RENAUD CLERC, WHO HAS HEMIPLEGIA ON HIS RIGHT SIDE, ASPIRES TO PURSUE A CAREER IN SPORTS AND IN PUBLIC LAW. HE IS DETERMINATE TO BREAK DOWN "MENTAL BARRIERS." HIS DISABILITY IS HIS STRENGTH AND HIS MOTTO IS : "PAIN IS TEMPORARY" ! HE IS THE EPITOME OF ENTHOUSIASM. HE WON THE BRONZE MEDAL IN THE 1500 METERS AT THE 2021 EUROPEAN CHAMPIONSHIPS AND HAS NO INTENTIONS OF STOPPING HIS JOURNEY. "AFTER MY SPORTS CAREER, I WOULD LIKE TO WORK ON INCLUSION, WHETHER IT BE IN THE BUSINESS WORLD OR IN SPORTS."



"  
*SURPASSING  
ONESELF AND  
BREAKING DOWN  
MENTAL  
BOUNDARIES*  
"

### MANGAKA: VINA

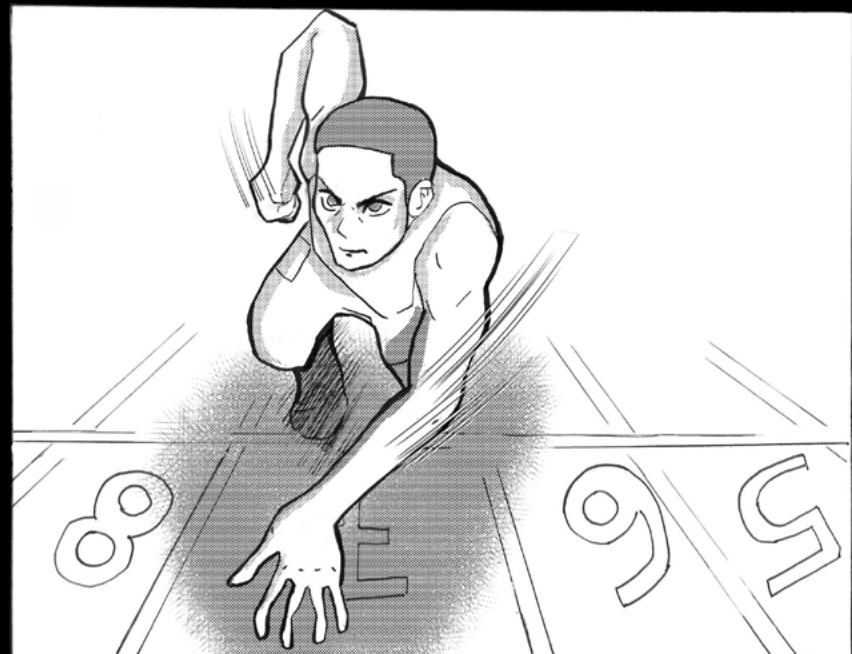
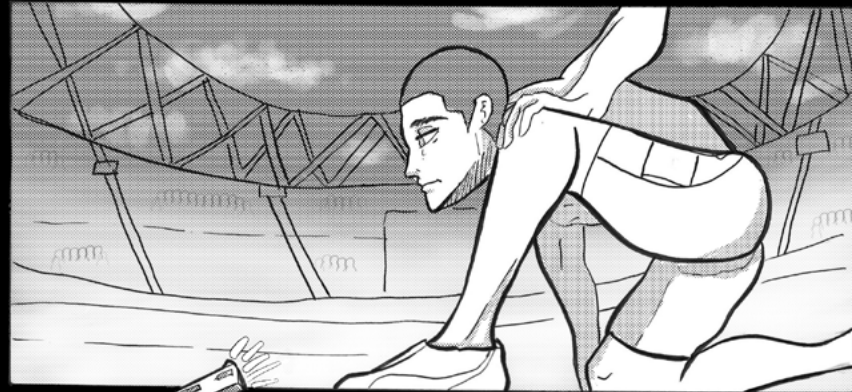
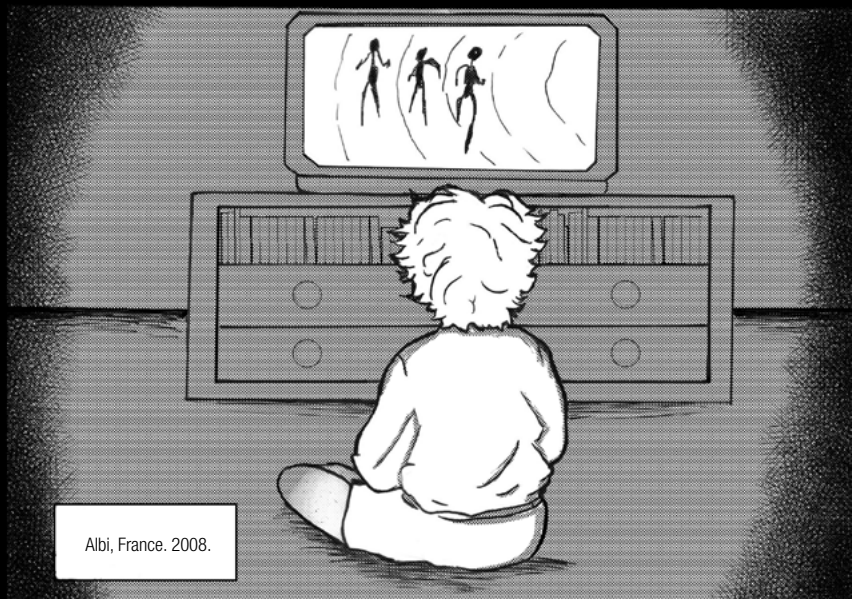
ARTIST AND MANGA FAN FOR 20 YEARS, VINA IS THE INDIAN DOPPELGÄNGER OF HINATA HYŪGA FROM NARUTO.

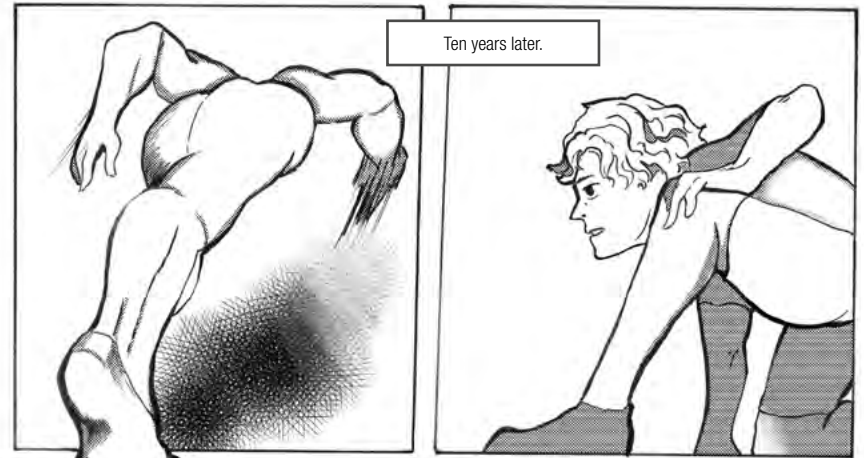
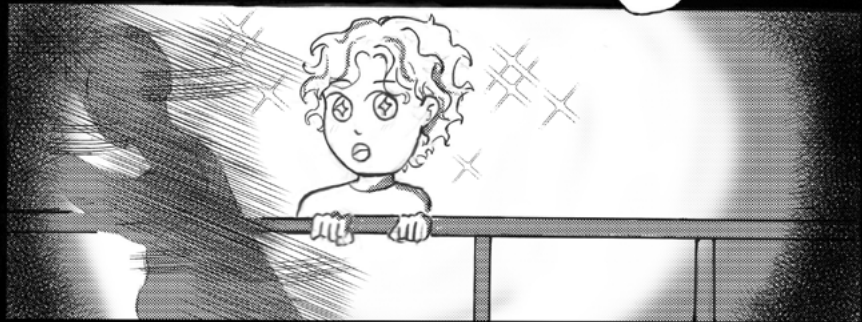
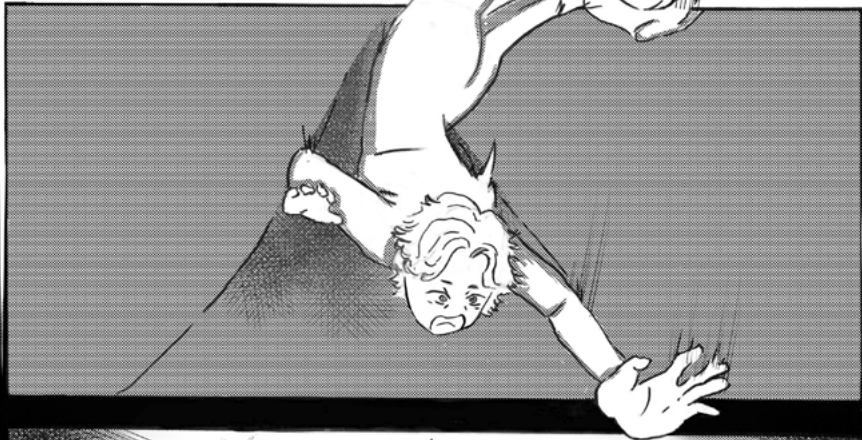
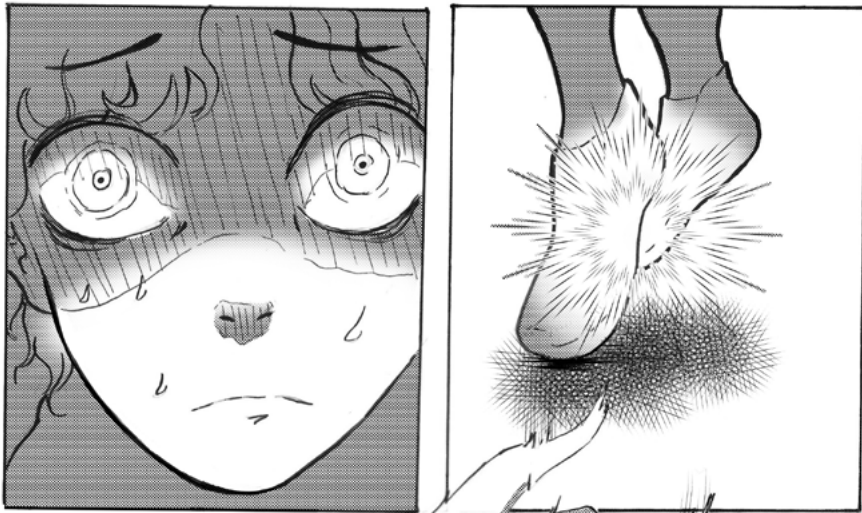


NATIONAL STADIUM

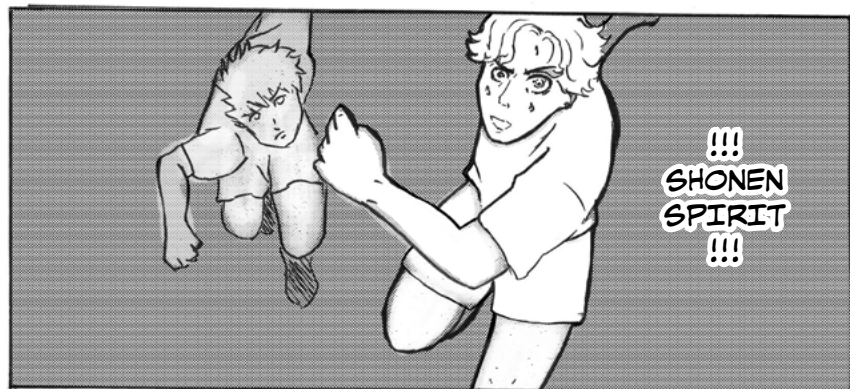
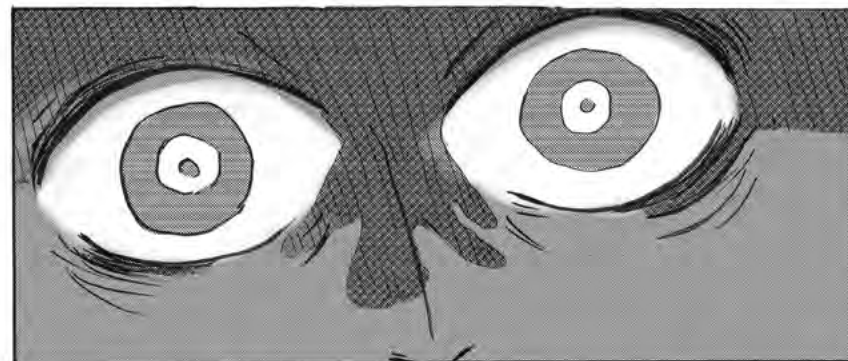
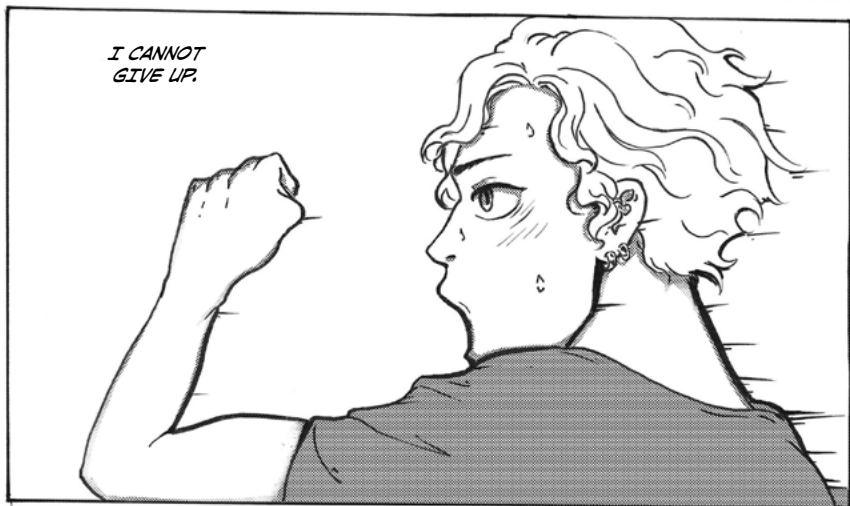
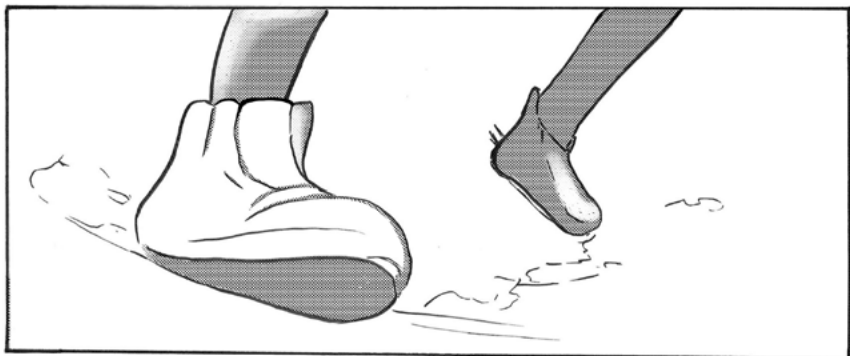
2008 Beijing  
Summer Olympic Games.











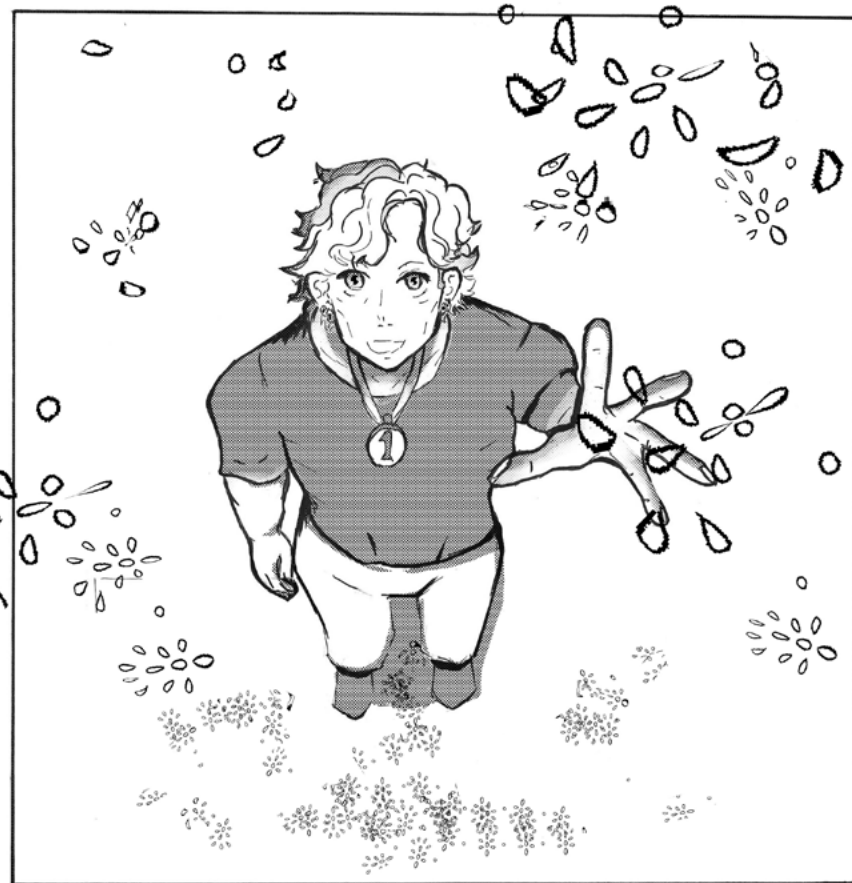


# THE FLIGHT



by **Leone Damien**

with the kind collaboration of  
**Érika Sauzeau**





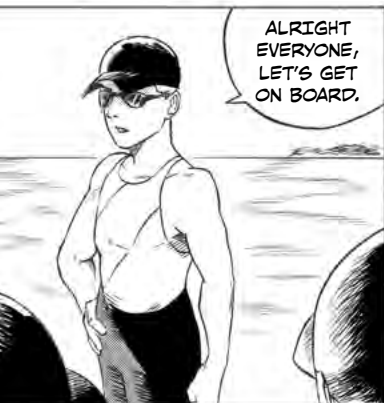
AND WELCOME TO  
THE PARA ROWING  
COMPETITION  
!

WELCOME TO  
THE PARIS  
PARALYMPIC  
GAMES EVERYONE  
!



ARE YOU  
NERVOUS  
?

YEAH,  
A LITTLE.



ALRIGHT  
EVERYONE,  
LET'S GET  
ON BOARD.

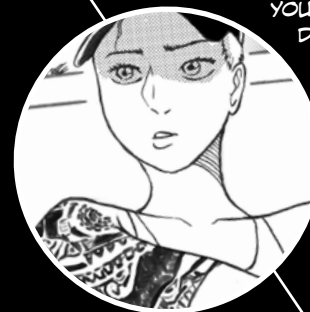


TODAY'S  
THE DAY,  
ERIKA.

## PARA ROWING

### ATHLETE: ÉRIKA SAUZEAU

FOLLOWING TWO ACCIDENTS, ÉRIKA SAUZEAU SUFFERS FROM CHONDROPATHY AND NEUROPATHIC PAIN IN HER KNEE. GUIDED BY A SINGLE MOTTO "NEVER GIVE UP," SHE JOINED THE ARMY OF CHAMPIONS IN 2021, THE SAME YEAR SHE WON BRONZE IN ROWING AT THE TOKYO PARALYMPIC GAMES. INVOLVED IN MANY AREAS (FIREFIGHTING, LIFE GUARDING, ETC.), SHE WANTS TO DELIVER A MESSAGE OF HOPE TO THE YOUNGER GENERATION: "EVEN WITH A DISABILITY, YOU CAN ACHIEVE HIGH PERFORMANCE. LIFE IS BEAUTIFUL!"



"  
NEVER  
GIVE UP  
"

### MANGAKA: LEONE DAMIEN

LEONE DAMIEN IS A MANGAKA WHO IS PASSIONATE ABOUT DRAWING AND LOVES GOOD SCENARIOS. HE IS HAPPY TO ILLUSTRATE PARA ROWING FOR THE 2024 PARIS PARALYMPIC GAMES.



SAY HELLO TO THE DREAM TEAM !!!

WAAAA

ESPECIALLY TO THE BODYBUILDERS...



AND FOCUS.



I NEED TO RELAX ...



HEY, LOOK !!!



READY!

THE COMPETITION CAN NOW START!



ALL TEAMS ARE FINISHING THEIR SETUPS!

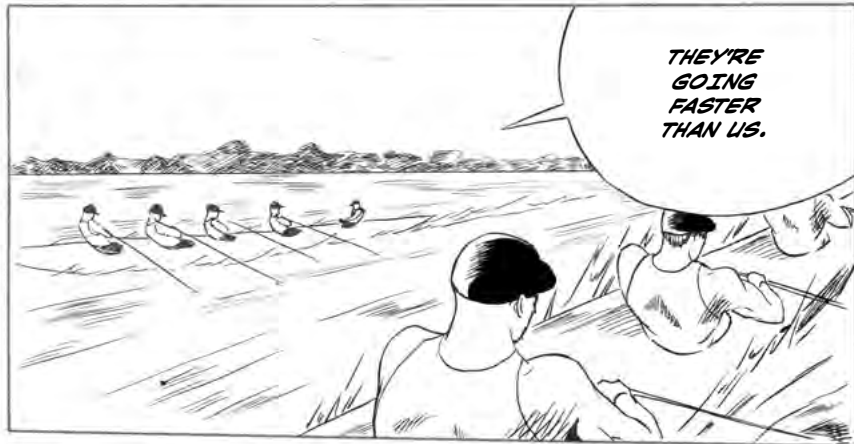


HERE THEY ARE !





**ERIKA,  
YOU'RE TOO  
STIFF!**



**THEY'RE  
GOING  
FASTER  
THAN US.**



**FOCUS  
ON YOUR  
TECHNIQUE!**



**HERE  
WE GO  
!**

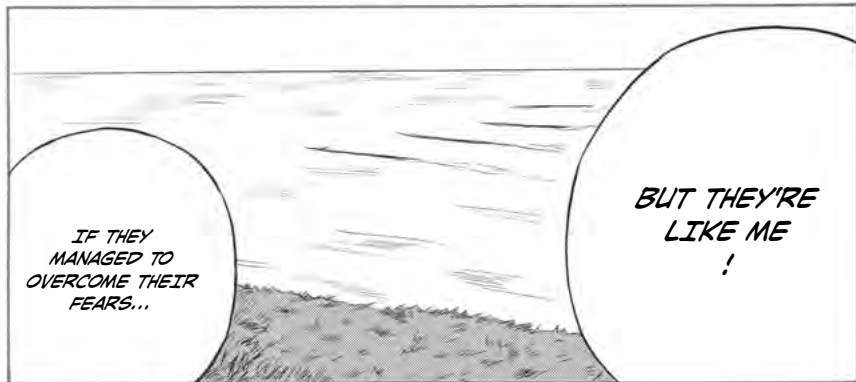


**IT'S A NECK-AND-  
NECK START  
FOR ALL THE TEAMS!**





I WISH  
I COULD SAY  
THEY JUST DON'T  
UNDERSTAND ME  
...



IF THEY  
MANAGED TO  
OVERCOME THEIR  
FEARS...

BUT THEY'RE  
LIKE ME  
!



SO  
CAN I  
!



KEEP UP  
THE PACE  
EVERYONE!

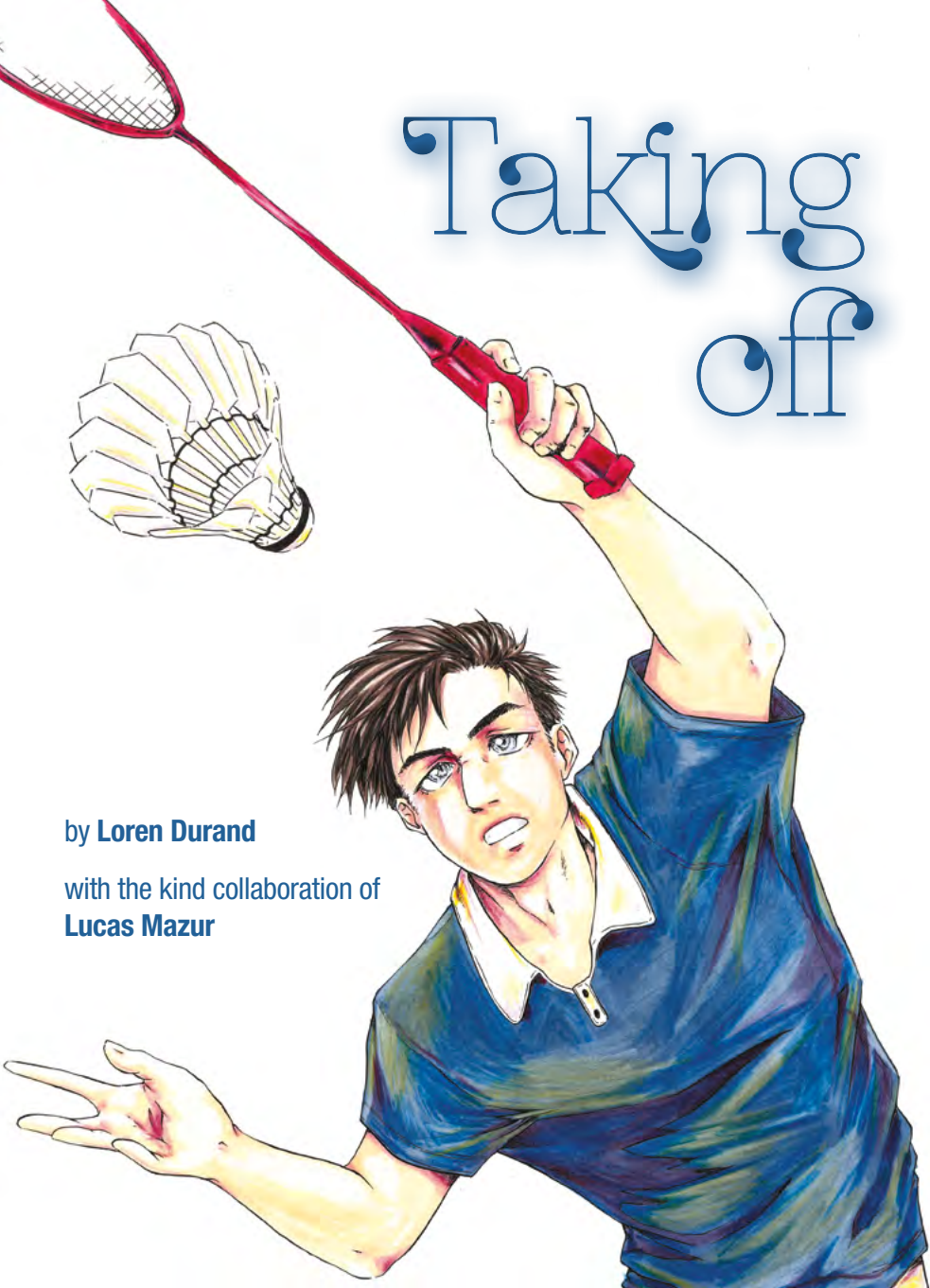


MY  
DISABILITY  
STIFFENS  
MY BODY  
!



WE DON'T NEED YOUR  
EXCUSES. PUT SOME  
EFFORT INTO IT  
!!!

# Taking off



by Loren Durand

with the kind collaboration of  
Lucas Mazur





CREPS Centre-Val de Loire.  
Bourges, France, 2017.



CAN YOU  
COME  
HERE  
LUCAS  
?



## PARA BADMINTON

### ATHLETE: LUCAS MAZUR

"BEING DISABLED IS NOT A PROBLEM. IT CAN BE TURNED INTO AN OPPORTUNITY: THAT OF BEING A GOOD AMBASSADOR OR A GOOD ATHLETE, BECAUSE IF YOU BELIEVE IN YOUR DREAMS, YOU CAN DO ANYTHING."

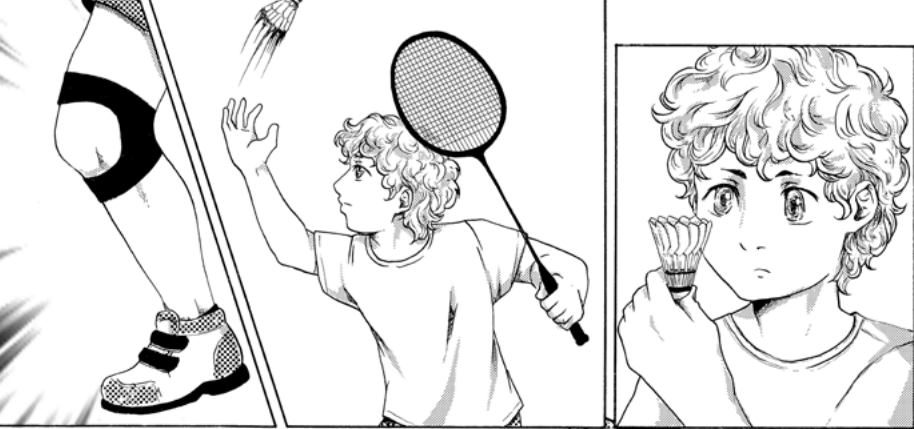
GIVEN HIS IMPRESSIVE TRACK-RECORD, INCLUDING GOLD MEDAL FOR THE TOKYO PARALYMPICS IN PARA BADMINTON SINGLES AND GOLD FOR THE 2022 WORLD CHAMPIONSHIPS, LUCAS MAZUR BELIEVES IN IT! ACCORDING TO HIM, PARA-ATHLETES HAVE THE DUTY TO ACT AS ROLE MODELS FOR FUTURE GENERATIONS. AND HE IS A GREAT ONE!



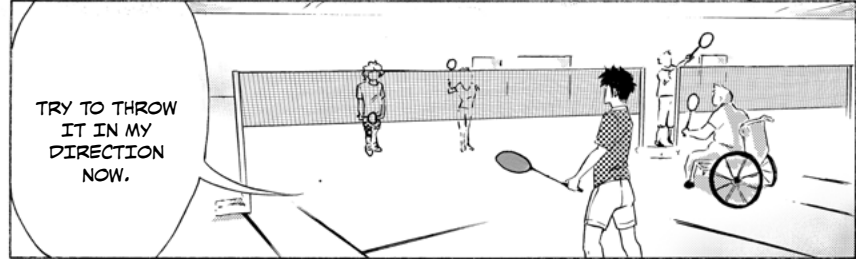
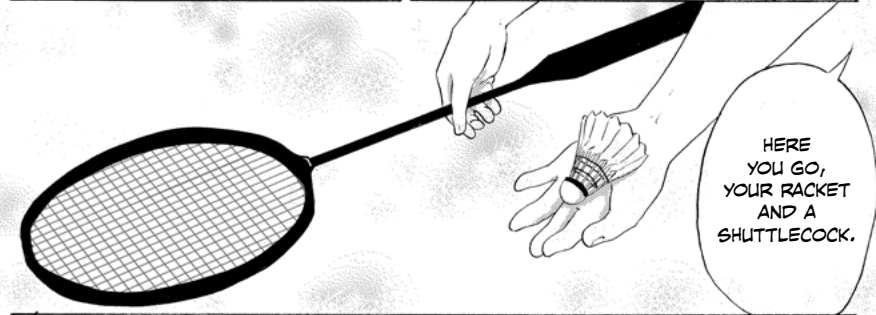
"  
**INSPIRING  
OTHERS AND  
NEVER  
GIVING UP**  
"

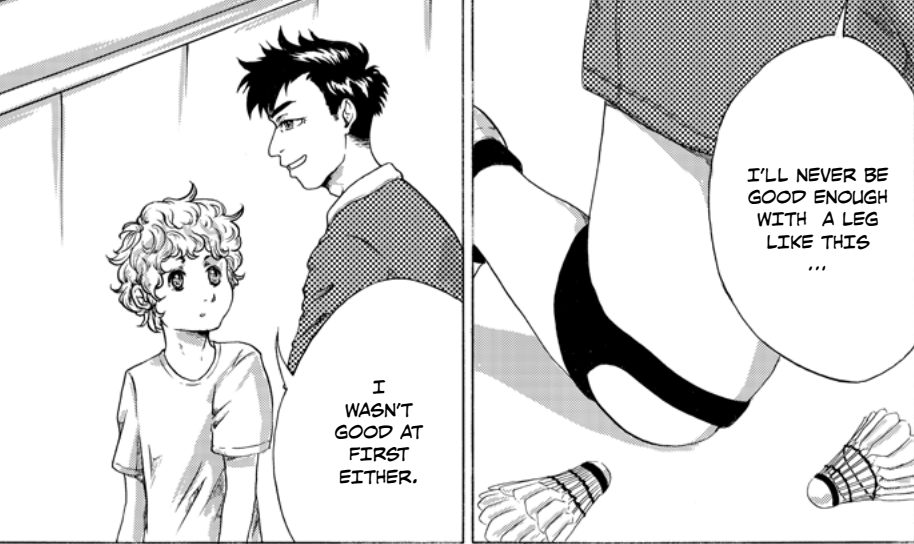
### MANGAKA: LOREN DURAND

PASSIONATE ABOUT DRAWING SINCE CHILDHOOD, LOREN DURAND DOVE INTO THE WORLD OF MANGA DURING HIS TEENAGE YEARS. TRAINED BY A JAPANESE MANGAKA. HE IS PUBLISHING HIS SECOND MANGA WITH THE IPSSEN FOUNDATION.



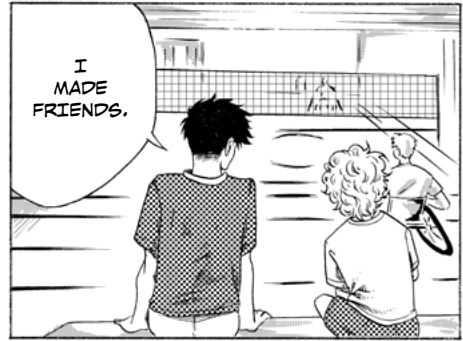
Poc





I WASN'T GOOD AT FIRST EITHER.

I'LL NEVER BE GOOD ENOUGH WITH A LEG LIKE THIS ...



I MADE FRIENDS.



BUT, HERE, I HAVE A LOT OF FUN WITH IT.

I WAS GIVEN A LOT OF TIME AND THEY TAUGHT ME HOW I COULD PLAY.



I EVEN PRACTICE PLENTY OF OTHER SPORTS.



YOU CAN HIT IT BACKHAND.

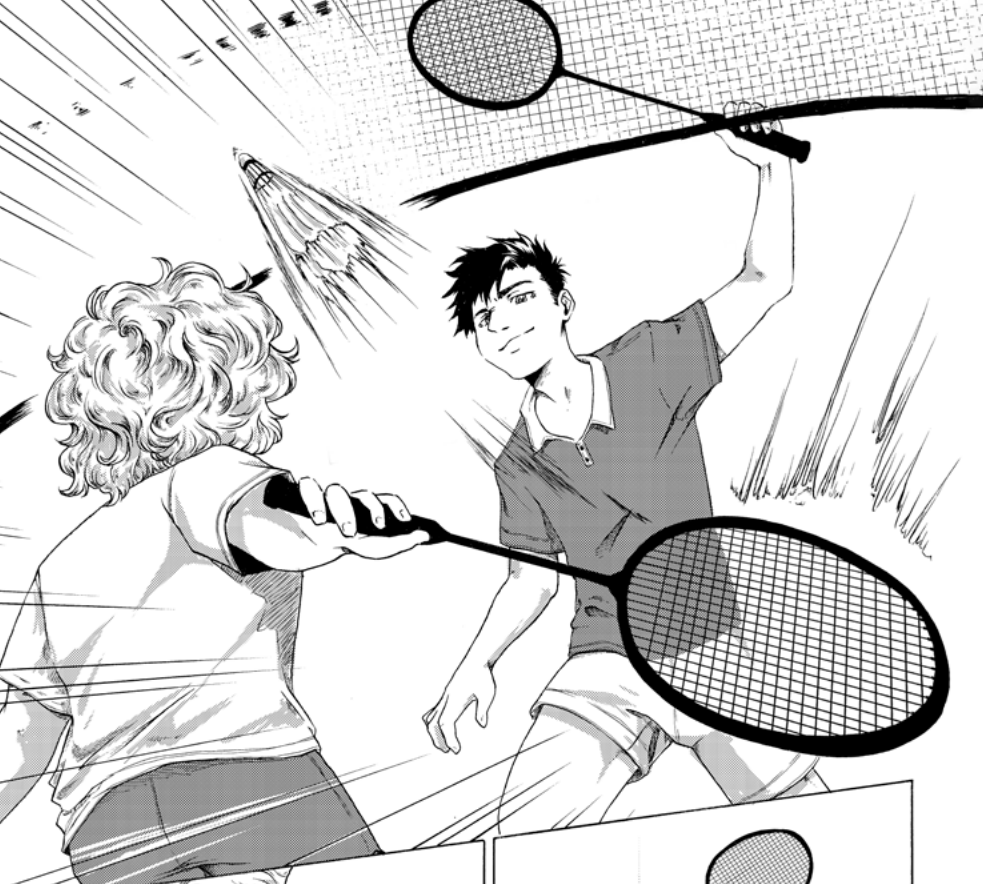
OR FOREHAND.



YOU ALMOST HAD IT !!!







MY TURN  
TO SERVE  
NOW  
!!!



THAT'S  
IT,  
YOU  
GOT  
IT!



WHEN WE'RE  
DONE  
TRAINING,  
YOU'RE  
COMING WITH  
ME AND THE  
OTHERS TO  
GRAB A  
BITE!

LET'S TRY  
AGAIN  
!!!

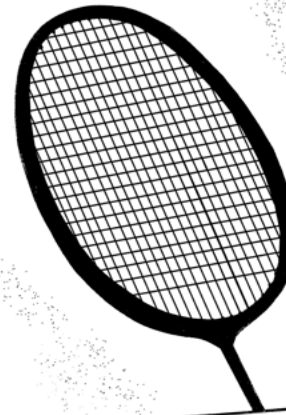


TRY  
NOT TO  
OVERDO  
IT.

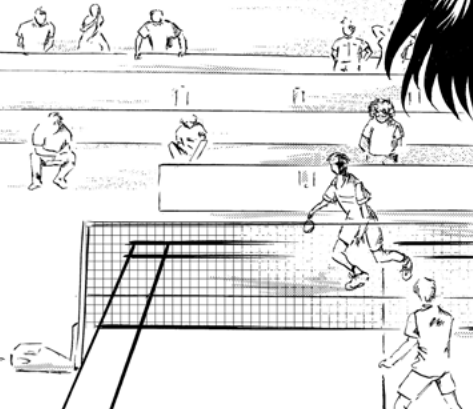
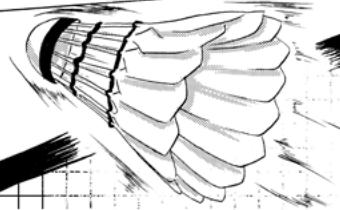
# THE WINGS OF HOPE

by **Maelys Stuaert, Kasen** and **Victoria Sotin**

with the kind collaboration of  
**Éléa Charvet**



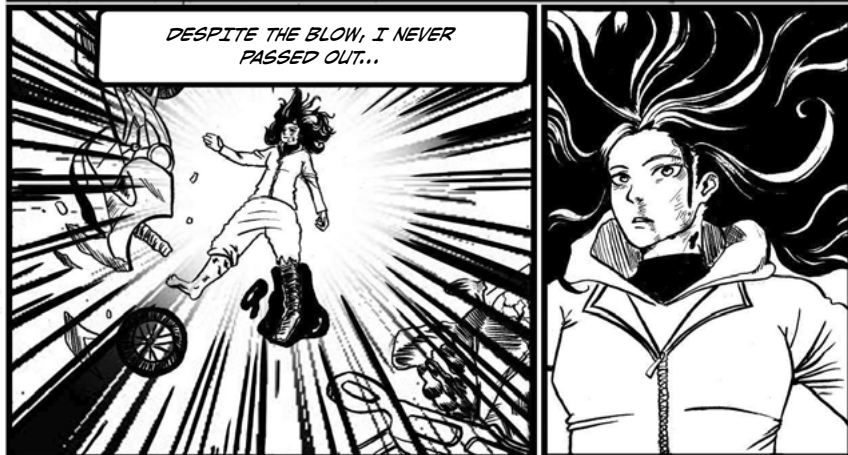
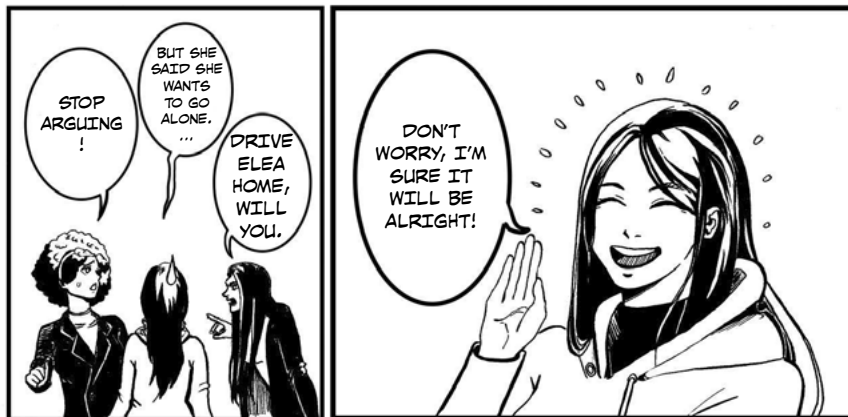
I'M SO GLAD I  
MOTIVATED HIM.



Tokyo, Japon, 2021.

IT IS THROUGH INSPIRATION  
THAT WE REACH OUR DREAMS.





## PARA CANOE

### ATHLETE: ÉLÉA CHARVET

AMPUTATED AT THE AGE OF 13 FOLLOWING A CAR ACCIDENT, ELEA CHARVET WAS ABLE TO OVERCOME THIS TRAGEDY THANKS TO SPORT, HER WAY OF OUTGROWING HER DISABILITY.

IN 2023, SHE BECAME THE FRENCH PARA CANOE CHAMPION IN HER CATEGORY AND REACHED THE TOP 7 LEADING DURING THE LATEST WORLD CHAMPIONSHIPS. SHE NOW SEES LIFE DIFFERENTLY AND ADMITS TO BEING HAPPIER THAN SHE WAS BEFORE! HER RADIANT AND COMMUNICATIVE ENERGY PROVIDES US WITH A NEW PERSPECTIVE ON DISABILITY.

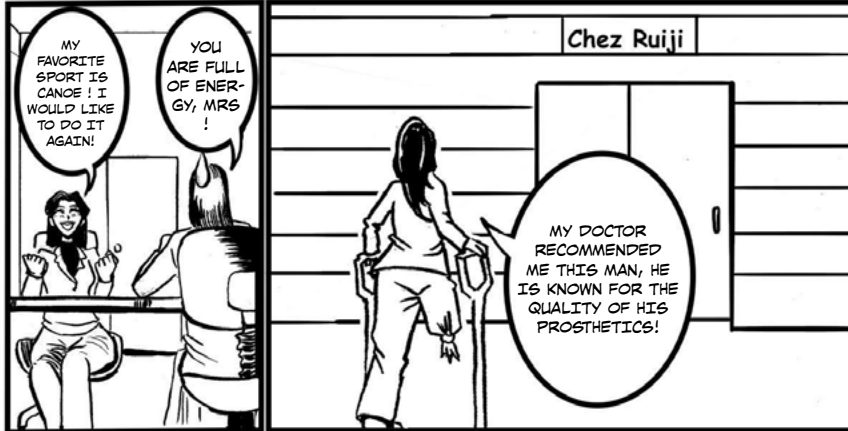
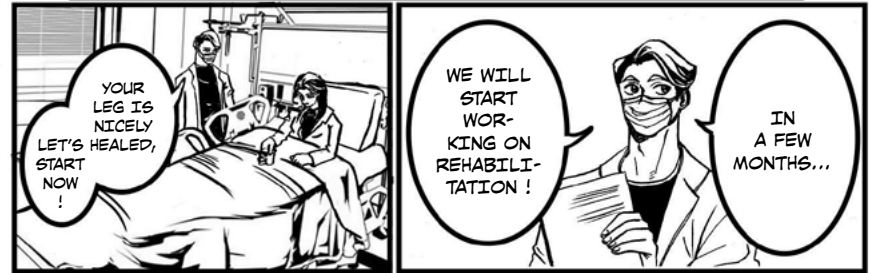
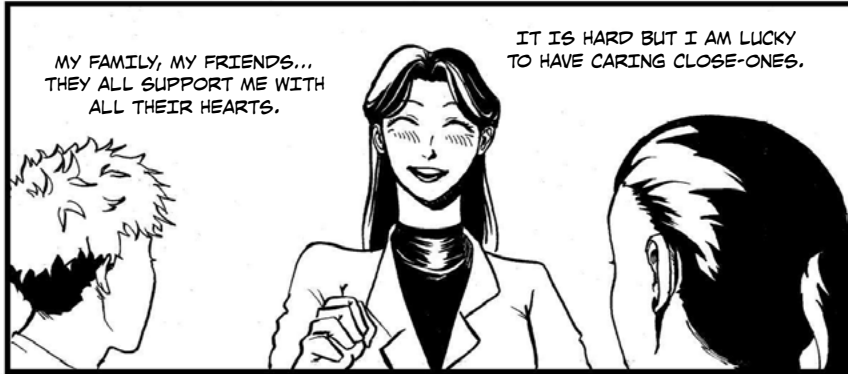
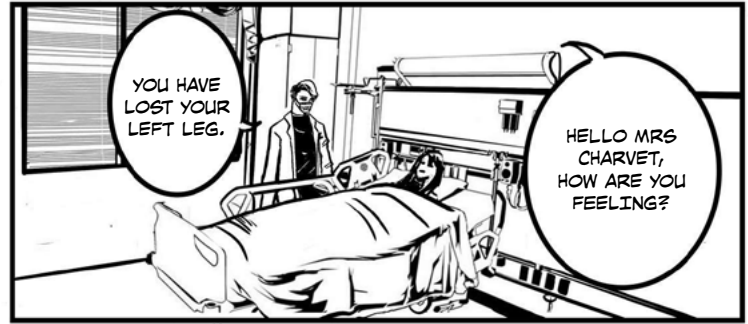
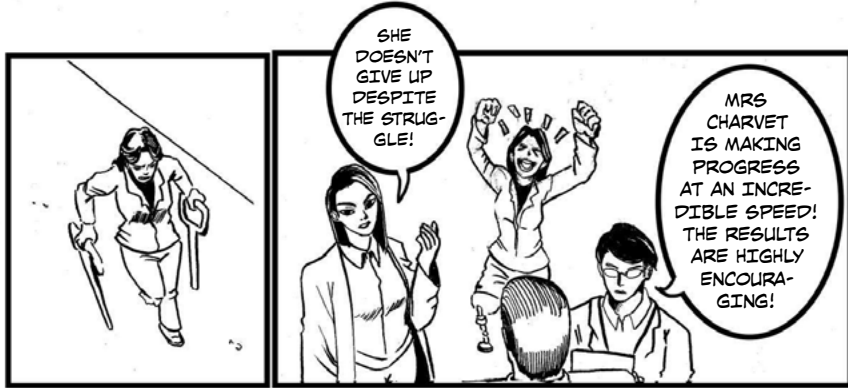


“  
LIVING  
FOR OUR  
SPORT  
”

### MANGAKA: MAELYS STUAERT

I AM A CONCEPT ARTIST AND ILLUSTRATOR AND I HAVE ALWAYS BEEN PASSIONATE ABOUT LANDSCAPES, CATS AND ART. I HAD THE OPPORTUNITY TO WORK WITH TWO TALENTED YOUNG ARTISTS WHO ASSISTED ME WITH THIS PROJECT.

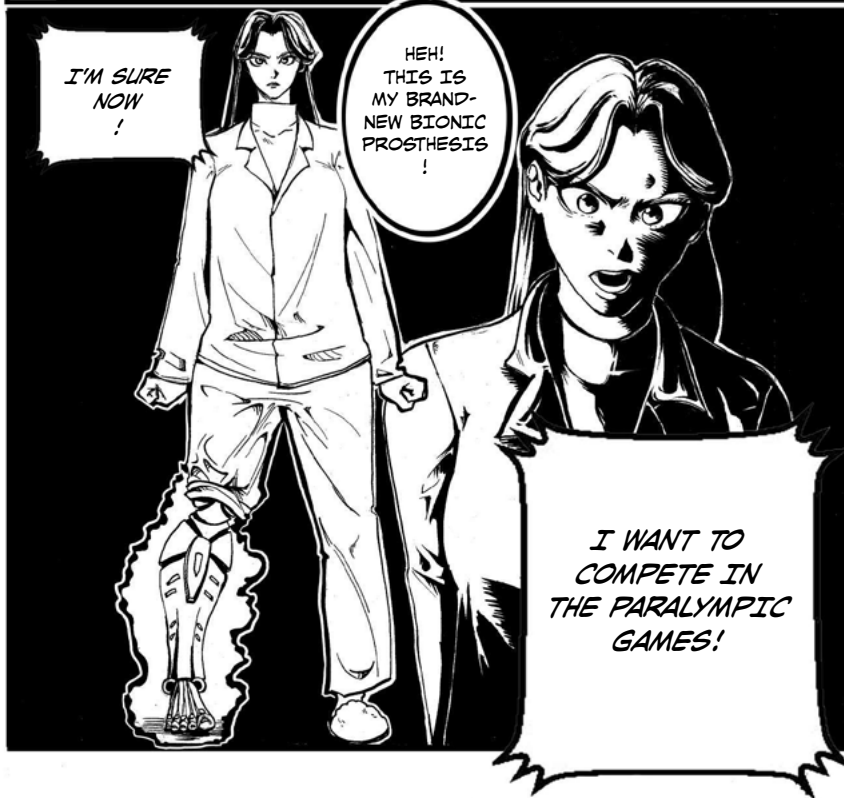






OF COURSE... TAKE THIS ONE !

MR. RUIJI, DO YOU HAVE WHAT I AM LOOKING FOR?



I'M SURE NOW !

HEH! THIS IS MY BRAND-NEW BIONIC PROSTHESIS !

I WANT TO COMPETE IN THE PARALYMPIC GAMES!



WHAT DO YOU WANT? JUST PICK YOUR PROSTHESIS AND THEN GET OUT!



I WENT THROUGH A ROUGH PATCH...

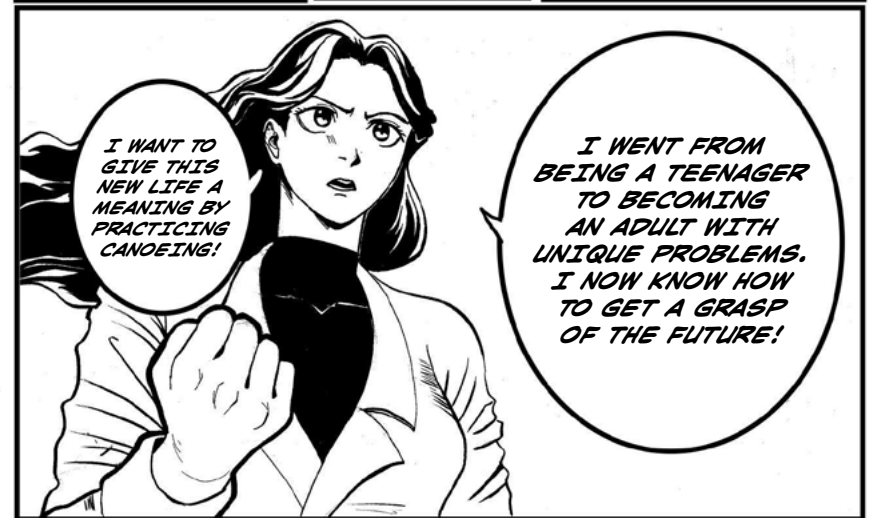
I WOULD LIKE TO PRACTICE CANOEING!



OH?! REALLY !



BUT I HAVE A GOAL!



I WANT TO GIVE THIS NEW LIFE A MEANING BY PRACTICING CANOEING!

I WENT FROM BEING A TEENAGER TO BECOMING AN ADULT WITH UNIQUE PROBLEMS. I NOW KNOW HOW TO GET A GRASP OF THE FUTURE!



ATHLETES  
FROM ALL  
OVER THE  
WORLD  
EXPRESSING  
THEIR  
FREEDOM ON  
THE WATER  
!



NOT  
TOO  
SCARED,  
ARE YOU  
?

I'VE  
SEEN  
WORSE  
...



I'M  
GOING  
NOW  
!!!

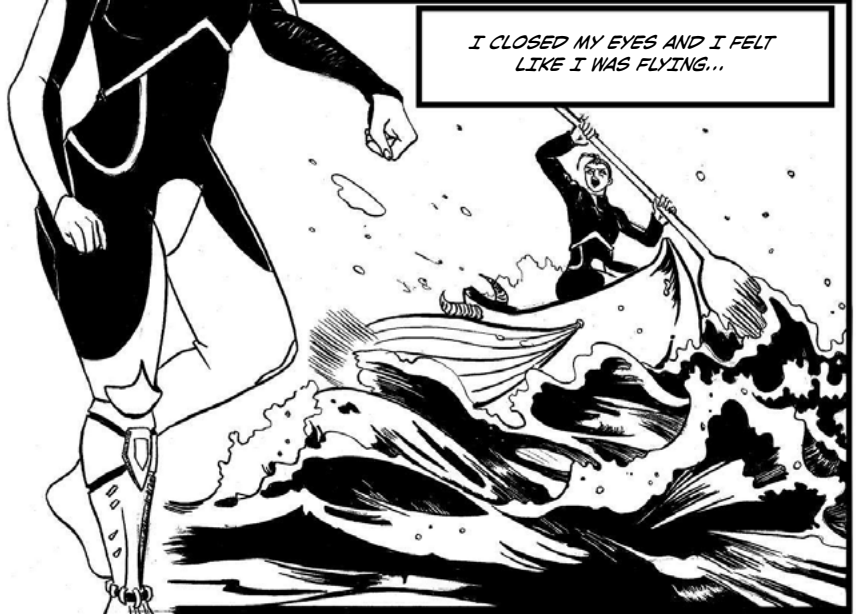


IT WILL  
BE HARD,  
BUT WITH  
YOUR NEW  
PROSTHESIS,  
YOU WILL  
DO IT!

YOU'RE  
GOING TO  
TRY TO MASTER  
THE WINGS  
OF HOPE.

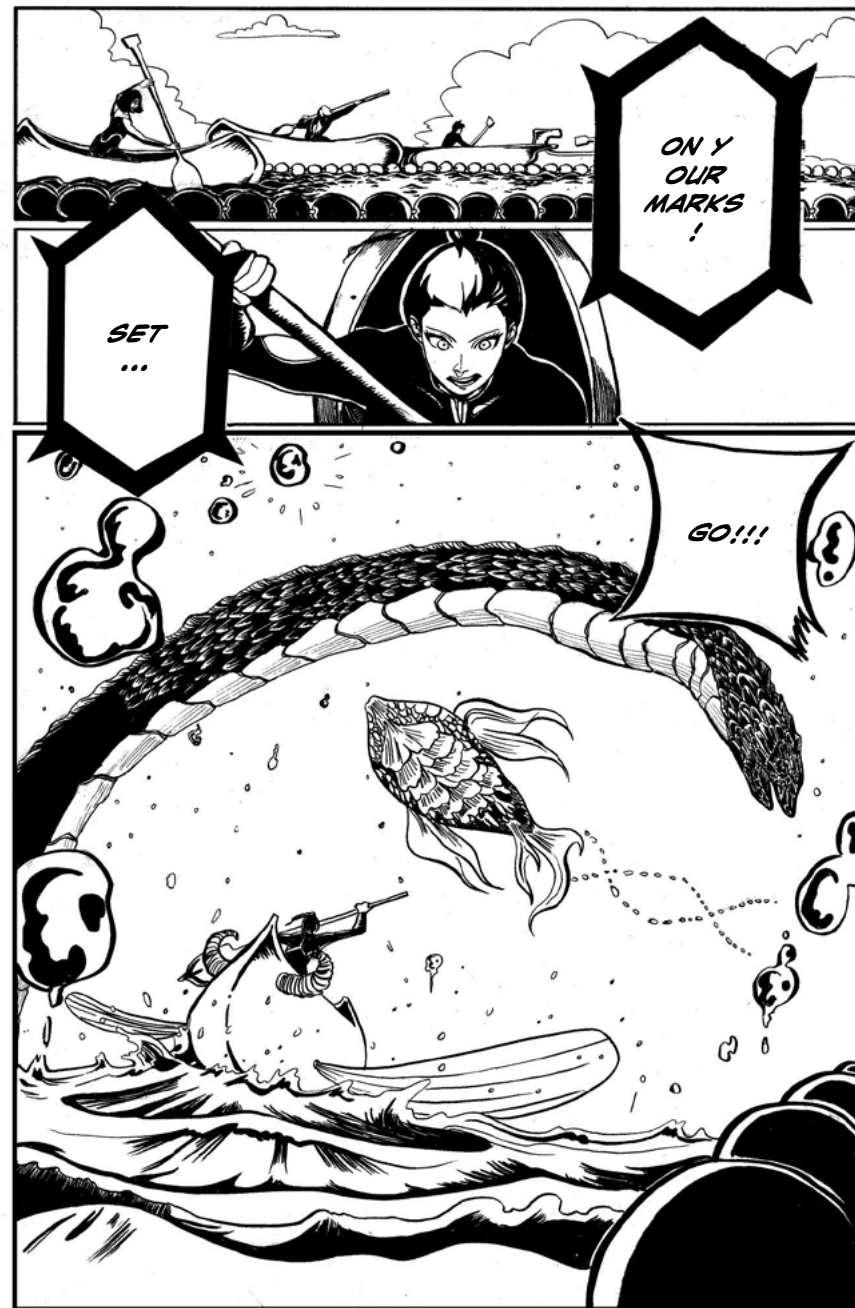


I CLOSED MY EYES AND I FELT  
LIKE I WAS FLYING...



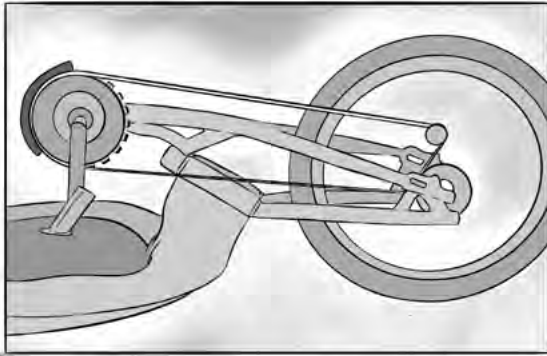
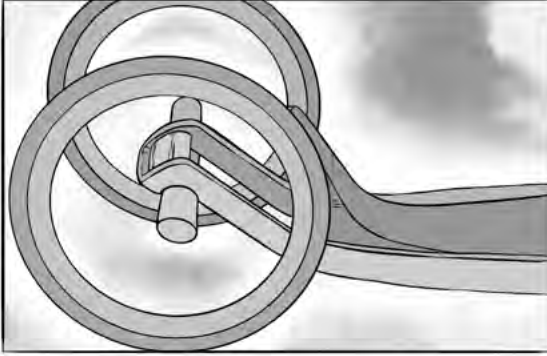


by Laszlo Bizeray  
with the kind collaboration of  
Anne Claveau



HANOBIKE

HELLO TO ALL OF OUR VIEWERS!!! YOU ARE NOW GOING TO DIVE INTO THE WORLD OF PARA CYCLING, A WORLD FILLED WITH INCREDIBLE ATHLETES DEFYING THE LIMITS OF SPEED WITH THEIR THREE-WHEELED BIKES !!!



SPEED, STRENGTH AND CONTROL ARE PUT TO THE TEST!!!

THIS COMPETITION SHOULD BE EPIC!!!



## PARA CYCLING

### ATHLETE: ANNE CLAVEAU

SHE HAS LOVED CYCLING SINCE SHE WAS YOUNG. ANNE CLAVEAU LEARNED AT 10 THAT SHE WAS AFFECTED WITH EPIPHYSIOLYSIS AND UNDERWENT 7 SURGERIES TO BE ABLE TO PURSUE HER PASSION. BUT A SERIOUS FALL CHANGED THE COURSE OF HER LIFE. NO PROBLEM! SHE NOW PRACTICES PARA CYCLING. SHE IS A PRIME EXAMPLE OF TENACITY, HAVING WON GOLD AT THE 2022 FRENCH CHAMPIONSHIPS.

"ON ANOTHER NOTE, SHE ADMITS, THE HANDBIKE ENABLES ME TO CONTINUE RAISING AWARENESS AMONG A DIVERSE AUDIENCE. I ADVOCATE FOR A NEW PERSPECTIVE ON DISABILITIES."

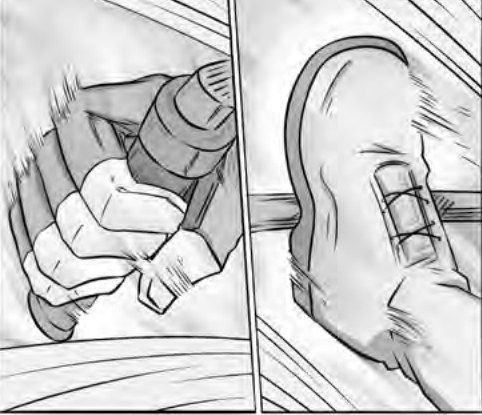


"  
**NEVER FORGET  
THAT NOTHING  
IS IMPOS-  
SIBLE**  
"

### MANGAKA: LASZLO BIZERAY

LASZLO BIZERAY IS FREE SPIRITED, HAS THE SOUL OF AN ARTIST, AND FINDS THE WORLD'S BEAUTY CAPTIVATING.

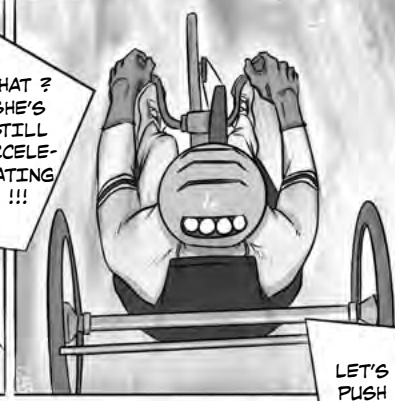
HE TRIES TO EXPRESS HIS UNIQUE VISION THROUGH ART AND WISHES TO INSPIRE OTHERS WITH HIS CREATIVITY.



I HAVE TO HOLD ON, I NEED TO GO EVEN FASTER.



WHAT ? SHE'S STILL ACCELERATING !!!



NUMBER 4 ARRIVES FIRST IN RANKING!!! HERE SHE COMES IN THE FINAL STRETCH!!!



LET'S PUSH THE PACE!

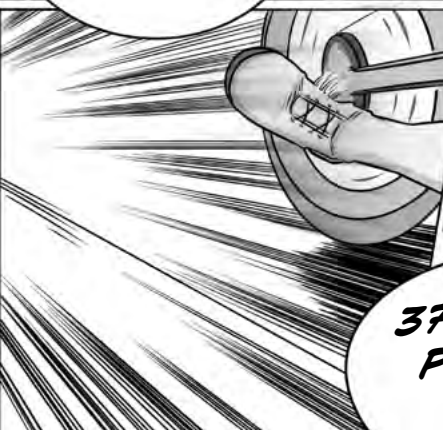
I MUST GIVE MY ALL!



FABULOUS !!! I THINK WE HAVE A NEW SPEED RECORD !!!



HOW'S THAT POSSIBLE ?!!



37,3 MILES PER HOUR !!!



WHAT A CROWD !!!



AMAZING...

LET'S GO, GIVE ALL YOU'VE GOT !!!

HOW FAST SHE IS !!!

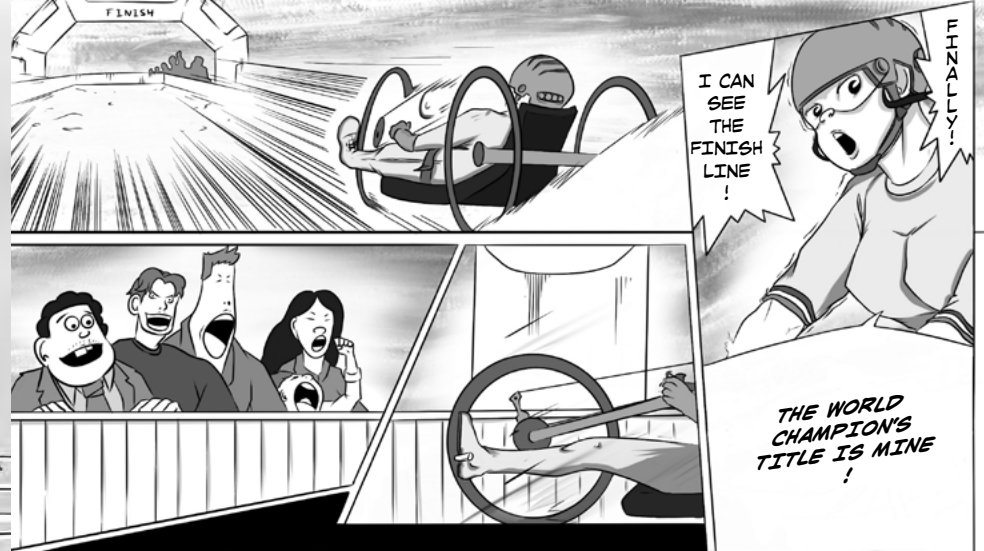


# Winner

WHAT  
A RACE  
!!!

BRAVO!

AMAZING  
!!!



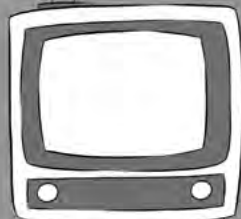
YOU'RE A GOLD  
MEDALIST,  
CONGRATULATIONS !!



WHAT AN HONOR TO GIVE  
YOU THIS TROPHY!!!  
WELL DESERVED!!!



DO YOU HAVE ANY  
QUESTIONS, KIDS ?



MISS, MISS!!!

HI KIDS ! MY NAME IS ANNE  
CLAVEAU, DOUBLE-GOLD-  
MEDALIST  
IN THE 2022 PARA CYCLING  
FRENCH CHAMPIONSHIP.



YES,  
TIMOTHÉE  
?

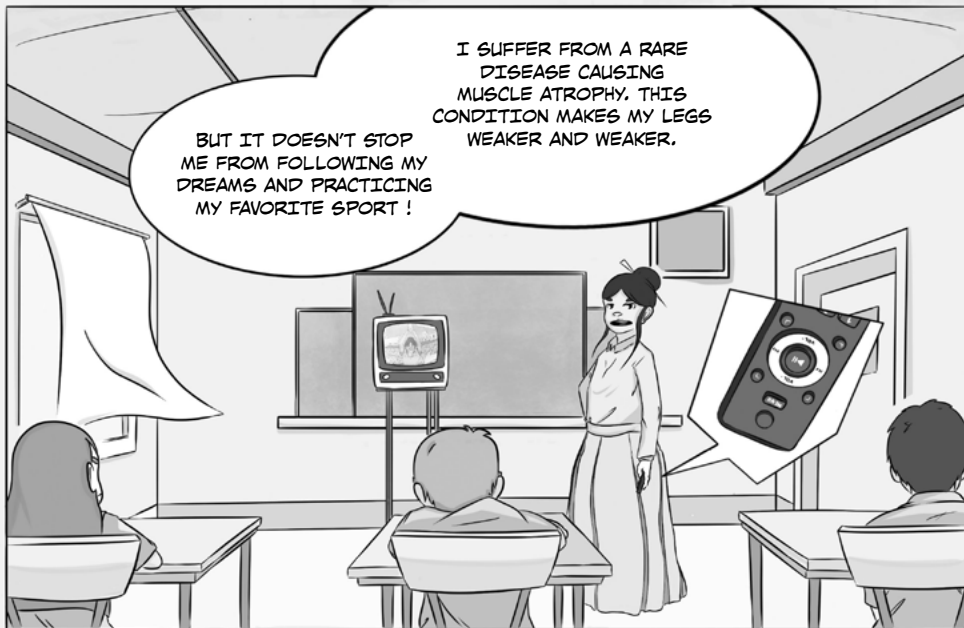


WHAT DO YOU THINK IS  
THE MOST IMPORTANT  
THING TO HELP KEEP  
YOUR HEAD UP WHEN LIFE  
CHALLENGES YOU?!!



I SUFFER FROM A RARE  
DISEASE CAUSING  
MUSCLE ATROPHY. THIS  
CONDITION MAKES MY LEGS  
WEAKER AND WEAKER.

BUT IT DOESN'T STOP  
ME FROM FOLLOWING MY  
DREAMS AND PRACTICING  
MY FAVORITE SPORT !





by Espérance Simon  
with the kind collaboration of  
Céline Gerny

# Lorsque mon esprit vagabonde \*

\*When my Mind Wanders



EXCELLENT  
QUESTION.



I WILL ANSWER YOU,  
TIMOTHÉE...



**STRENGTH, HUMILITY  
AND FAIRPLAY!  
FOLLOW YOUR DREAMS WITH  
YOUR HEAD HELD HIGH AND  
NEVER FORGET THAT  
NOTHING IS IMPOSSIBLE!**



WOW  
MISS,  
YOU'RE  
TOO COOL  
!





## PARA EQUESTRIAN

### ATHLETE: CÉLINE GERNY

PARAPLEGIC AFTER A HORSEBACK RIDING ACCIDENT, CELINE GERNY RAPIDLY STARTED RIDING AGAIN, DESPITE HER DOCTORS' DISAPPROVAL, AND JOINED THE FRENCH HORSE DRESSAGE TEAM ! IN 2005 AND 2009 SHE WON A BRONZE MEDAL IN THE EUROPEAN CHAMPIONSHIP.

THIS EXPERIENCED RIDER, WITH NOW TWENTY YEARS OF EXPERIENCE, IS A MODEL OF COURAGE AND ABNEGATION : "I OVERCOME MY DISABILITY WHEN I AM WITH MY HORSES. WITH MY PRACTICE, I AM GETTING THE STRENGTH TO FIGHT TO MAKE MY LIFE NOTABLE AND MEMORABLE"

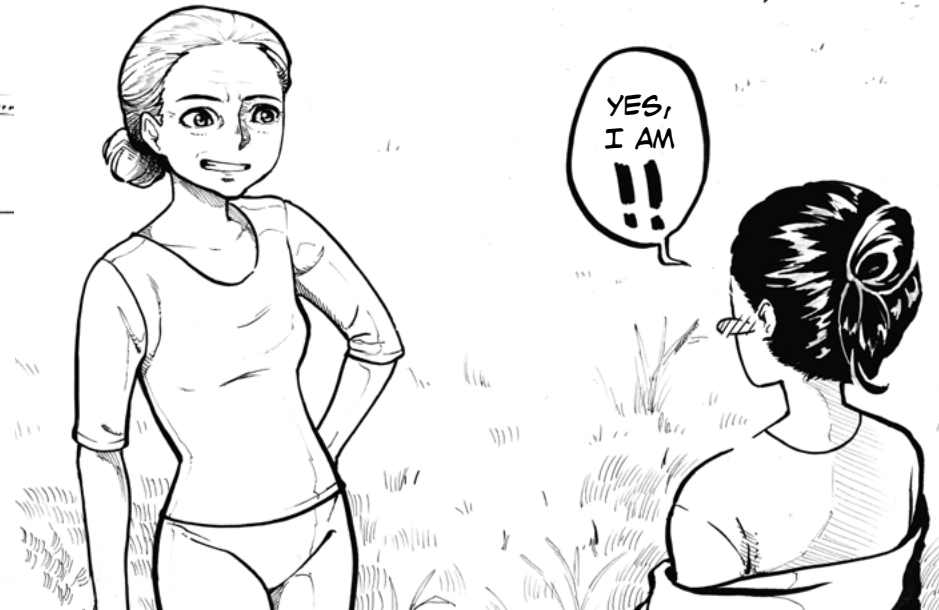


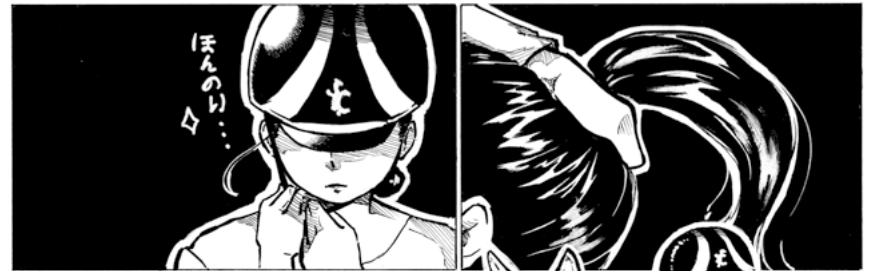
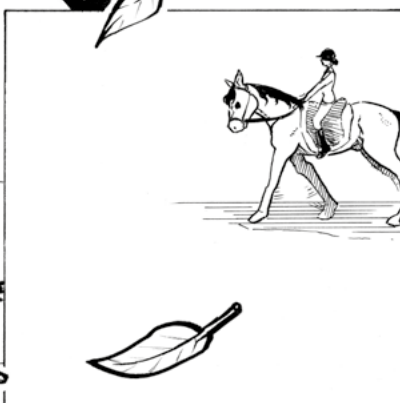
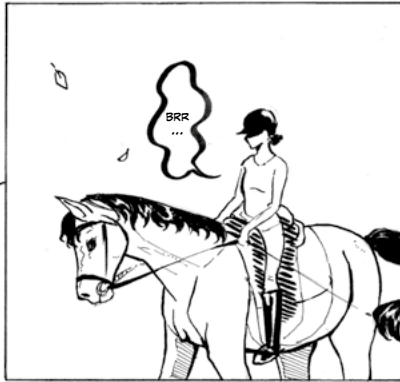
"  
*FOLLOW YOUR DREAMS TO MAKE YOUR LIFE MEMORABLE*  
"

**MANGAKAS:**  
EDEN MALUVIEL &  
ESPÉRENCE SIMON

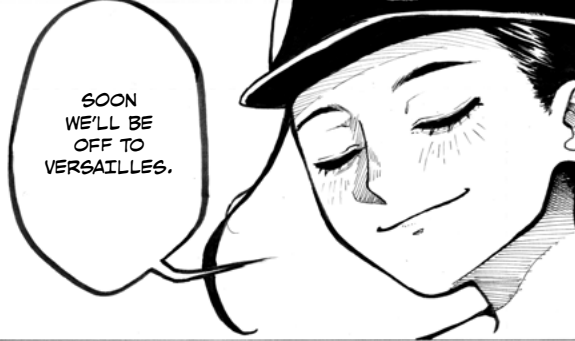
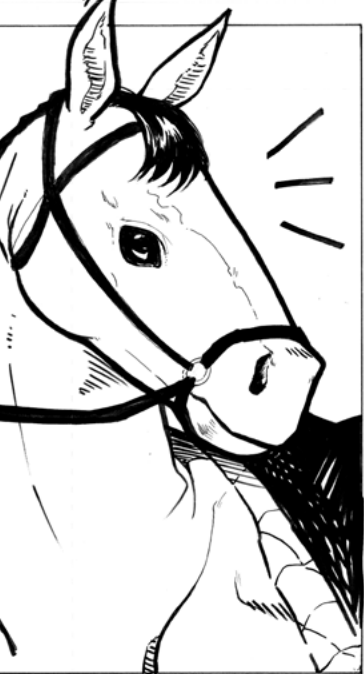
WE ARE TWO ARTISTS WHO LOVE ANIMALS, INCLUDING CATS!











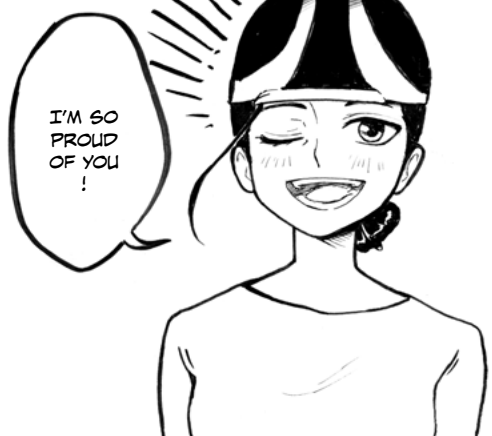
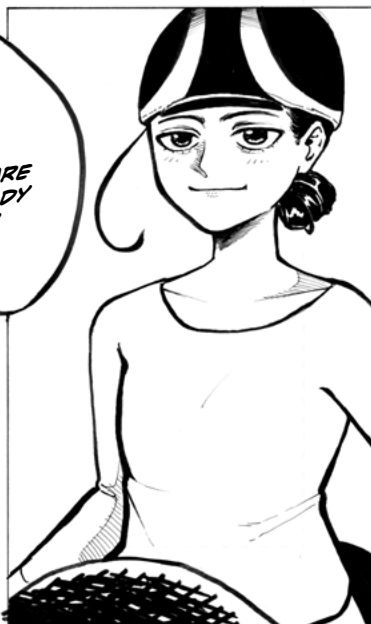
SOON  
WE'LL BE  
OFF TO  
VERSAILLES.



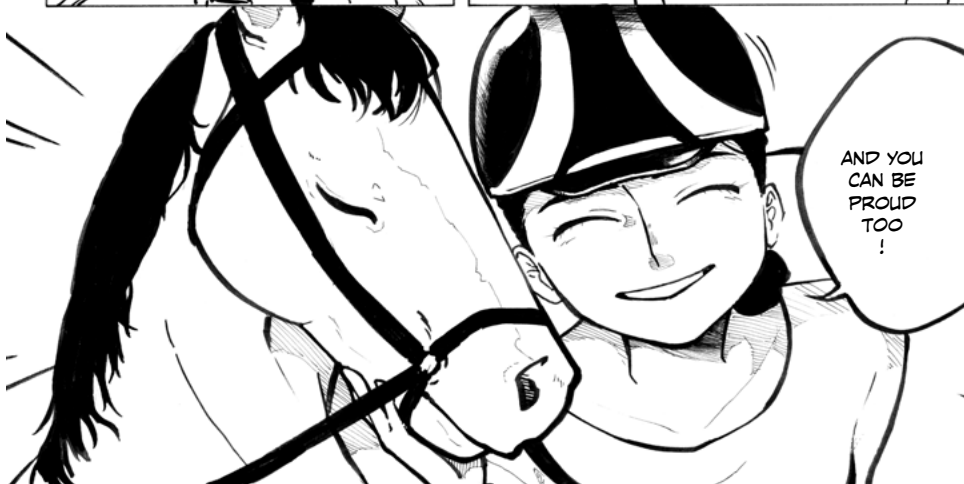
ARE  
YOU  
READY  
?



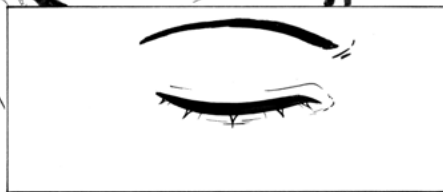
NO  
...  
WE ARE  
READY  
!



I'M SO  
PROUD  
OF YOU  
!



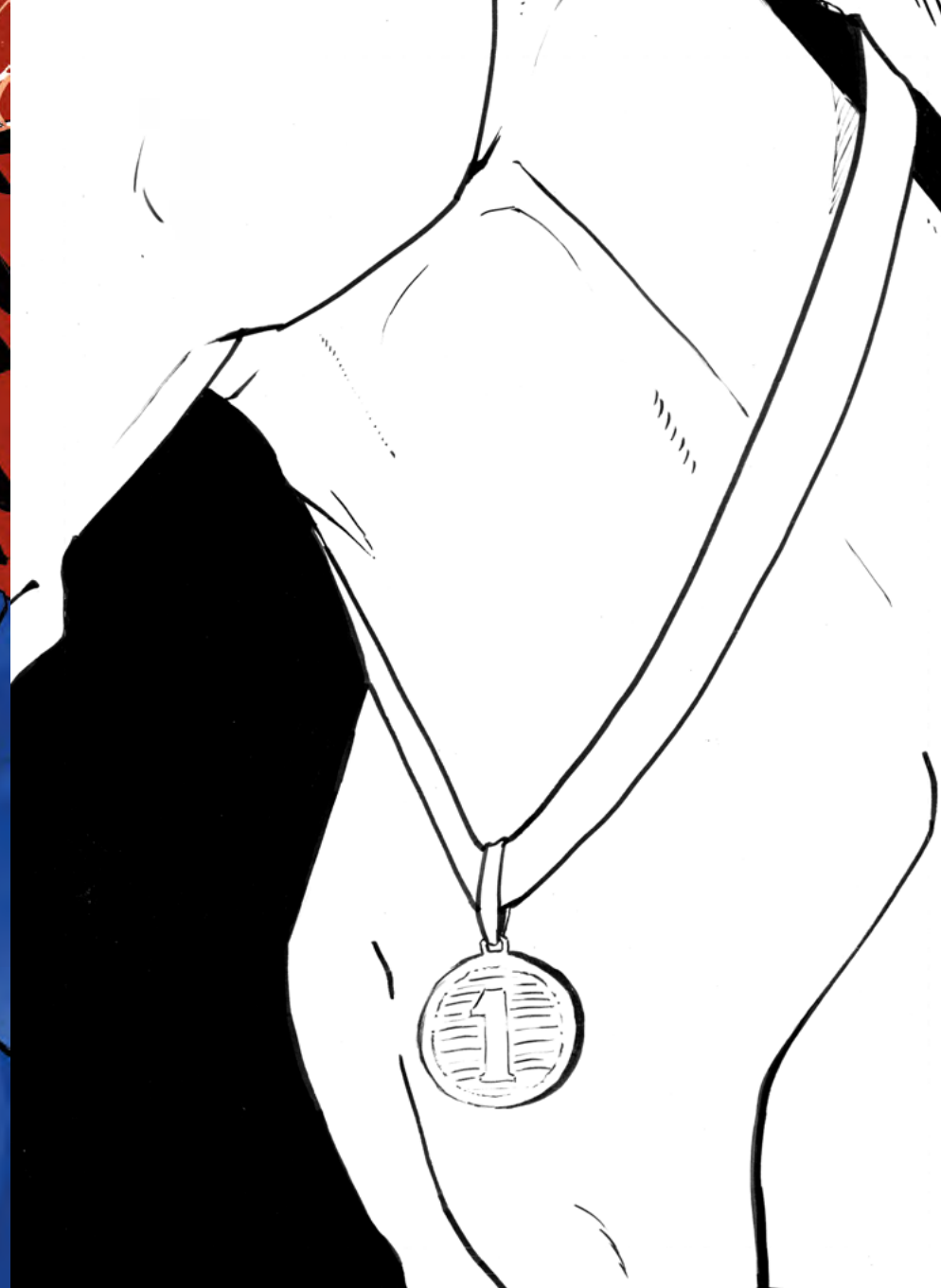
AND YOU  
CAN BE  
PROUD  
TOO  
!

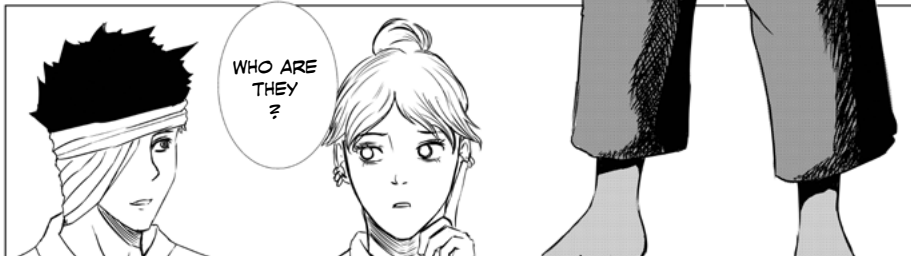
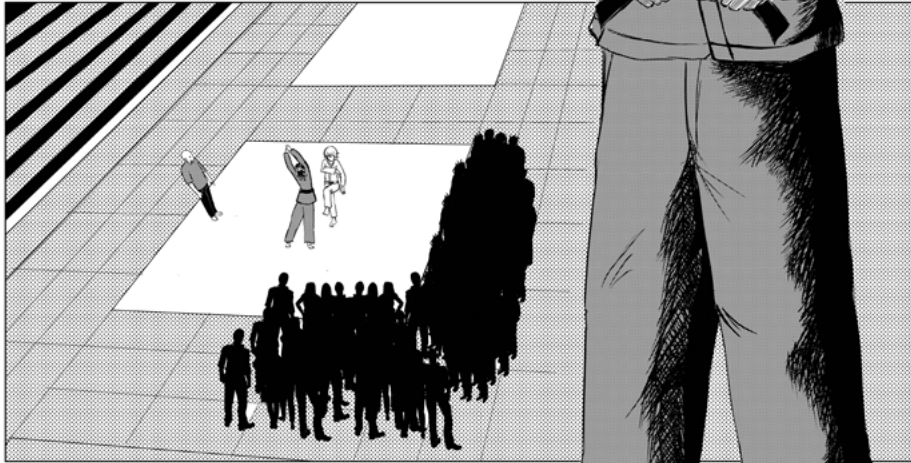
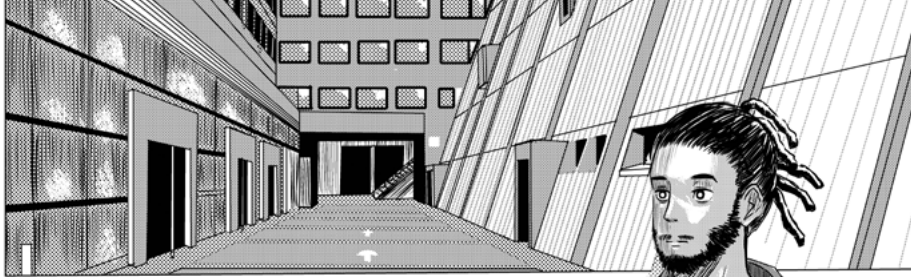




# PARA JUDO

by **Imdrane Chanfi**  
with the kind collaboration of  
**Hélios Latchoumanaya**





## PARA JUDO

### ATHLETE: HÉLIOS LATCHOUMANAYA

HELIOS LATCHOUMANAYA SUFFERS FROM A DEGENERATIVE EYE DISEASE, RETINITIS PIGMENTOSA. HE WOULD NOT CONSIDER IS DISABILITY A STRENGTH BUT ACKNOWLEDGES THAT IT OFFERED HIM MANY OPPORTUNITIES, LIKE BEING ABLE TO LIVE HIS PASSION, JUDO. HE ACHIEVED THE FEAT OF RETAINING HIS EUROPEAN AND WORLD CHAMPION TITLES IN PARA JUDO IN 2023. WHILE HE FEELS THAT THE PARIS PARALYMPIC GAMES WILL PARTICULARLY SHINE, THE ONE WHO CAN BARELY SEE WHEN THE DAY FADES HOPES THAT THE LIGHT WON'T GO OUT JUST AFTER THE GAMES.

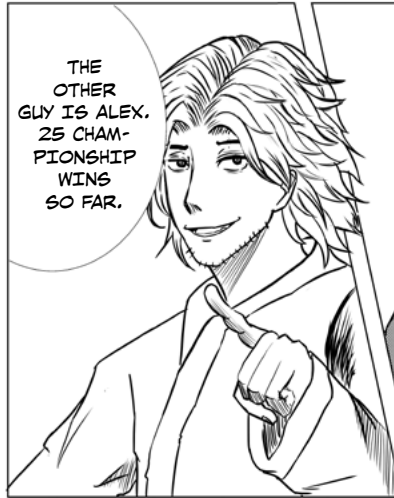
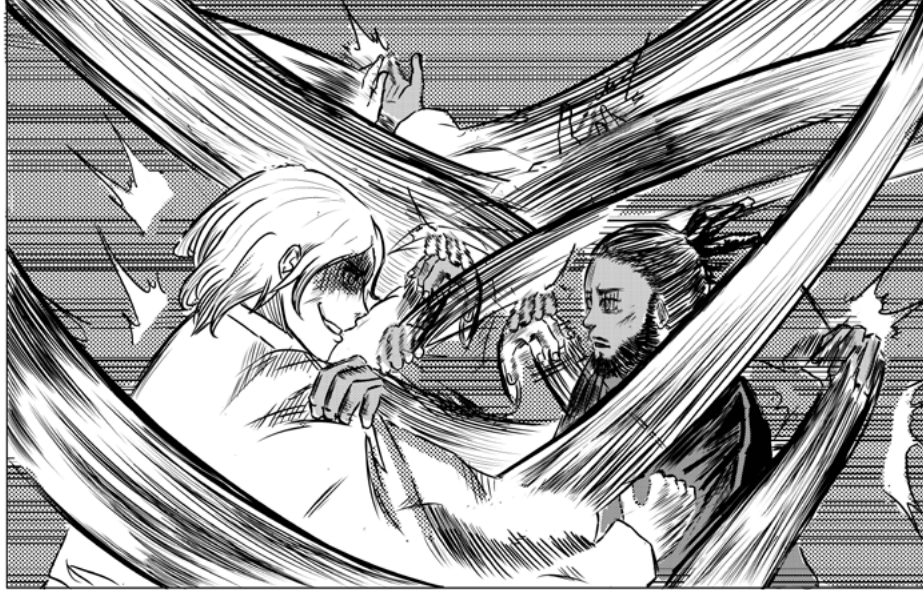


“  
*BE WILLING TO  
TAKE UP ANY  
CHALLENGE*  
”

### MANGAKA: IMDRANE CHANFI

IMDRANE LOVES MAKING UP STORIES AND HIS STYLE IS NOT REALLY ORDINARY. HE HOPES YOU WILL LOVE HIS FIRST MANGA AND WISHES YOU A PLEASANT READ!

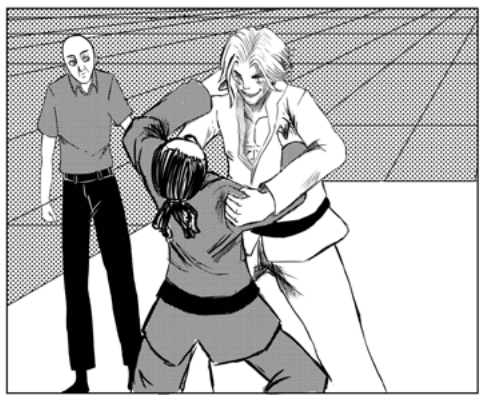




THE OTHER GUY IS ALEX. 25 CHAMPIONSHIP WINS SO FAR.

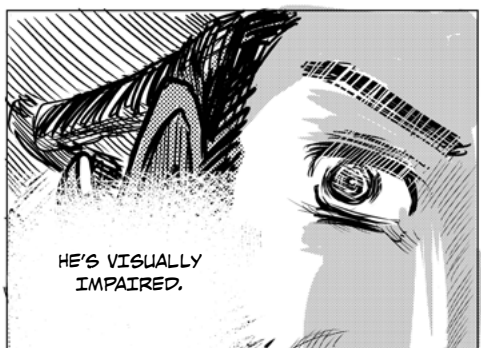
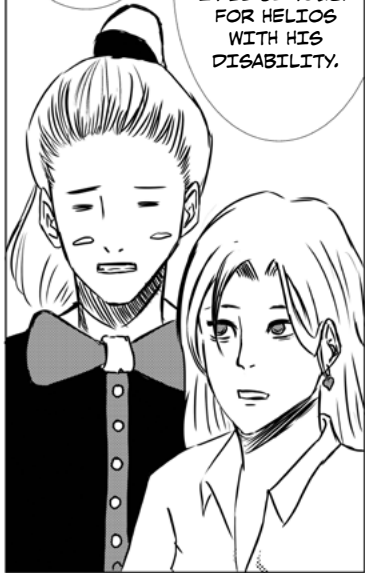


THIS IS HELIOS. A TOKYO PARALYMPICS BRONZE MEDALIST. A 2022 AND 2023 WORLD CHAMPION... HE IS REALLY GOOD.



WHAT DO YOU MEAN ?

OKAY, I GET THAT IT'S A FRIENDLY MATCH, BUT IT'LL BE TOUGH FOR HELIOS WITH HIS DISABILITY.



HE'S VISUALLY IMPAIRED.



HERE WE GO ! GRAB EACH OTHER'S KIMONO AND GET STARTED.



HERE'S ANOTHER ONE WHO UNDERESTIMATES PARA SPORTS. HE'S GOING TO BE SURPRISED ...

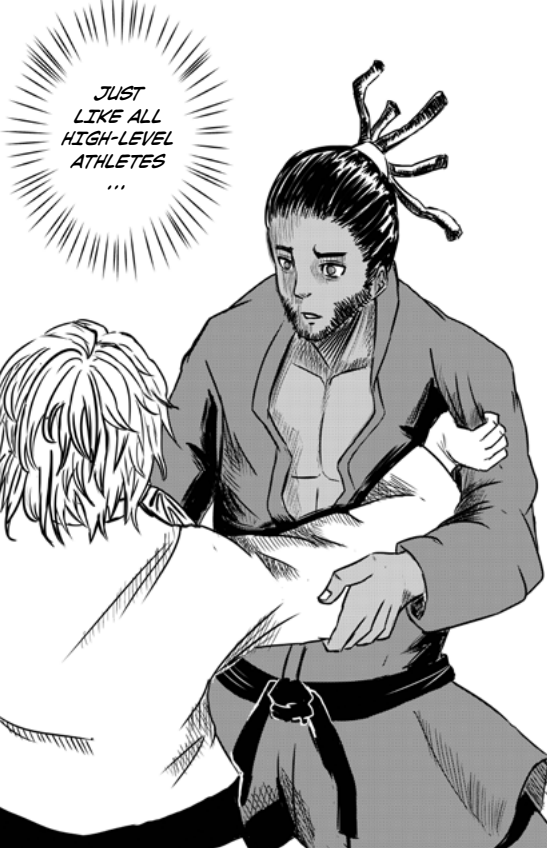


GET READY, I'M GIVING IT MY ALL THIS TIME.

JUDGING FROM HIS SMILE, IT'S OBVIOUS HE IS PLANNING A SINGLE MOVE.



HE'S SO RESILIENT!



JUST LIKE ALL HIGH-LEVEL ATHLETES ...



YOU'RE GONNA SEE WHO'S THE REAL JUDOKA ...



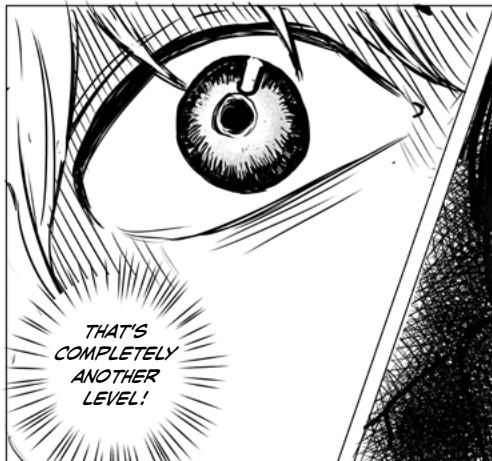


PARA SPORT  
ATHLETES  
...

I'VE  
GOT YOU.  
YOU'RE  
OUT  
!



TRAIN HARD  
TO EXCEL...



THAT'S  
COMPLETELY  
ANOTHER  
LEVEL!



WHAT'S  
HAPPENING  
?



THEY ARE  
HIGH-LEVEL  
ATHLETES  
TOO.

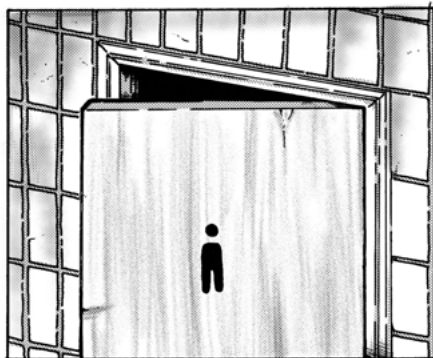
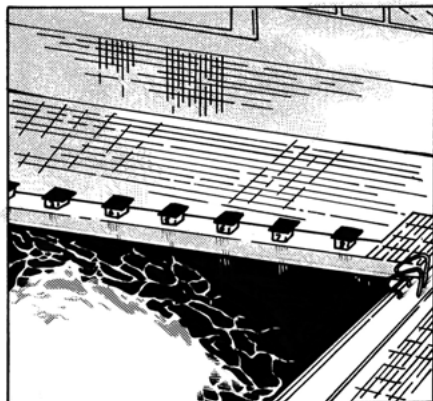


by **Espérance Simon**  
& **Charlotte Cabrera**  
with the kind collaboration of  
**Laurent Chardard**

Naviguer dans  
L'Infini\*

\* Sailing Towards the Infinite





## PARA SWIMMING

### ATHLETE: LAURENT CHARDARD

ATTACKED BY A SHARK IN 2017, SWIMMER LAURENT CHARDARD, MISSING HIS RIGHT ARM AND LEG, BRILLIANTLY DOVE INTO PARA SPORTS ! HE IS AN EXAMPLE OF TENACITY. HE WON SILVER AND BRONZE IN THE WORLD CHAMPIONSHIPS, TWO YEARS AFTER HIS ACCIDENT ! SINCE THEN, HE HAS BEEN FLOODED WITH SUCCESSES AND MEDALS. IN 2022 HE CONFIRMED HIS WORLD CHAMPION TITLE, WINNING GOLD AGAIN FOR THE 50 METERS BUTTERFLY. HIS MOTTO ? "DO WHAT YOU LIKE AND PERSEVERE"



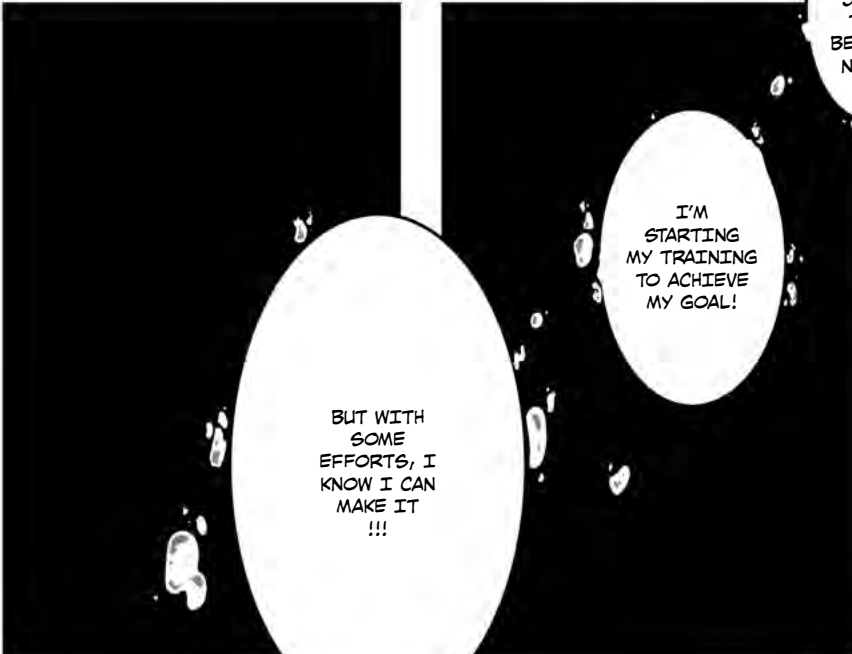
"  
**ALWAYS MOVE FORWARD**  
"

### MANGAKAS: CHARLOTTE CABRERA & ESPÉRANCE SIMON

A DYNAMIC MANGAKA TEAM COMPOSED OF TWO PASSIONATE FRIENDS, JUGGLING BETWEEN STRATEGY AND COMEDY FOR EPIC MOMENTS FILLED WITH LAUGHTER AND CHALLENGES.

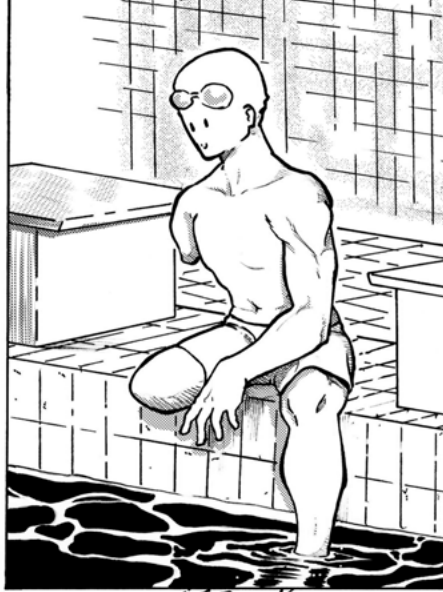


IT'S  
JUST  
THE  
BEGIN-  
NING

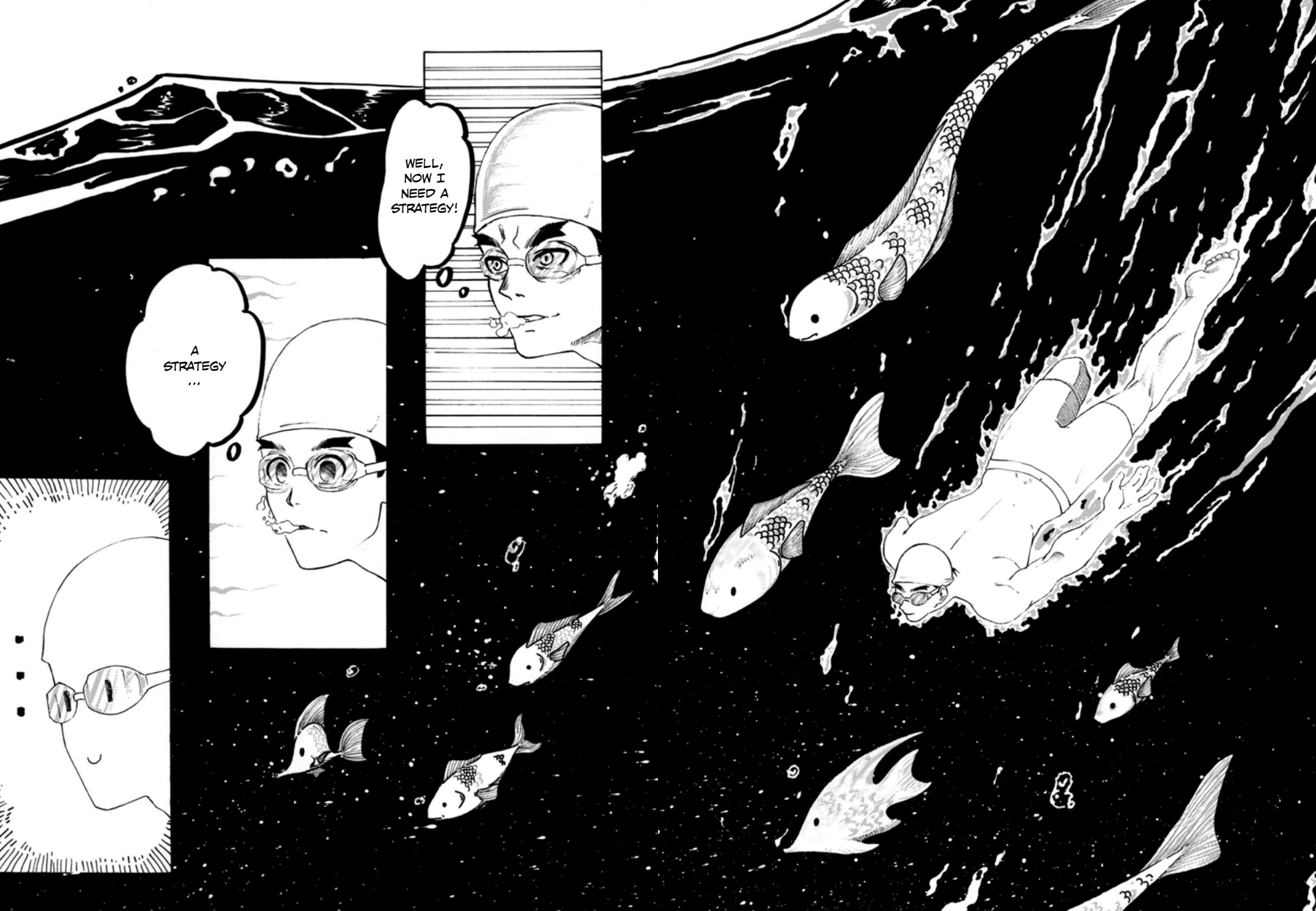


BUT WITH  
SOME  
EFFORTS, I  
KNOW I CAN  
MAKE IT  
!!!

I'M  
STARTING  
MY TRAINING  
TO ACHIEVE  
MY GOAL!

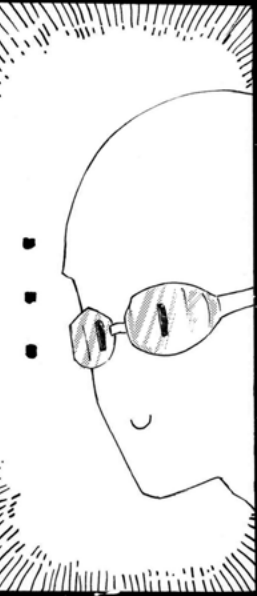


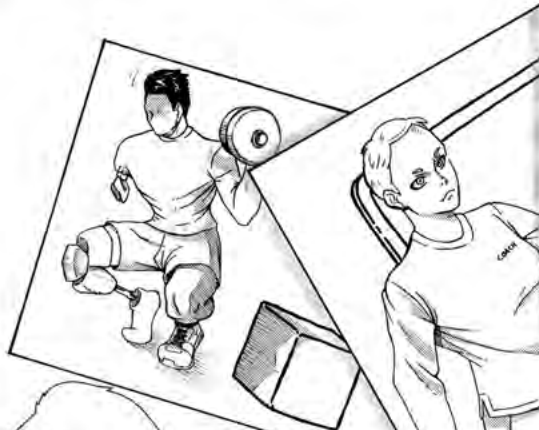




WELL,  
NOW I  
NEED A  
STRATEGY!

A  
STRATEGY  
...





# NOUVELLE VOIE\*

by Brice Pierre

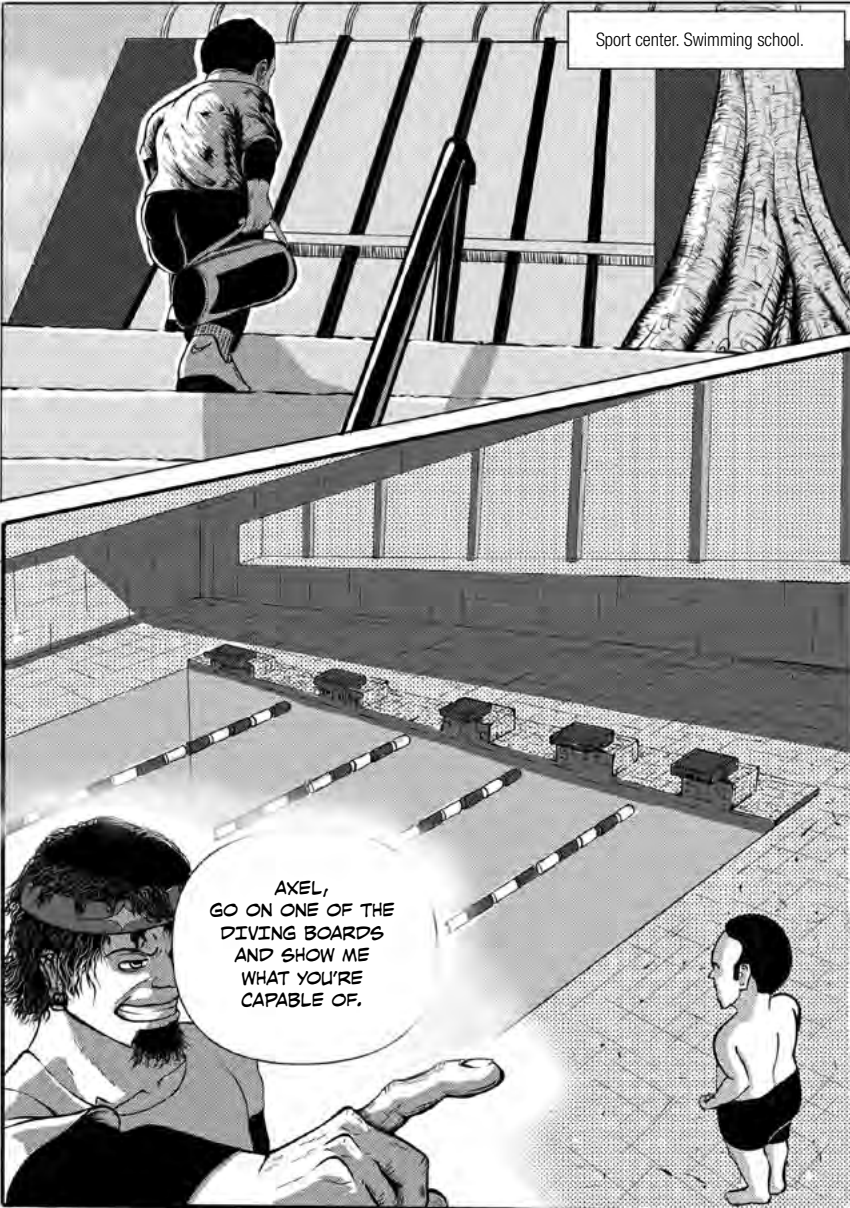
with the kind collaboration of  
Axel Bourlon



\* A New Path







Sport center. Swimming school.

AXEL,  
GO ON ONE OF THE  
DIVING BOARDS  
AND SHOW ME  
WHAT YOU'RE  
CAPABLE OF.

## PARA POWERLIFTING

### ATHLETE: AXEL BOURLON

DIAGNOSED WITH ACHONDROPLASIA, AXEL BOURLON STARTED POWERLIFTING TO BUILD MUSCLE SO HE COULD LEARN HOW TO SWIM. INSPIRED BY PARALYMPIC ATHLETE MARTINE SERVAJEAN, HE THEN VENTURED INTO PARA POWERLIFTING. HE BECAME VICE CHAMPION OF FRANCE AT HIS FIRST PARTICIPATION AND WENT ON TO WIN SEVERAL MEDALS, NAMELY SILVER AT THE TOKYO GAMES AND GOLD AT THE 2021 WORLD CUP. EVEN THOUGH HE SETS THE BAR HIGH, THIS MODEL OF RESILIENCE EMPHASIZES THAT HE'S "NOT HERE BY CHANCE" AND THAT THE HARD WORK REQUIRED FOR SUCCESS SHOULD NOT BE UNDERESTIMATED!



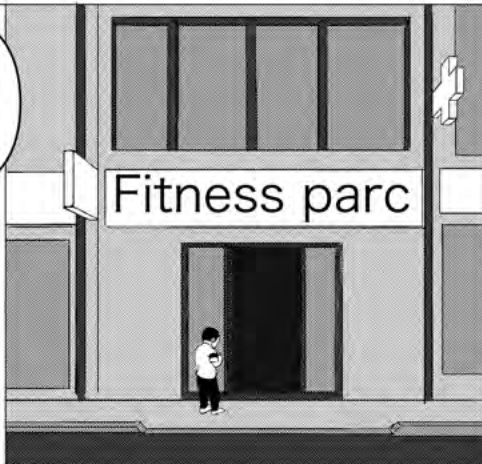
“  
**NEVER GIVE UP  
ON YOUR GOALS**  
”

### MANGAKA: BRICE PIERRE

BRICE PIERRE, AKA BARYOZ THE MANGAKA, DREW EIGHT PAGES AND THE COVER PAGE OF PARA POWERLIFTING. YOU CAN FOLLOW HIM ON SOCIAL MEDIA : INSTAGRAM BARYOZ4.



I WILL MAKE IT AND BECOME A REAL CHAMPION!



OKAY, I'LL FIND YOU A COACH TO HELP YOU GROW SOME MUSCLE.

AND THEN, YOU CAN COME BACK TO TRAIN AGAIN.

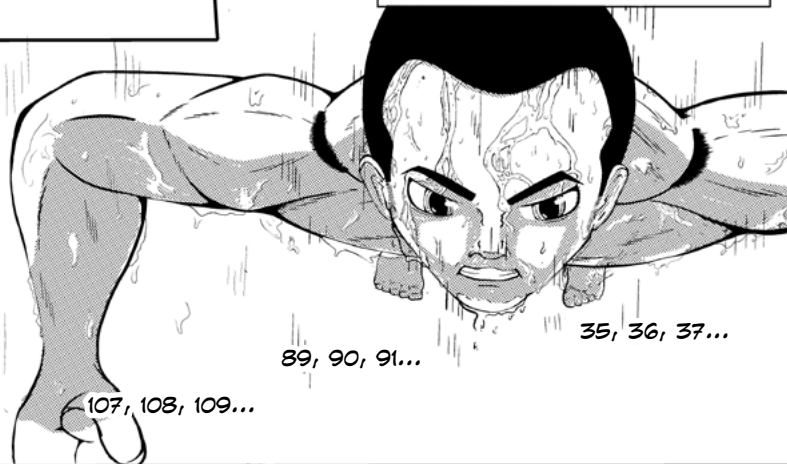


SORRY COACH, I DON'T KNOW HOW TO SWIM AND MY HEAD IS SINKING ...

GET OUT, I SAW WHAT I HAD TO SEE.



A year of training later.



89, 90, 91...

35, 36, 37...

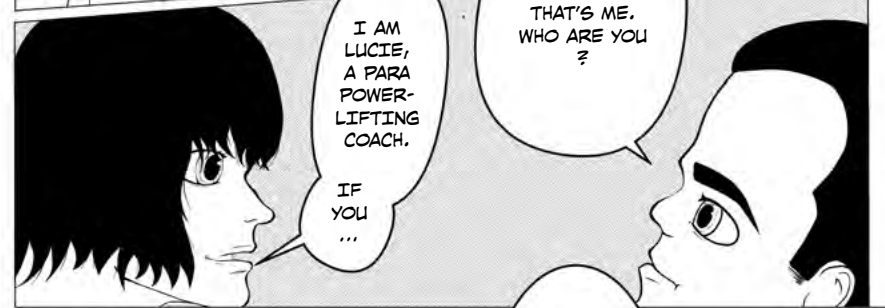
107, 108, 109...



I WILL...  
I WILL BECOME  
THE BEST, I WILL  
NOT GIVE UP.  
ONE MORE,  
ONE MORE  
...



HI,  
YOU'RE AXEL  
BOURLON?  
I WAS TOLD  
YOU WERE  
COMING.



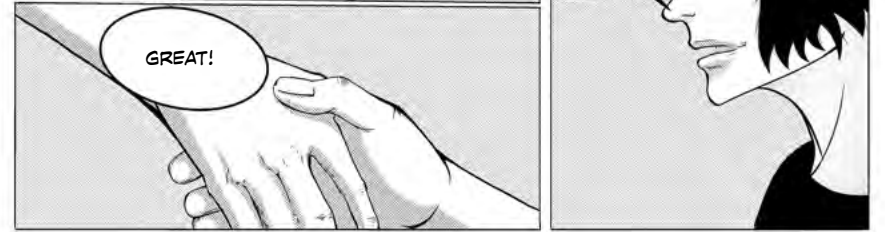
I AM  
LUCIE,  
A PARA  
POWER-  
LIFTING  
COACH.  
  
IF YOU  
...

YES,  
THAT'S ME.  
WHO ARE YOU  
?



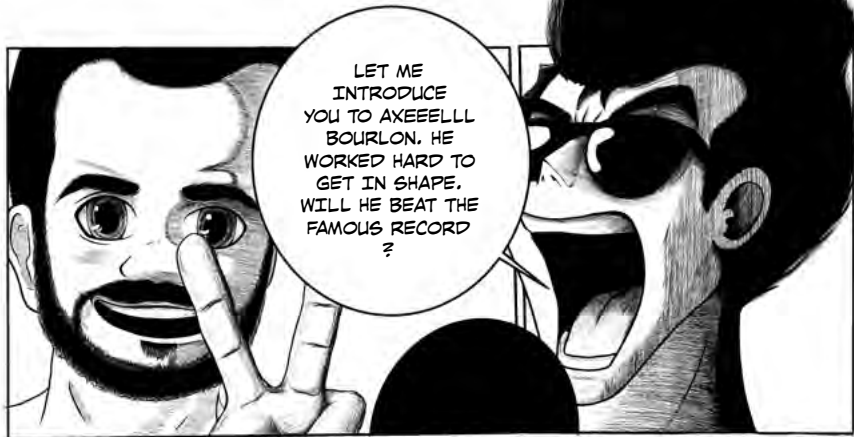
OK!

ARE  
WILLING  
TO DEVOTE  
YOURSELF  
FULLY?  
I WILL MAKE  
A CHAMPION  
OUT OF YOU.

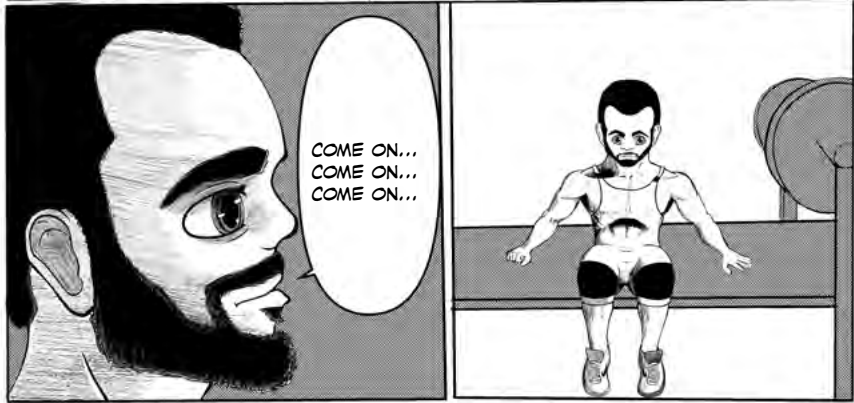


GREAT!





LET ME INTRODUCE YOU TO AXEEELLL BOURLON. HE WORKED HARD TO GET IN SHAPE. WILL HE BEAT THE FAMOUS RECORD ?



COME ON... COME ON... COME ON...



YES, I AM!

WILL HE MAKE HISTORY?  
AXEL BOURLON ARE YOU READY?



HERE WE GO!

Para powerlifting World Championship. Tokyo, 2019.

# BOPHA - KONG

by Kyllian N'go Bikque

with the kind collaboration of  
Bopha Kong



AND WE'VE  
GOT OUR  
GREAT  
WINNER,  
AXELLLLLL  
BOURLONNN  
!!!

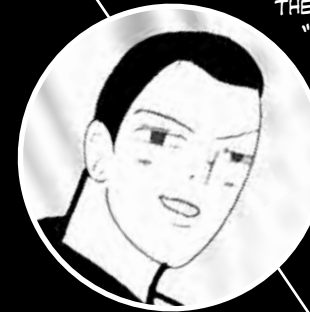
IT WAS LONG AND  
DEMANDING, BUT I  
MADE MY DREAM COME  
TRUE: BEING NUMBER  
ONE IN A SPORT.  
I WANT TO THANK THE  
PEOPLE WHO MADE  
THIS ACCOMPLISHMENT  
POSSIBLE.  
THANK YOU, AND ABOVE  
ALL, DO NOT GIVE  
UP ON YOUR GOALS!

# PARA TAEKWONDO

## ATHLETE: BOPHA KONG

BOPHA KONG'S PASSION FOR MARTIAL ARTS EMERGED THANKS TO ACTOR SUCH AS JACKIE CHAN OR BRUCE LEE. AS A TEENAGER, HE STARTED ENGLISH BOXING BUT HE LOST HIS UPPER LIMBS IN A BOMBING. SINCE THEN, BOPHA LONG HAS DEDICATED HIMSELF TO PARA TAEKWONDO, BECOMING A REFERENCE AS A FOUR-TIME-WORLD-CHAMPIONSHIP-WINNER AND THREE-TIME-EUROPEAN-CHAMPION.

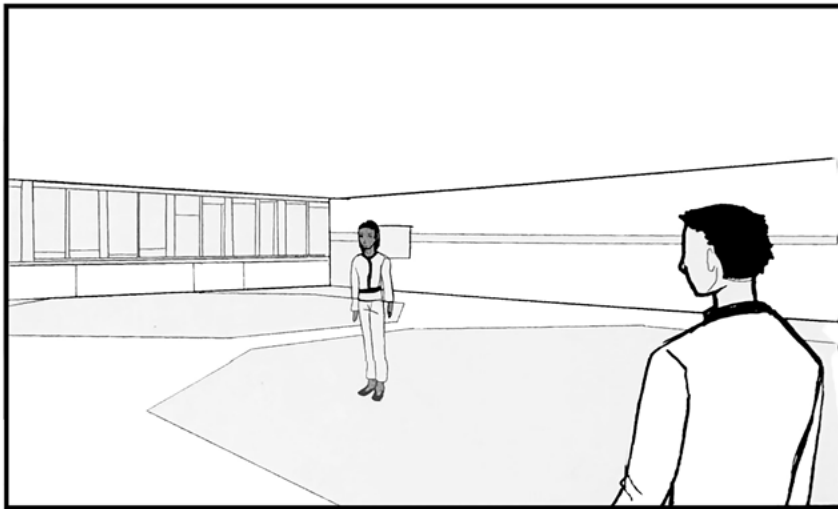
HE PROMOTES PARA TAEKWONDO FOR ALL THE GOOD THINGS HE GOT FROM IT "TAEKWONDO BROUGHT ME VALUES LIKE RESPECT, SELF-CONFIDENCE, AND EXCEEDING MY LIMITS."



"  
**DETERMINATION  
DISTINGUISHES  
THOSE WHO  
SUCCEED  
FROM THOSE  
WHO GIVE  
UP**  
"

## MANGAKA: KYLILIAN N'GO BIKQUE

N'GO BIKQUE KYLILIAN IS A THIRD-YEAR STUDENT IN MANGA DRAWING AT BONJOUR-FRANCE-JAPON SCHOOL, ESTABLISHED IN SAINT-QUENTIN YVELINES, FRANCE. SINCE SECONDARY SCHOOL, IN 7TH GRADE, HE HAS WANTED TO BECOME A MANGAKA AND TO, ONE DAY, PUBLISH HIS OWN MANGA...







HOLD YOUR GUARD.



OH NO.



SI-JAHK.\*

\* In taekwondo, "Si-Jahk" means "Begin".



NO WAY, I LOST AGAIN.



YOU CAN'T EVER GIVE UP.



GET BACK UP, BOPHA.



GREAT, BUT ...





DON'T MAKE THE  
SAME MISTAKE  
AGAIN.

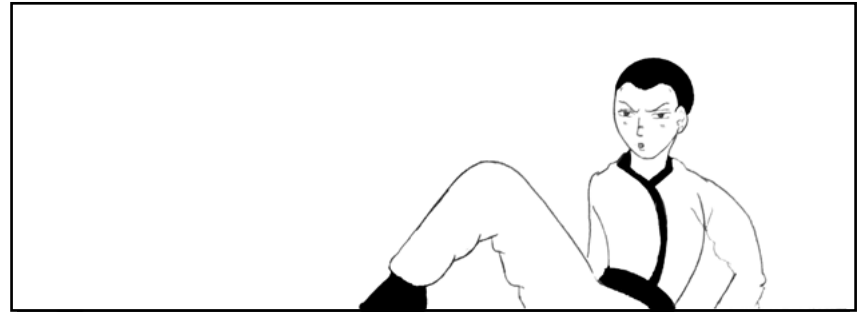


YES, MASTER.



TCHA  
LYEUT.\*

\* In taekwondo, "Tcha Lyeut" means  
"On your guard".



COME ON BOPHA.





FR  
I  
D  
Y  
O  
U  
R  
S  
I  
F



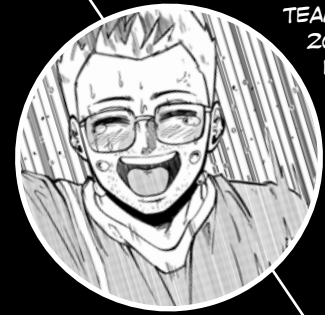
by Kurotsya  
with the kind collaboration of  
Thomas Bouvais



# PARA TABLE TENNIS

## ATHLETE: THOMAS BOLVAIS

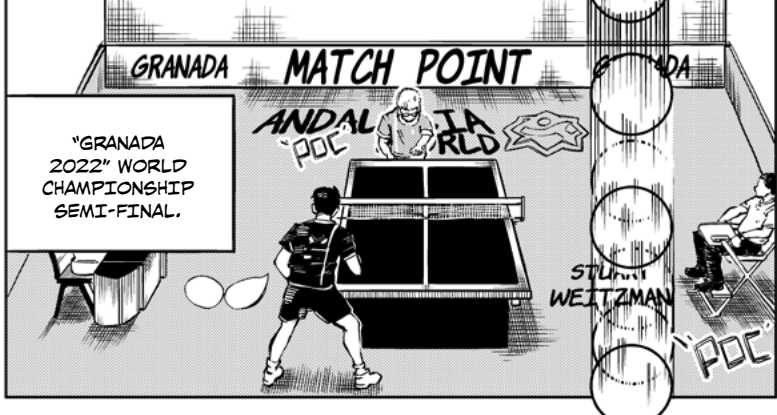
THOMAS BOLVAIS, FRENCH PARA TABLE TENNIS PLAYER, IS A VERSATILE ATHLETE WHO HAS EXPLORED DIFFERENT FIELDS BEFORE FOCUSING ON HIS PASSION AT THE AGE OF 10. SINCE 2010, HE HAS EXCELLED INTERNATIONALLY, NAMELY BY WINNING A SILVER MEDAL IN MEN'S CLASS 8 SINGLE, AND A BRONZE MEDAL IN MEN'S CLASS 8 DOUBLE, DURING THE 2022 GRENADE WORLD CHAMPIONSHIP. HE ALSO WON A BRONZE MEDAL IN A TEAM COMPETITION, DURING THE 2021 TOKYO PARALYMPIC GAMES. HIS RESILIENCE AND SUCCESS MAKE OF HIM AN INSPIRING FIGURE IN PARA SPORT.



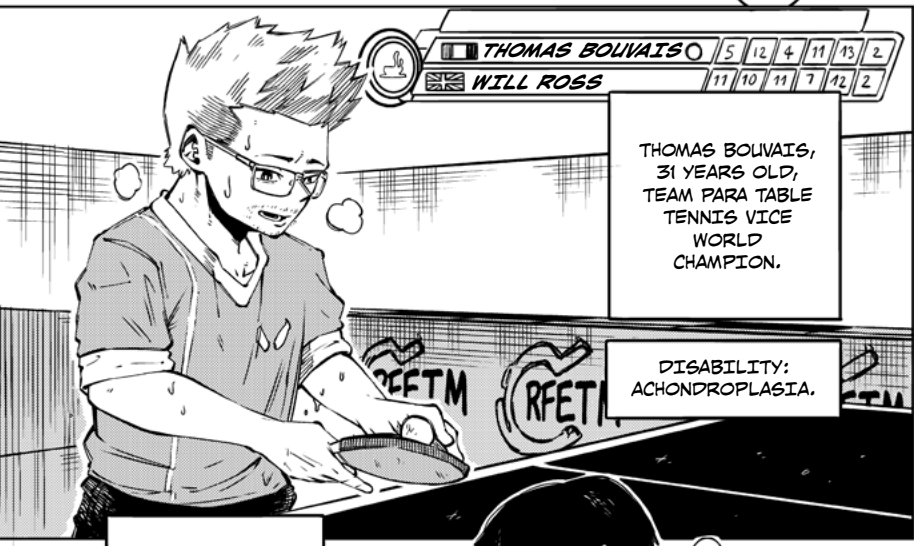
“  
**IT'S THROUGH FAILURE THAT WE LEARN THE MOST**  
 ”

## MANGAKA: KUROTSYA

AGED 25, JEREMIE AYEMOLI, AKA KUROTSYA HAS BEEN READING AND DRAWING EVER SINCE HE WAS A CHILD. A AAA - MANGA SCHOOL GRADUATE, HE BECAME A SELF ENTREPRENEUR AND COORDINATES MANGA INITIATION WORKSHOPS, WHILE PREPARING HIS PUBLICATION FILES.



"GRANADA 2022" WORLD CHAMPIONSHIP SEMI-FINAL.



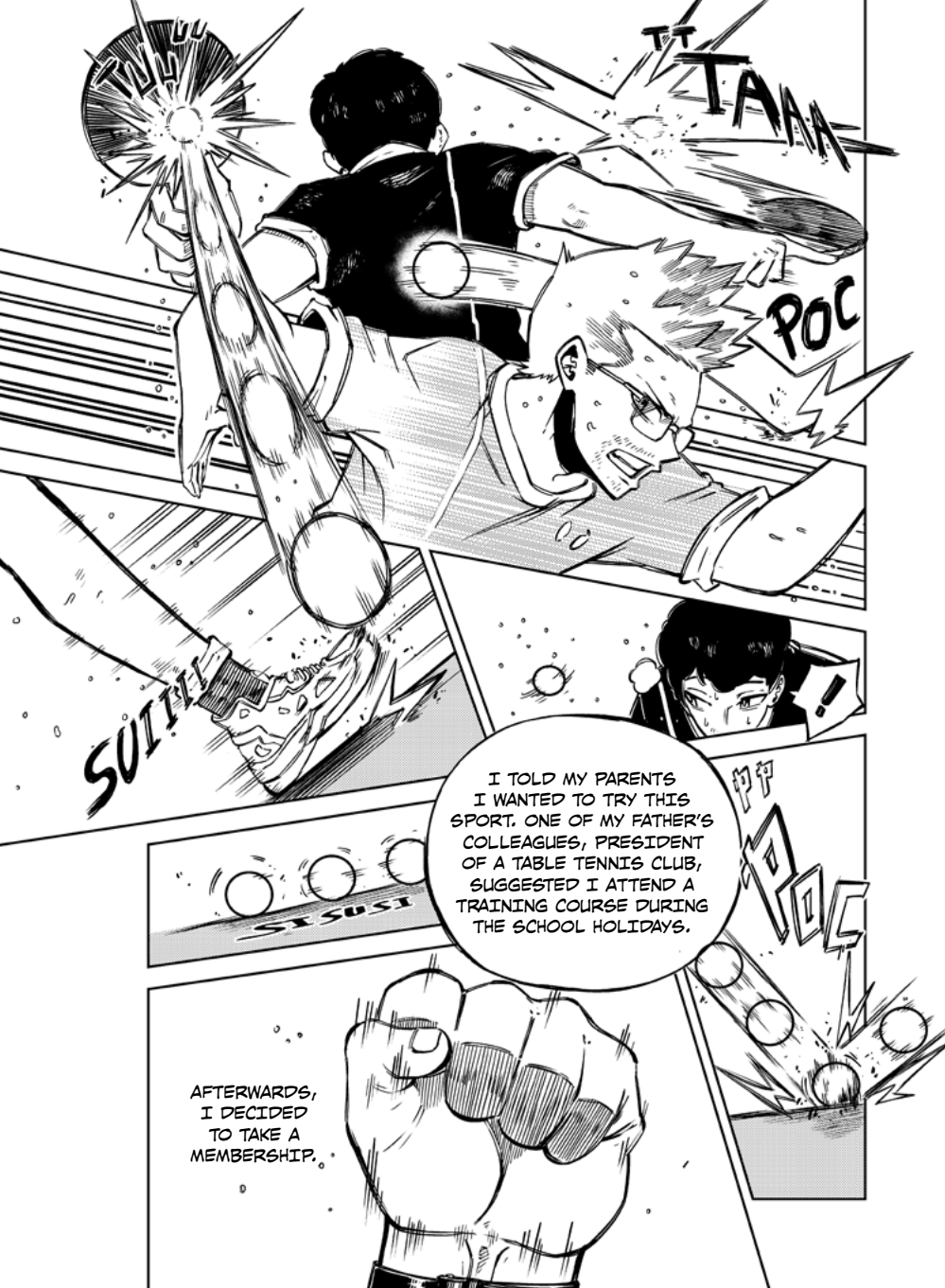
THOMAS BOLVAIS, 31 YEARS OLD, TEAM PARA TABLE TENNIS VICE WORLD CHAMPION.

DISABILITY: ACHONDROPLASIA.



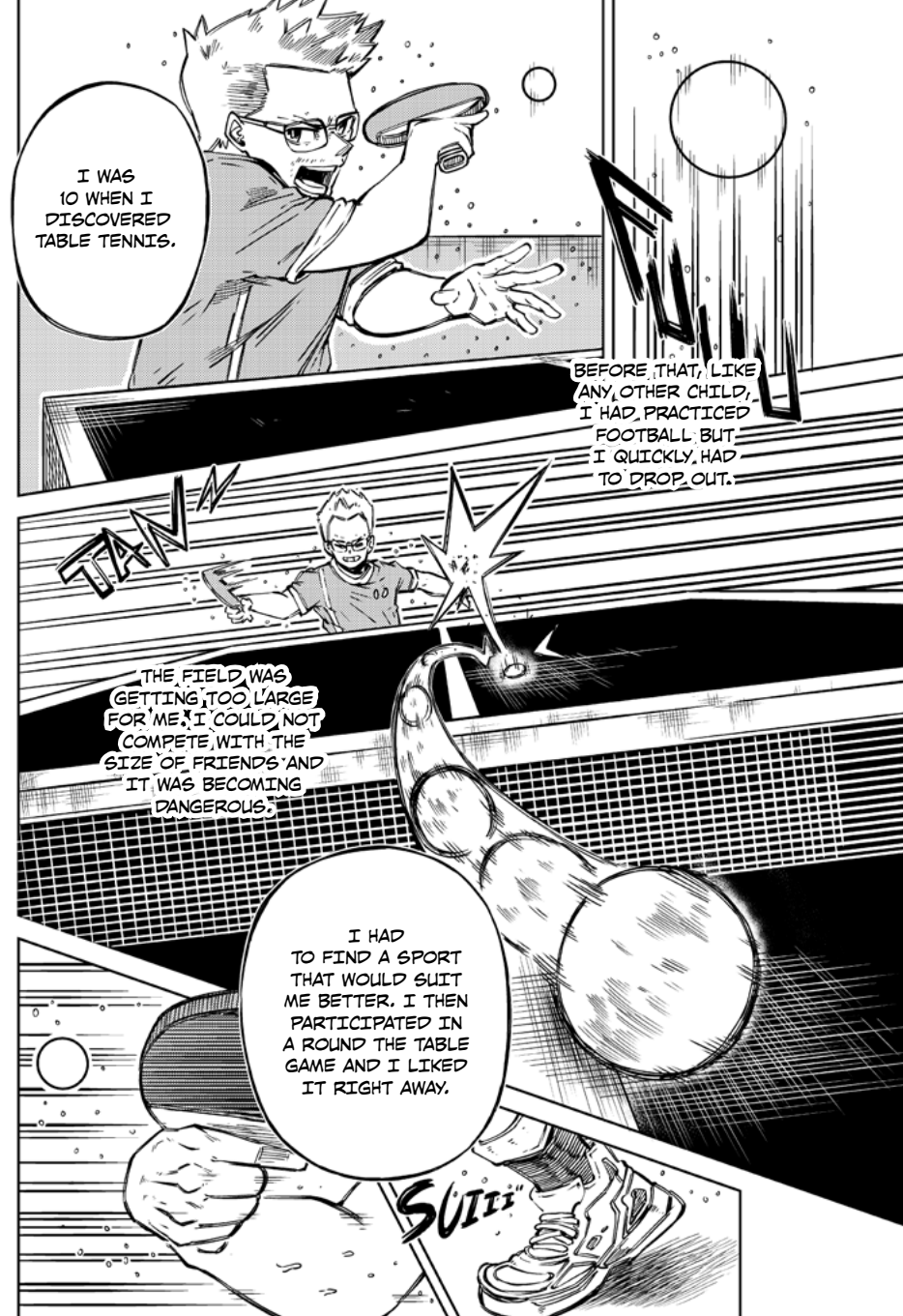
WILL ROSS, 26 YEARS OLD, RANKING NUMBER 2 IN WORLD PARA TABLE TENNIS.

DISABILITY: EPIPHYSEAL DYSPLASIA.



I TOLD MY PARENTS I WANTED TO TRY THIS SPORT. ONE OF MY FATHER'S COLLEAGUES, PRESIDENT OF A TABLE TENNIS CLUB, SUGGESTED I ATTEND A TRAINING COURSE DURING THE SCHOOL HOLIDAYS.

AFTERWARDS, I DECIDED TO TAKE A MEMBERSHIP.



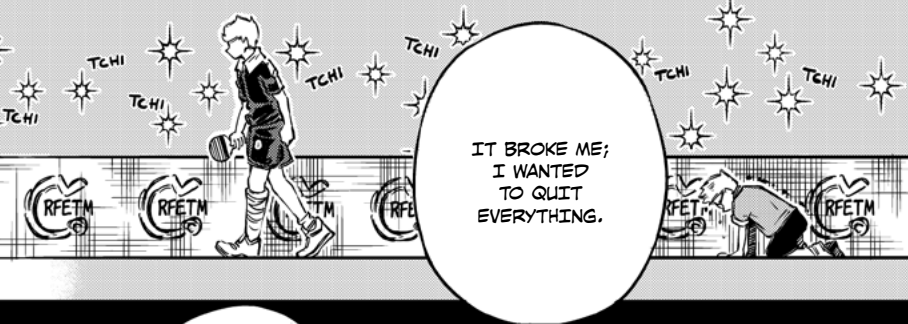
I WAS 10 WHEN I DISCOVERED TABLE TENNIS.

BEFORE THAT, LIKE ANY OTHER CHILD, I HAD PRACTICED FOOTBALL BUT I QUICKLY HAD TO DROP OUT.

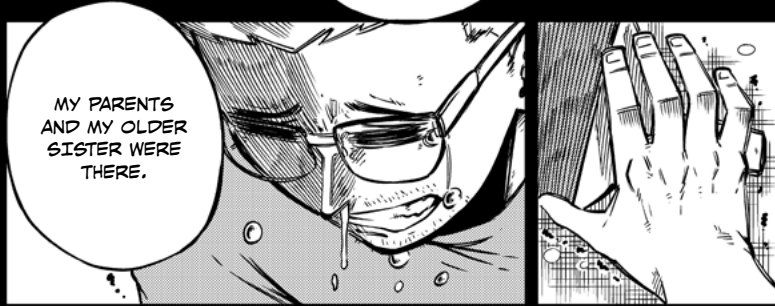
THE FIELD WAS GETTING TOO LARGE FOR ME. I COULD NOT COMPETE WITH THE SIZE OF FRIENDS AND IT WAS BECOMING DANGEROUS.

I HAD TO FIND A SPORT THAT WOULD SUIT ME BETTER. I THEN PARTICIPATED IN A ROUND THE TABLE GAME AND I LIKED IT RIGHT AWAY.

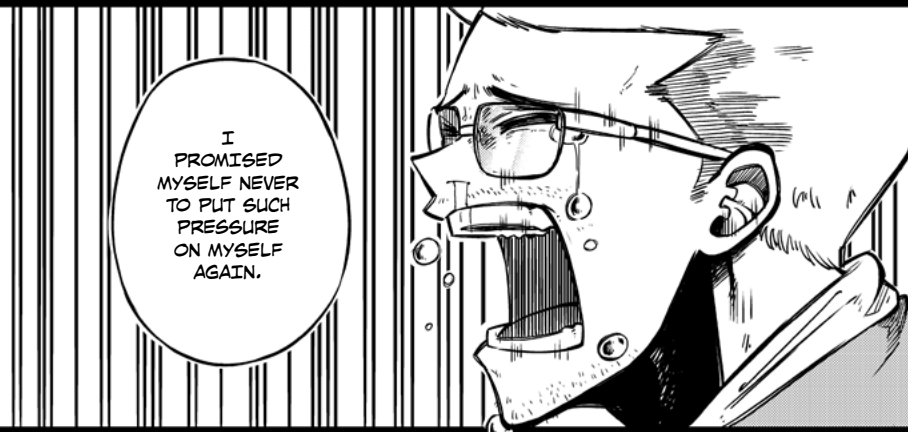




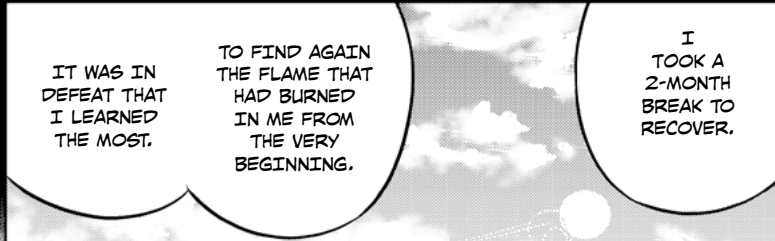
IT BROKE ME;  
I WANTED  
TO QUIT  
EVERYTHING.



MY PARENTS  
AND MY OLDER  
SISTER WERE  
THERE.



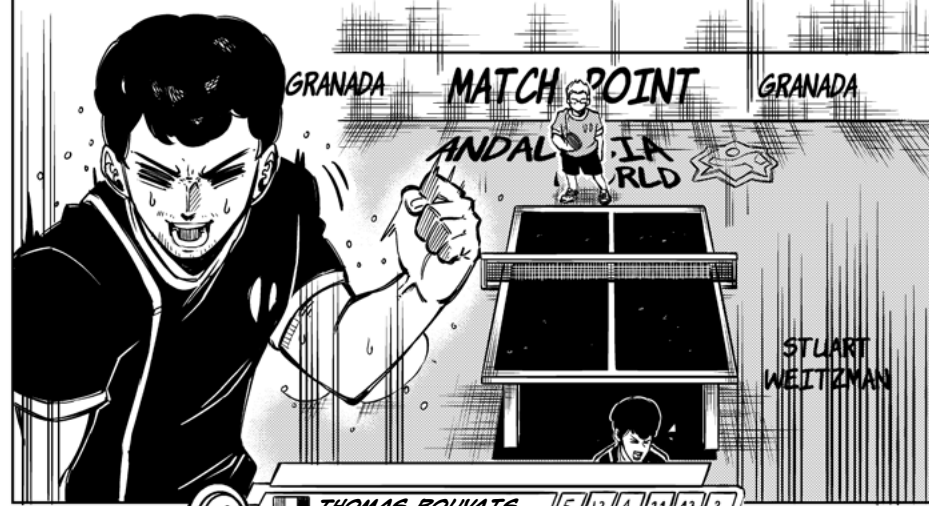
I  
PROMISED  
MYSELF NEVER  
TO PUT SUCH  
PRESSURE  
ON MYSELF  
AGAIN.



IT WAS IN  
DEFEAT THAT  
I LEARNED  
THE MOST.

TO FIND AGAIN  
THE FLAME THAT  
HAD BURNED  
IN ME FROM  
THE VERY  
BEGINNING.

I  
TOOK A  
2-MONTH  
BREAK TO  
RECOVER.



GRANADA

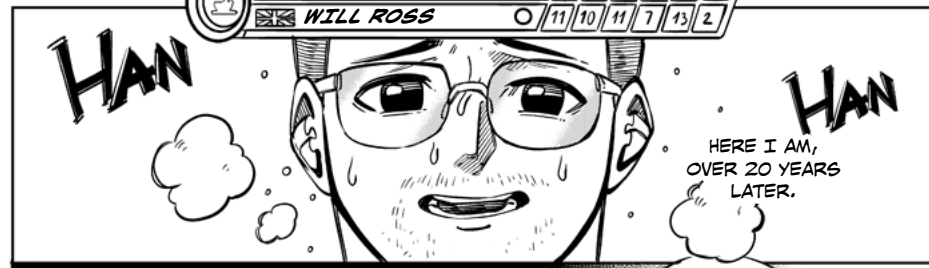
MATCH POINT

GRANADA

ANDALUJA RLD

STUART  
WEITZMAN

	THOMAS BOUVAIS	5	12	4	11	13	2	
	WILL ROSS	0	11	10	11	7	13	2



HAN

HAN

HERE I AM,  
OVER 20 YEARS  
LATER.

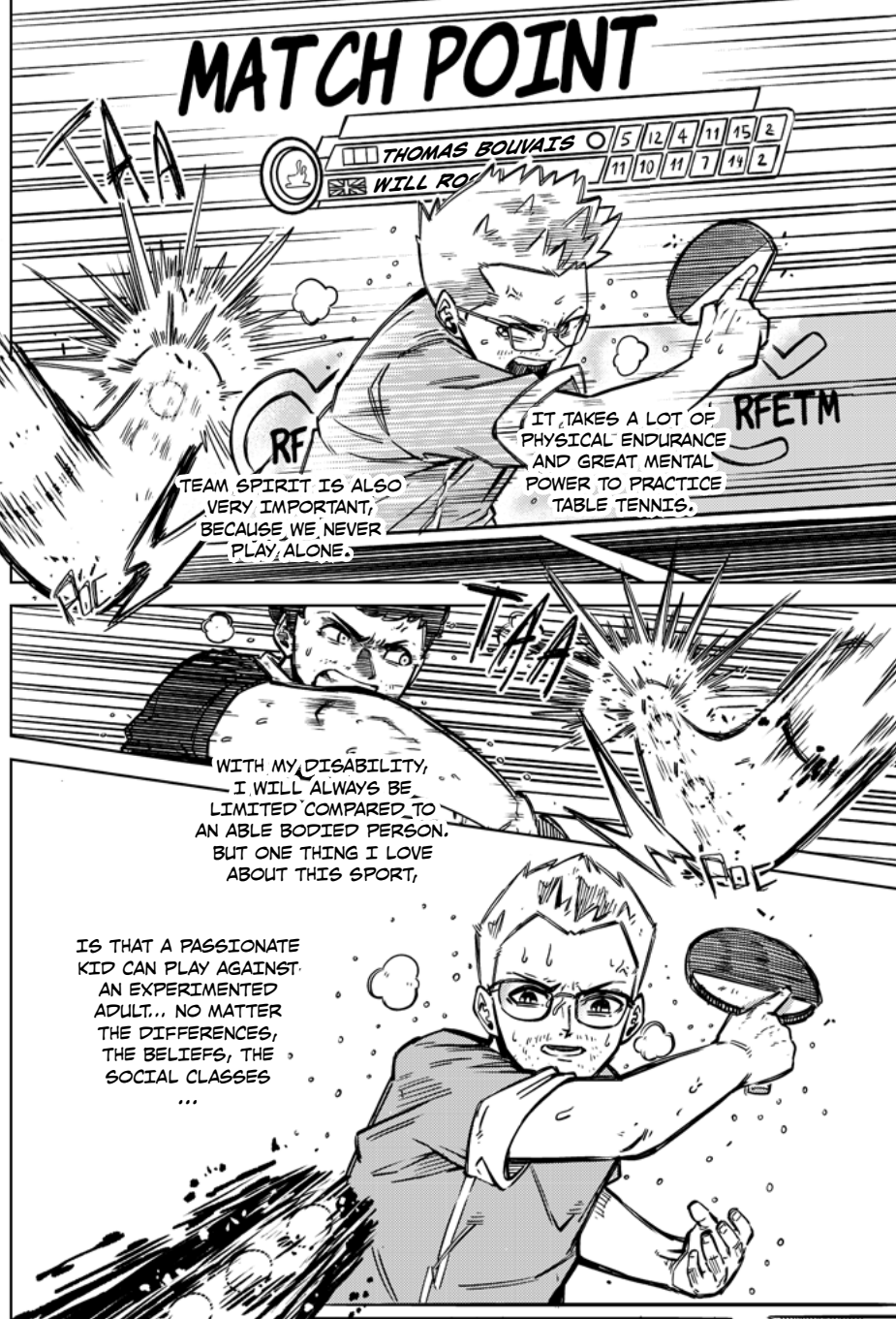
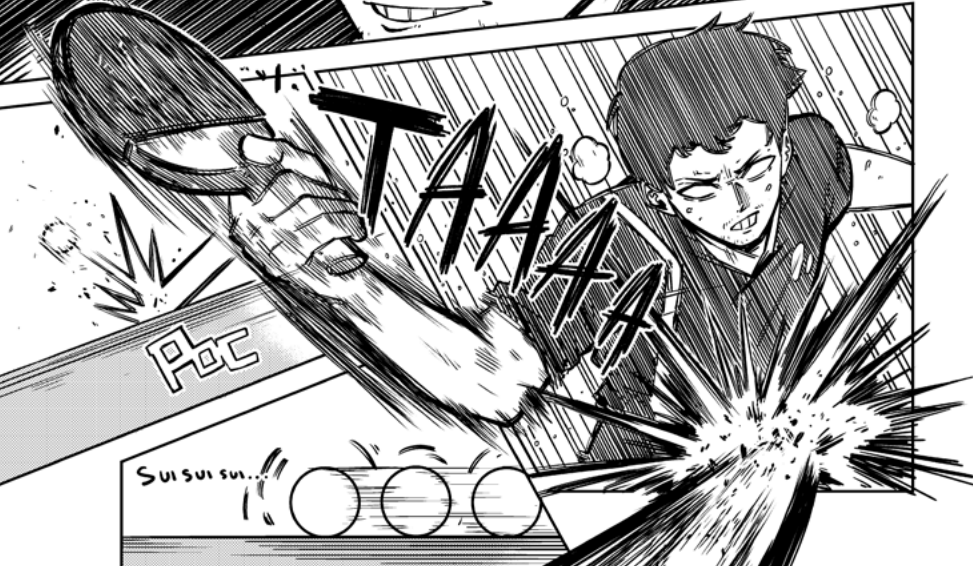
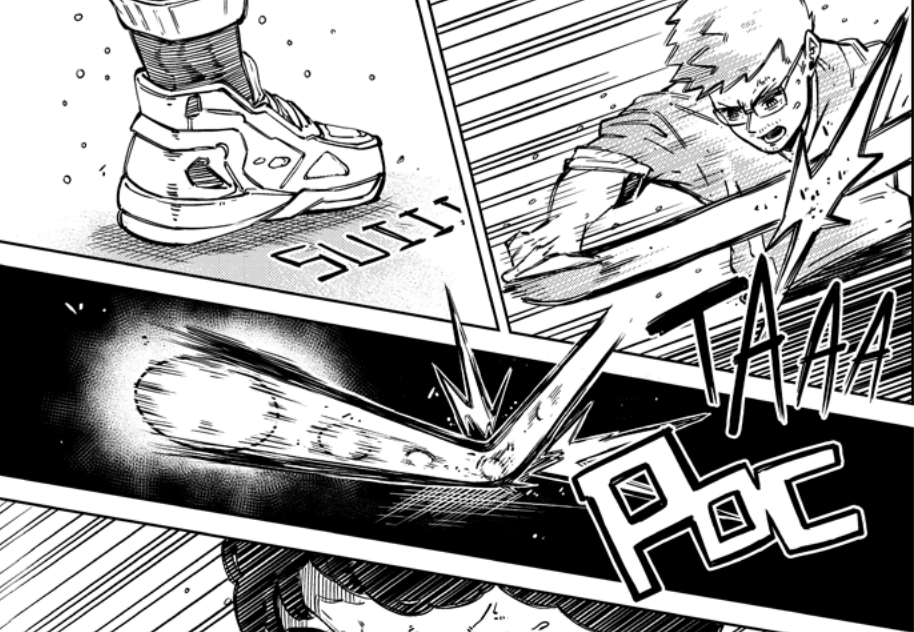


I LOST IN 8TH  
FINAL, 3-1...  
AND I MADE MY  
TEAM LOSE.

BUT  
I COULDN'T  
HANDLE THE  
STRESS. THE  
PRESSURE  
WRECKED ME.

FOR TWO  
YEARS,  
EVERYONE HAD  
BEEN COUNTING  
ON ME.

AT  
THE RIO 2016  
PARALYMPIC  
GAMES,  
I WAS RANKED  
THIRD IN  
THE WORLD.



# MATCH POINT

THOMAS BOLLIVATS	5	12	4	11	15	2
WILL RO...	11	10	11	7	19	2

TEAM SPIRIT IS ALSO VERY IMPORTANT, BECAUSE WE NEVER PLAY, ALONE.

IT TAKES A LOT OF PHYSICAL ENDURANCE AND GREAT MENTAL POWER TO PRACTICE TABLE TENNIS.

WITH MY DISABILITY, I WILL ALWAYS BE LIMITED COMPARED TO AN ABLE BODIED PERSON. BUT ONE THING I LOVE ABOUT THIS SPORT,

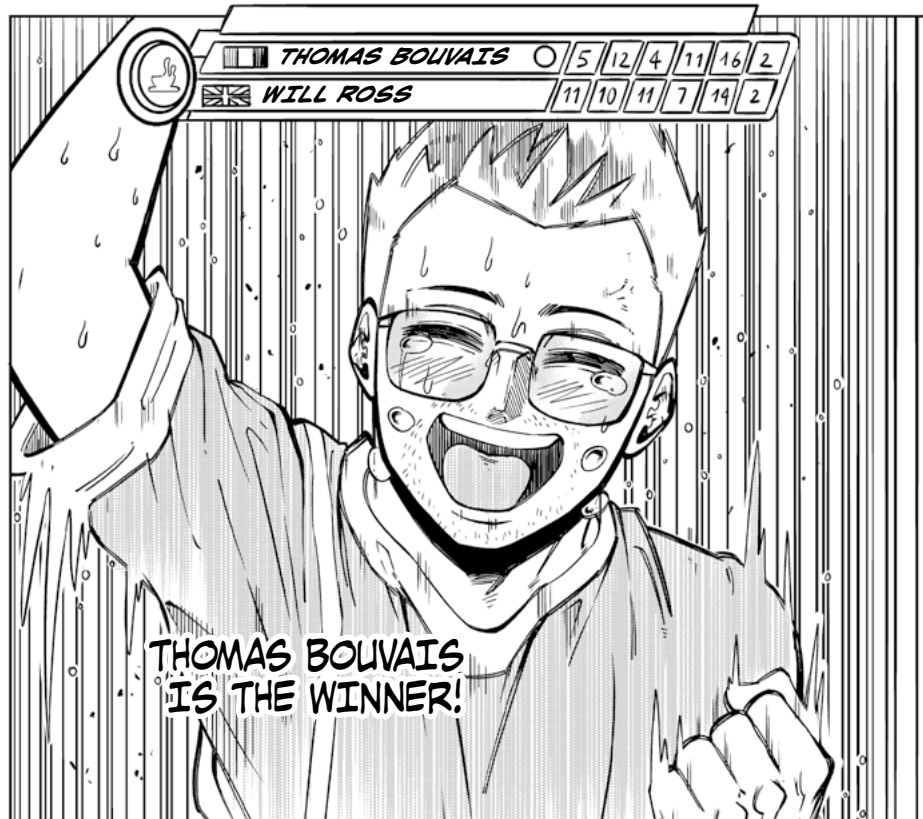
IS THAT A PASSIONATE KID CAN PLAY AGAINST AN EXPERIMENTED ADULT... NO MATTER THE DIFFERENCES, THE BELIEFS, THE SOCIAL CLASSES



# the10

by Ina Sofronieva

with the kind collaboration of  
Julie Rigault-Chupin

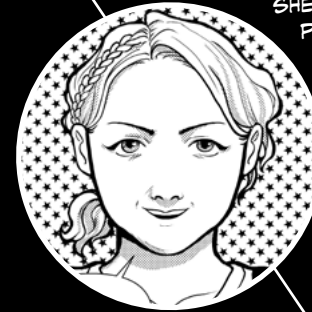




## PARA ARCHERY

### ATHLETE JULIE RIGALT-CHUPIN

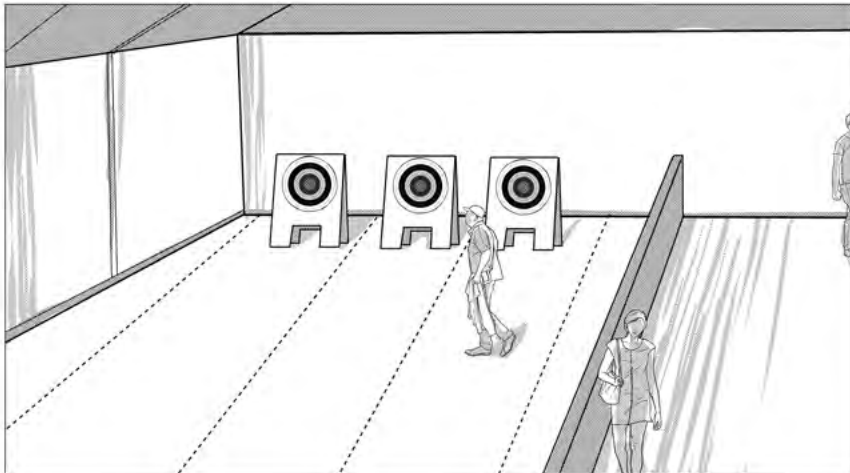
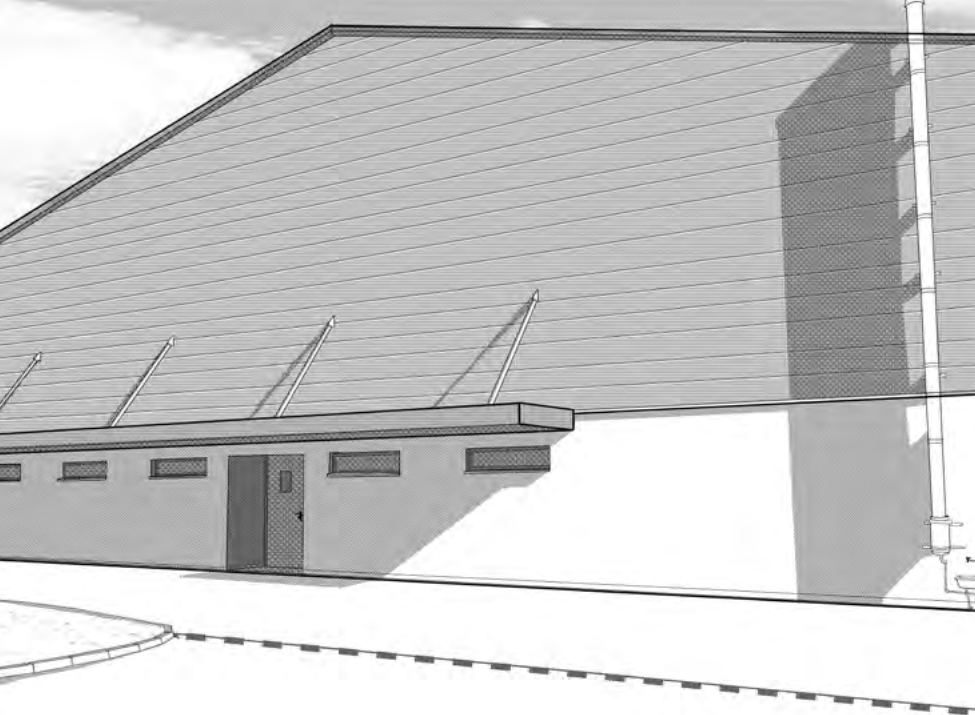
AFTER HAVING HER LEFT LEG AMPUTATED BECAUSE OF A MOTORCYCLE ACCIDENT, JULIE RIGALT-CHUPIN TRIED COMPOUND PARA ARCHERY TO COMPLETE HER REHABILITATION. SHE MET THE COACH OF THE FRENCH NATIONAL TEAM AND HE ENCOURAGED HER TO START COMPETING. HER TENACITY PAID OFF : IN 2024, SHE BECAME A FRENCH CHAMPION BY SETTING A NEW RECORD. RANKING 5TH AT THE TOKYO GAMES, SHE IS OBVIOUSLY PREPARING FOR THE PARIS PARALYMPIC GAMES. DESPITE HER DISABILITY, SHE ADMITS BEING VERY HAPPY : "YOU MUST LIVE LIFE TO THE FULLEST."

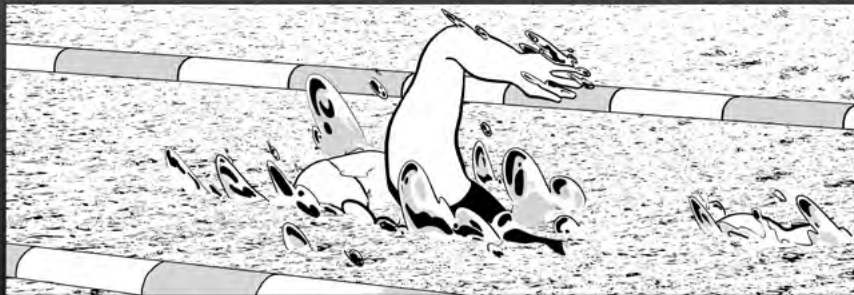
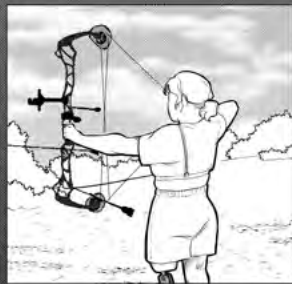
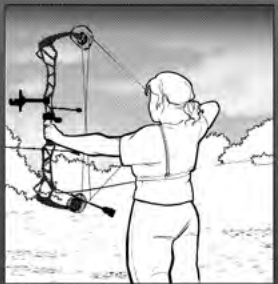


"  
**AGAIN  
AND AGAIN**  
"

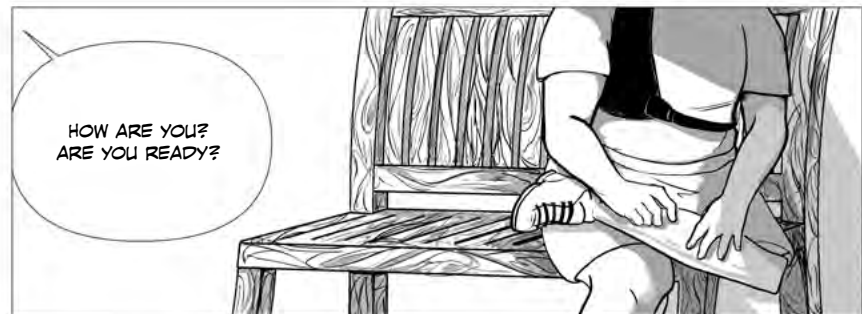
### MANGAKA: INA SOFRONIEVA

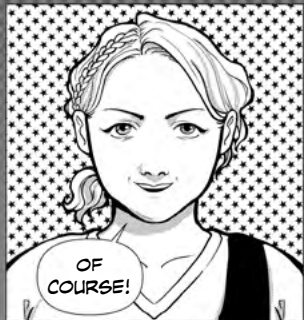
INA SOFRONIEVA LISTENED TO THE SAME SONG OVER AND OVER AGAIN, FOR HOURS, WHEN ILLUSTRATING THIS STORY. SHE WONDERS IF YOU CAN TELL...



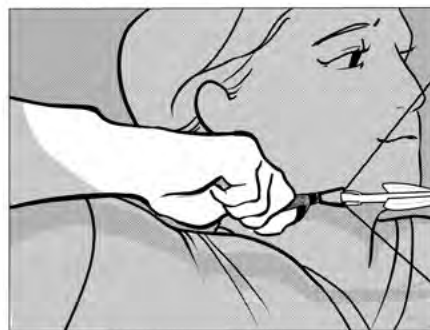
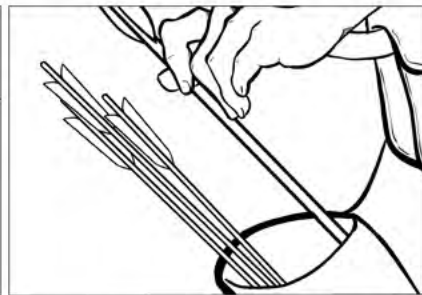
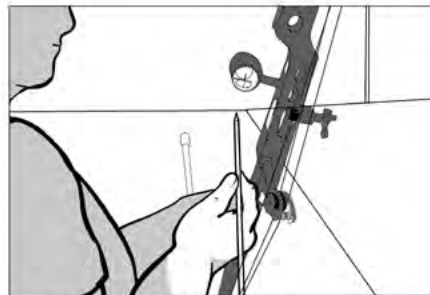
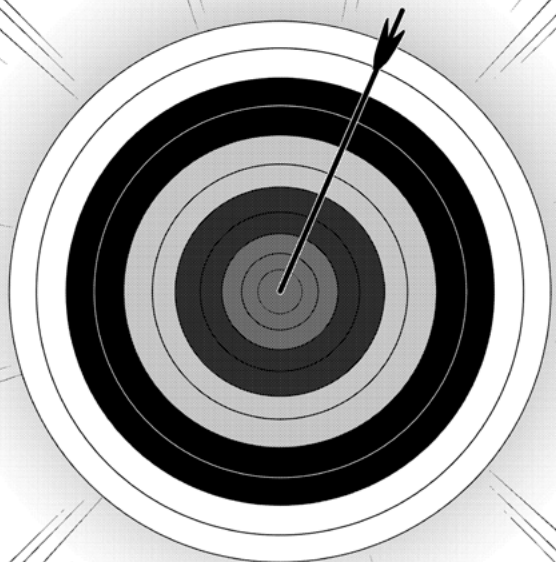


SCORE			
CAT 1	CAT 2	WT	
1. 100/100	1. 100/100	1. 100/100	1. 100/100
2. 100/100	2. 100/100	2. 100/100	2. 100/100
3. 100/100	3. 100/100	3. 100/100	3. 100/100
4. 100/100	4. 100/100	4. 100/100	4. 100/100

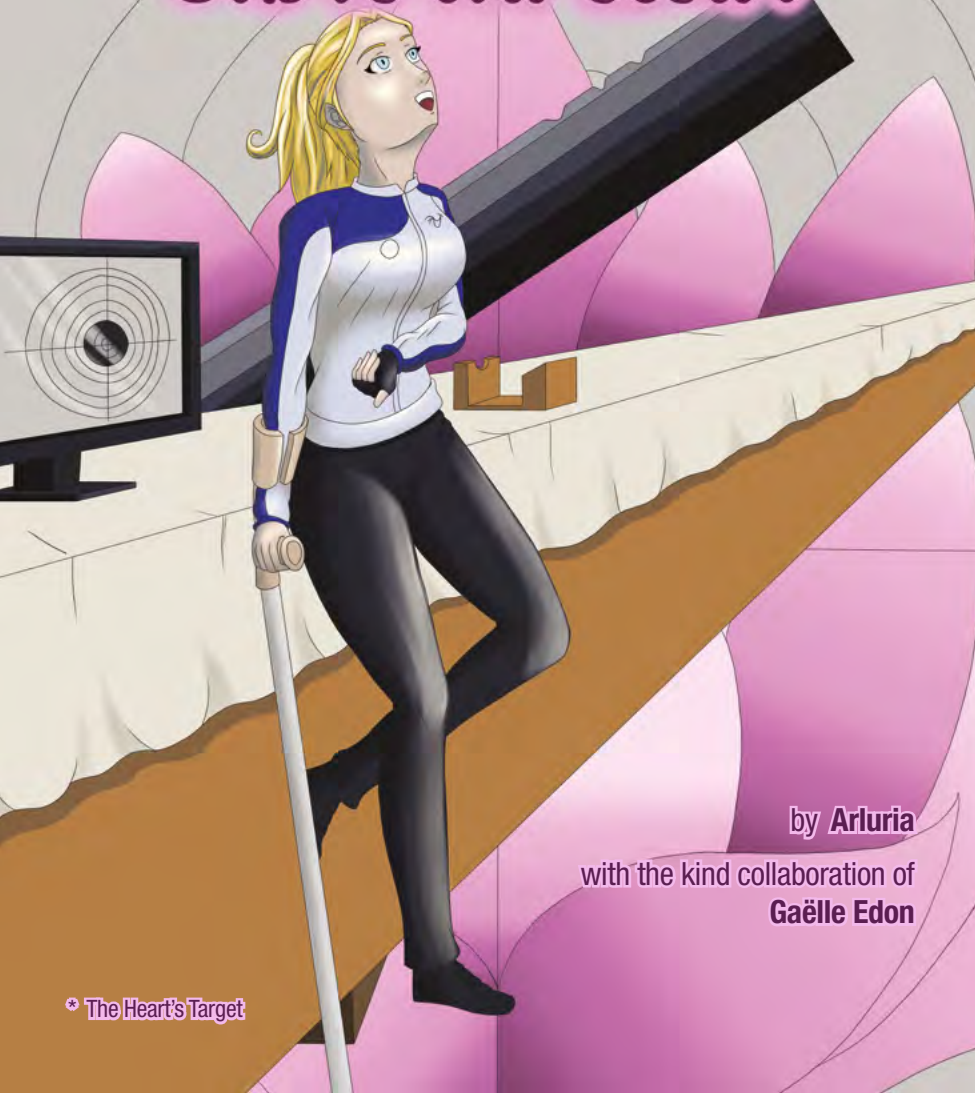








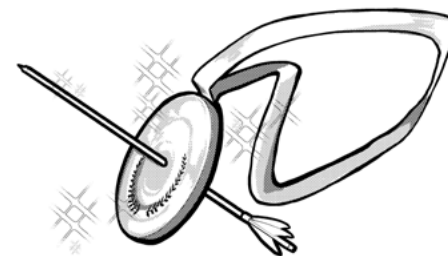
# Cible du cœur\*



by **Arluria**

with the kind collaboration of  
**Gaëlle Edon**

\* The Heart's Target

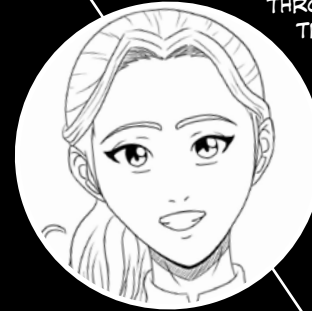




## SHOOTING PARA SPORT

### ATHLETE: GAËLLE EDON

GAËLLE EDON WENT THROUGH A MOUNTAIN ACCIDENT, LEAVING HER HEMIPLEGIC. SHE FIRST TRIED PARA ROWING, BUT IT TURNED OUT BEING INADEQUATE FOR HER DISABILITY. SHE ALSO APPLIED FOR A PATENT WITH HER ASSOCIATION "PELLE TENACE" (2016 INNOVATION AWARD), THEN SHE GAVE SHOOTING PARA SPORT A TRY: "COMPETING IS MY REVENGE, MY FIGHT AGAINST WHAT I SUFFERED IN LIFE... I LET MY COMPETITIVE SIDE SHINE THROUGH, AND I LOVE THIS SELF-TRANSCENDENCE THAT ENABLES ME TO OVERCOME OBSTACLES." THIS INSPIRING FIGURE IS A MULTIPLE TIME FRENCH CHAMPION, AND NOW THE VICE WORLD CHAMPION!

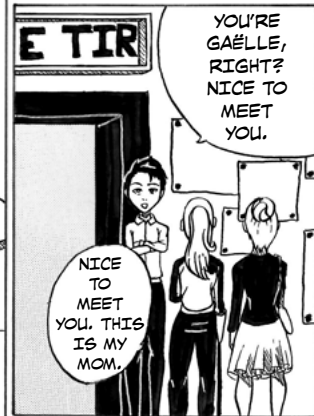
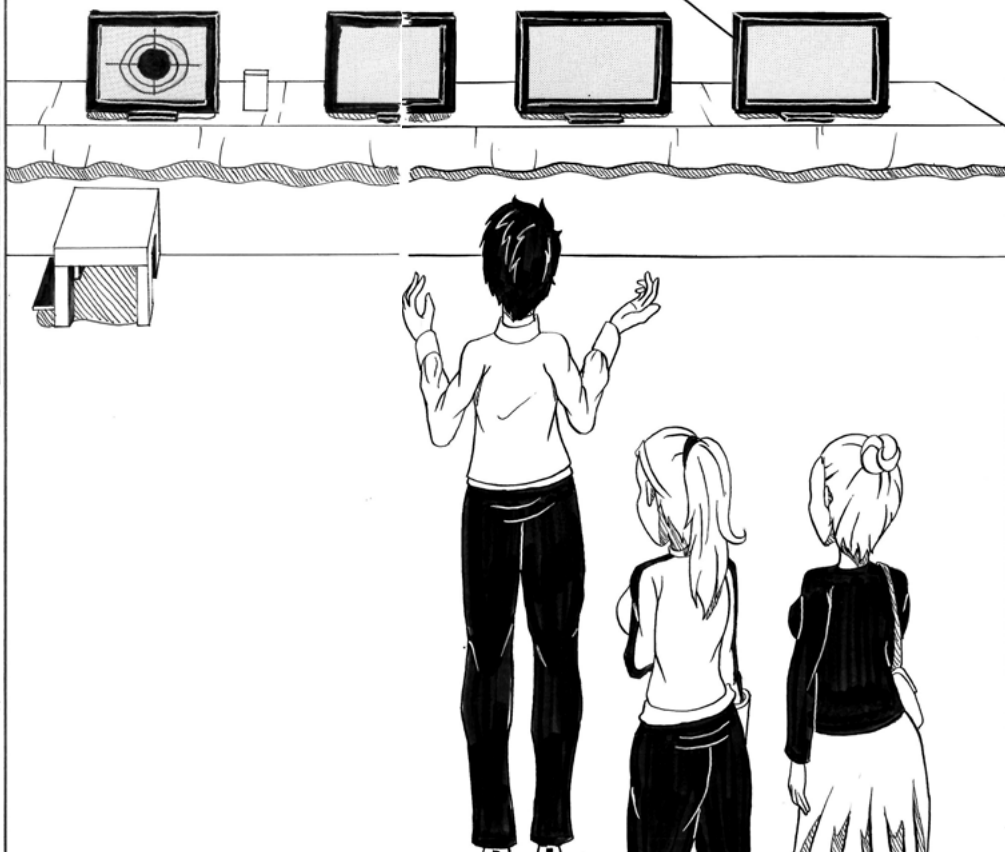
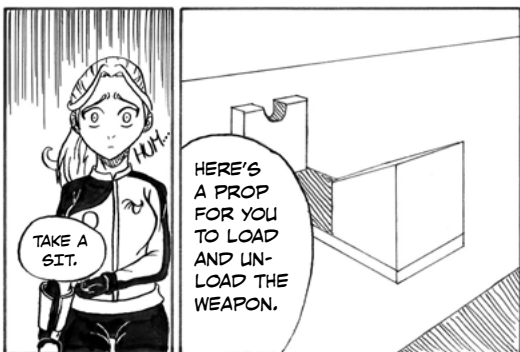
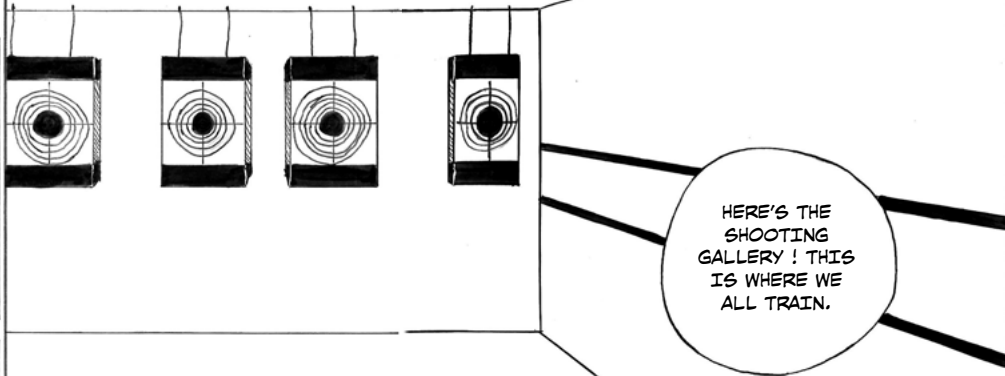


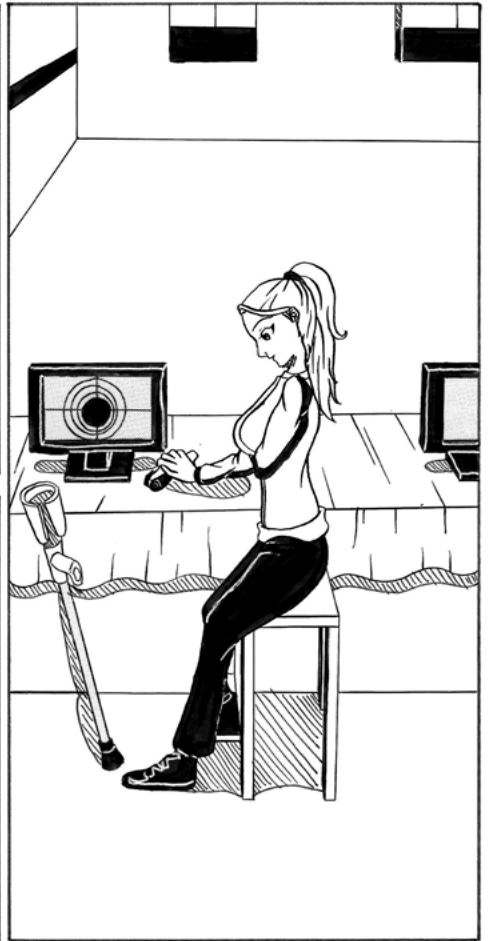
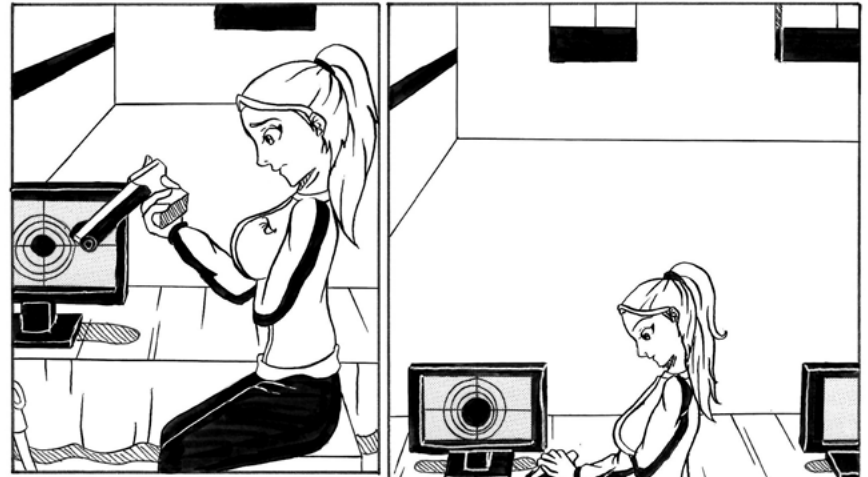
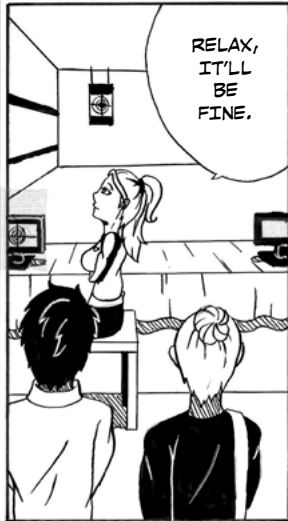
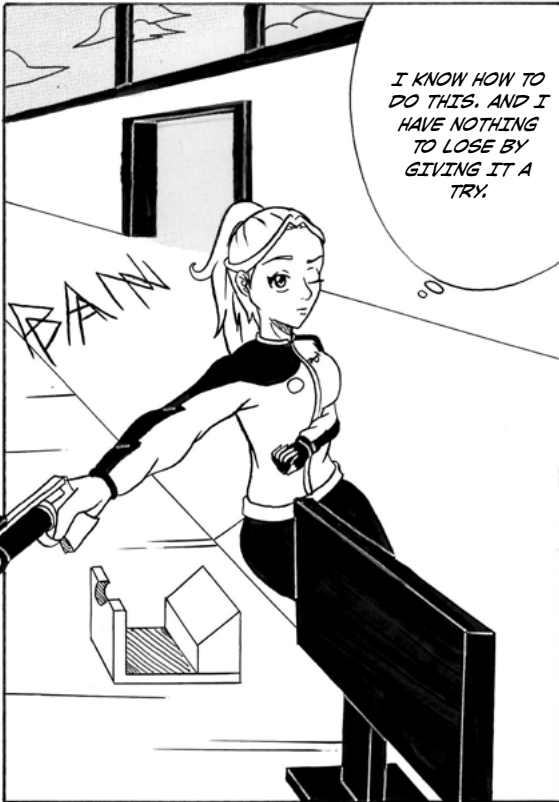
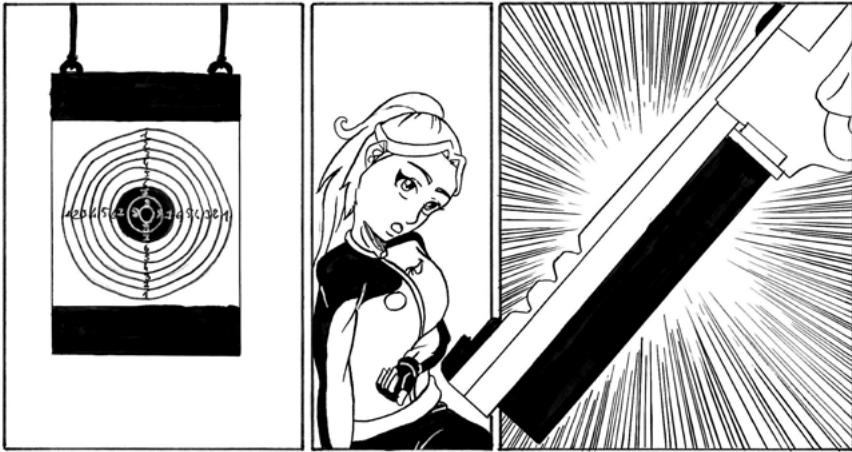
"  
**ALWAYS GO  
 FURTHER, ALWAYS  
 GO HIGHER**  
 "

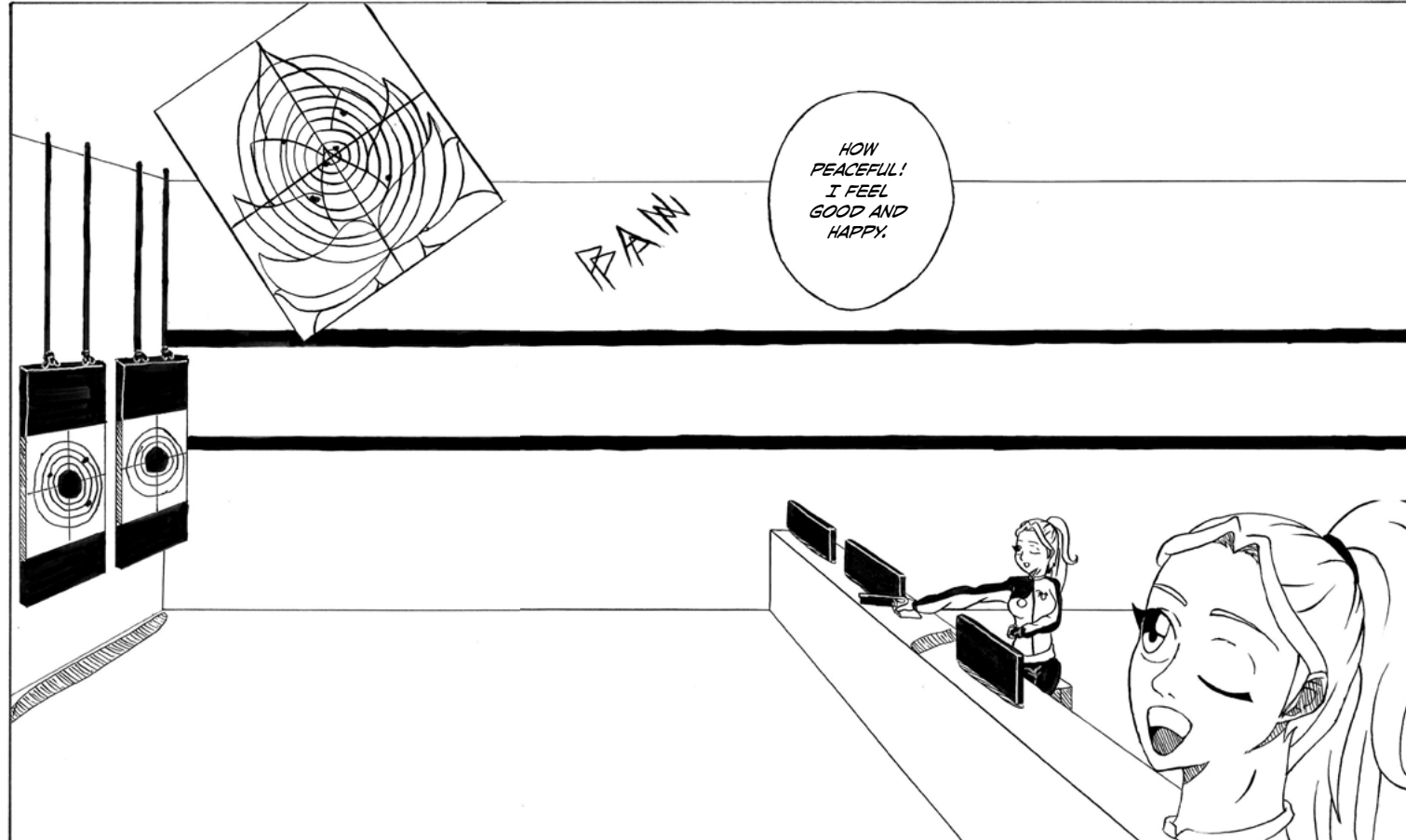
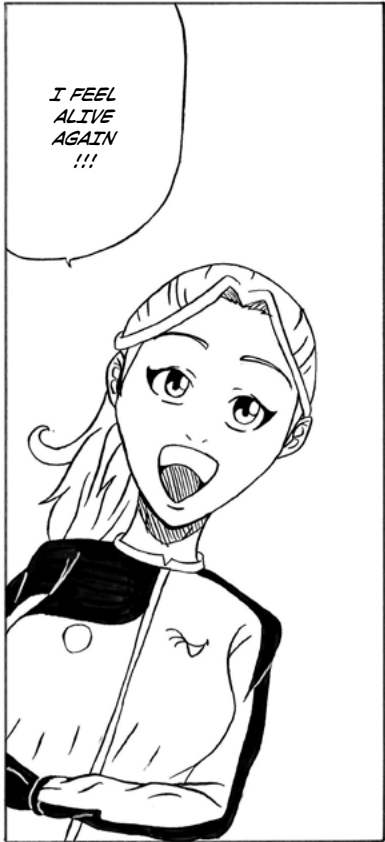
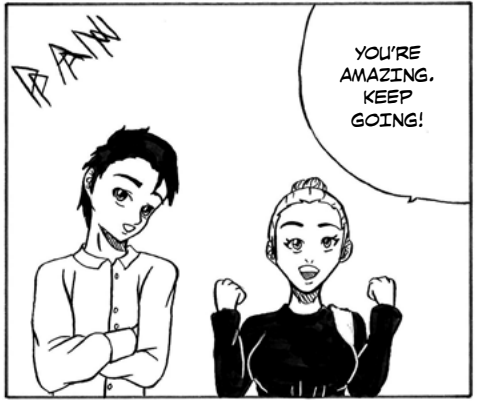
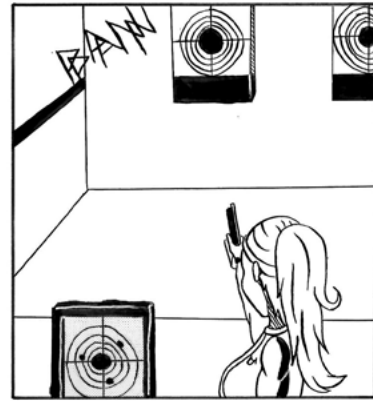
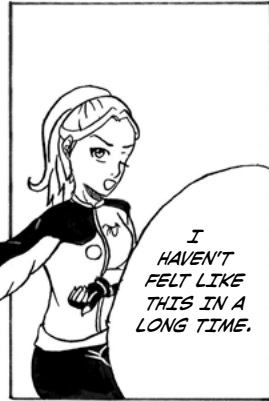
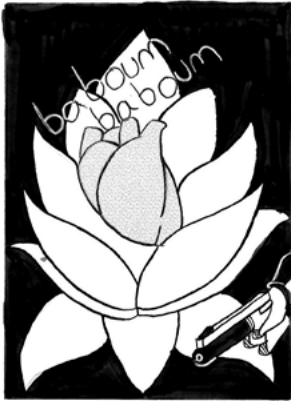
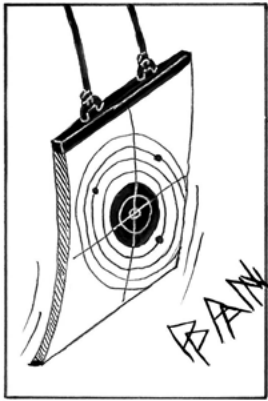
### MANGAKA: ARLURIA

ARLURIA IS A 27-YEAR-OLD MANGAKA. SHE DECIDED TO BECOME A MANGAKA TO SPREAD MESSAGES OF HOPE, JUST AS THE WORKS SHE GREW UP WITH DID FOR HER.











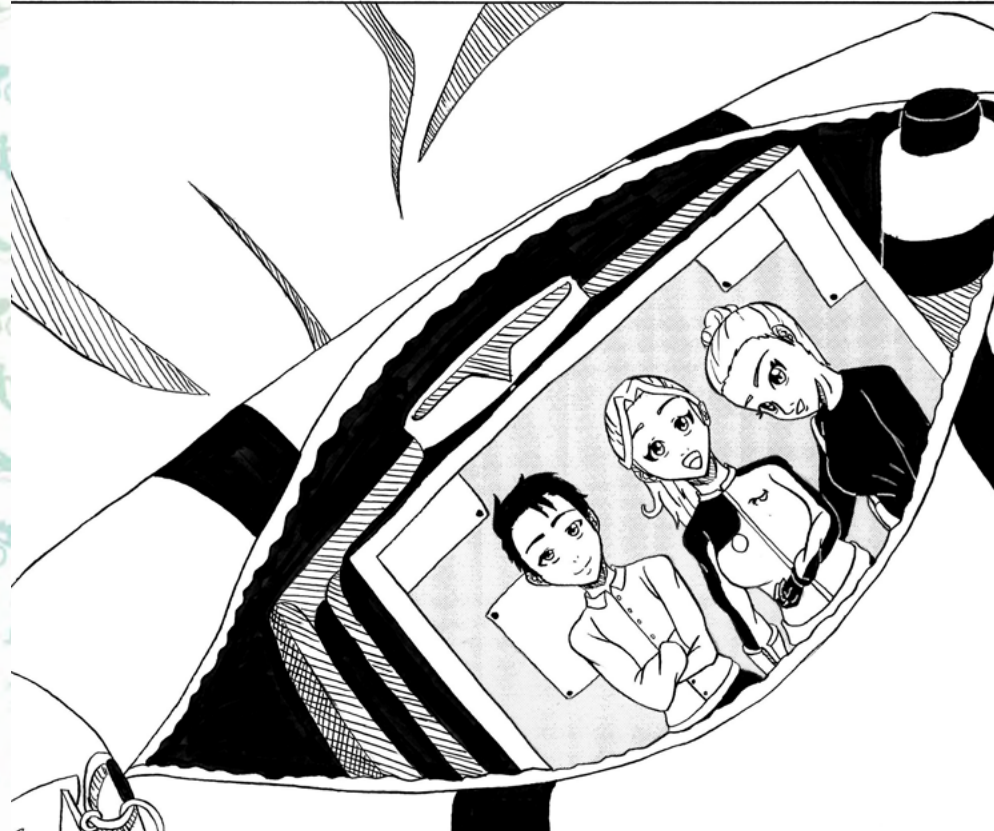
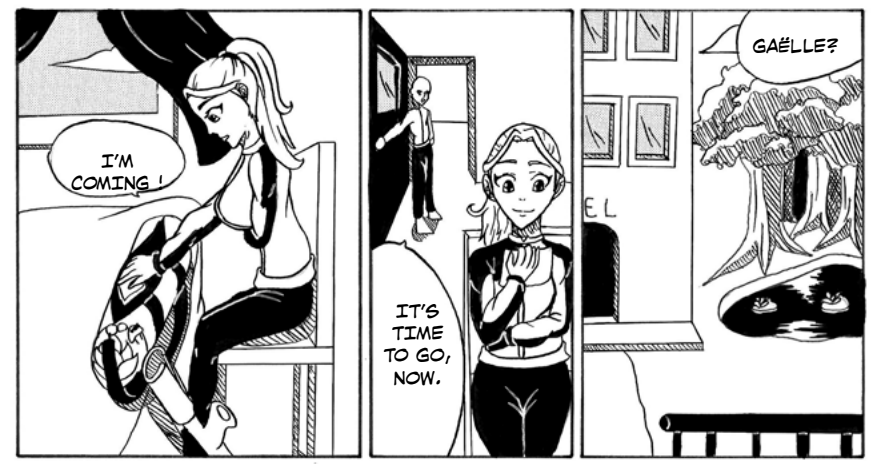
# LOIRE LORIQUEET



by **Gamezai**

with the kind collaboration of  
**Pierre-Antoine Baele**

\* Our Lorikeet

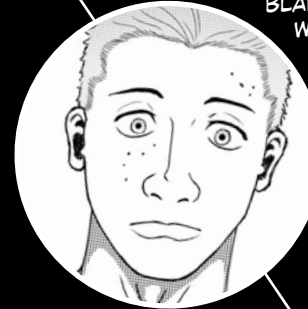


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I

# PARA TRIATHLON

## ATHLETE: PIERRE-ANTOINE BAELE

BORN WITH AGENESIS OF THE LEFT FOOT, PIERRE-ANTOINE BAELE STARTED PRACTICING JUDO, WHICH HELPED HIM CHANNEL HIS ANGER AND TEARS AND TO "FULLY ACCEPT HIMSELF." HE THEN TURNED TO PARA TRIATHLON. BECAME THE FRENCH CHAMPION IN 2019 AND THE VICE-WORLD CHAMPION IN 2023. "WHEN I WORE A BLADE, THE FEELING OF LIGHTNESS WAS INDESCRIBABLE, I FELT LIKE I WAS FLYING, AND IT'S A JOY THAT CHANGED MY LIFE." HE ALSO BECAME AN AMBASSADOR FOR THE "LAMES DE JOIE" ASSOCIATION TO ALSO HELP CHILDREN.



"  
**SUCCESS DOES NOT CARE ABOUT APPEARANCES**  
"

## MANGAKA: GAMEZAI

GAMEZAI IS 23 YEARS OLD AND HAS BEEN DRAWING FOR FIVE YEARS. HE HOPES YOU WILL ENJOY THIS STORY.

YOU CAN FIND HIM ON SOCIAL MEDIA.



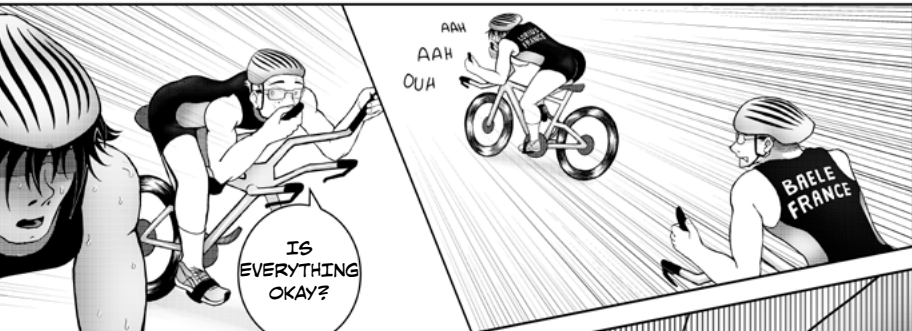
SO YOU'RE "LORIUS", THE NEW ONE.  
I'M PIERRE-ANTOINE. NICE TO MEET YOU.

HERE, EVERYONE KNOWS WHO YOU ARE, SO STOP YOUR PRE-TENSES.

EVEN THOUGH WE REPRESENT THE SAME COUNTRY, TODAY, I AM YOUR OPPONENT.

THE DISADVANTAGE: THE PROSTHESIS IS LESS CONVINIENT WHEN CYCLING AS IT'S NOT DESIGNED FOR IT, WHICH CAN SLOW THE ATHLETE DOWN.

THE ADVANTAGE: WHEN ARRIVING AT THE SECOND TRANSITION, THE ATHLETE DOESN'T NEED TO CHANGE PROSTHESES, SAVING TIME.



IS EVERYTHING OKAY?

AAH  
AAH  
OUA

NO, I GOT INJURED TRYING THE PROSTHESIS TECHNIQUE.

MAYBE I SHOULD HAVE STUCK WITH THE TRADITIONAL TRANSITIONS.

INSTEAD OF TRYING TO DO LIKE... LIKE...

LORIUS  
FRA



THE NEW GUY ISN'T HERE TO JOKE AROUND.

SWIMMING MUST BE HIS STRONGEST DISCIPLINE, UNLIKE ME.



LIKE ME, HE USES THE "RUNNING PROSTHESIS" STRATEGY.

WHERE DID HE GO?

TRANSITION  
↳  
FROM  
SWIMMING  
TO CYCLING.





YOU KNOW, I STARTED ...

BECAUSE OF A FORMER ATHLETE. HE STRONGLY INSPIRED ME AND MADE ME WANT TO GET INTO PARA SPORTS AND ...

... TO FIGHT TO REPRESENT MY COUNTRY.



IT'S BECAUSE OF YOU!



LORIUS, TELL ME, WHAT INSPIRED YOU TO START ?

WHAT?!

I... I THINK IT'S ...

THIS STRATEGY BACKFIRED ON ME TOO.

AT THE SECOND TRANSITION BETWEEN CYCLING AND RUNNING.





SO,  
KEEP  
FIGHTING!



IT'S  
BECAUSE OF  
YOUR ENCOURAGING  
MESSAGES AND YOUR  
DETERMINATION  
OVER THE YEARS  
THAT ...

I NOW ACCEPT  
WHO I AM.



NO MATTER  
HOW YOU LOOK,  
EVERYONE HAS  
THE RIGHT TO  
FIGHT FOR  
THEIR BELIEFS  
AND WHAT THEY  
CARE ABOUT.  
LET'S NOT  
LIVE IN THE  
SHADOW OF  
OUR REGRETS  
BECAUSE  
...



WHEN YOU SEE  
A BIRD CALLED  
THE "LORIKEET,"  
THEY SAY YOU  
SHOULD FOLLOW  
YOUR DESIRES  
INSTEAD OF  
WAITING FOR  
THEM TO COME TO  
YOU. I HOPE FOR  
YOU, LORIUS,  
THAT YOU  
WILL BECOME  
SOMEONE'S  
LORIKEET  
...



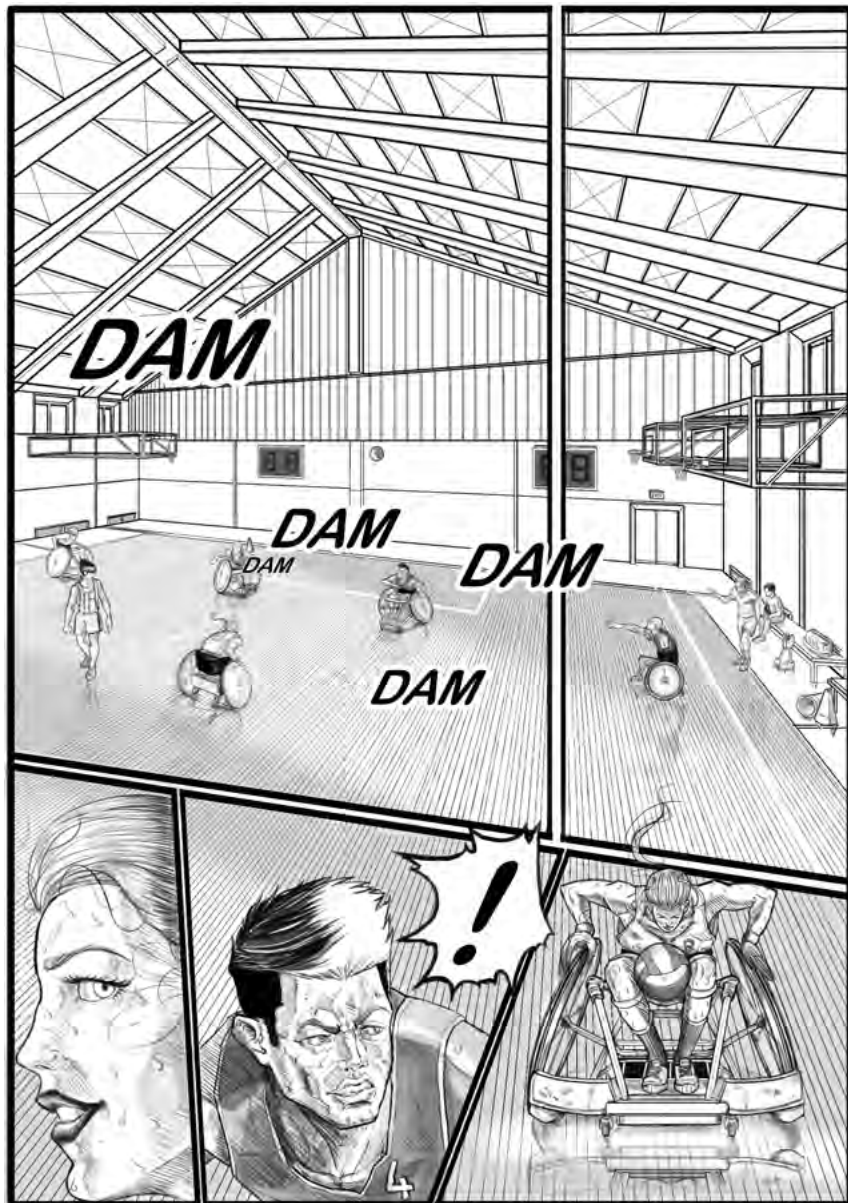
# MurderBall

by Jebali Iheb

with the kind collaboration of  
Cédric Nankin







## WHEELCHAIR RUGBY

### ATHLETE: CÉDRIC NANKIN

BORN WITH CONGENITAL LIMB DEFICIENCY, CÉDRIC NANKIN OWES HIS VOCATION TO RYADH SALLEM, NOW HIS TEAMMATE ON THE FRENCH WHEELCHAIR RUGBY TEAM. NICKNAMED "THE MACHINE" FOR HIS FEARLESS PERFORMANCE ON THE FIELD, THIS "MURDERBALL" ENTHUSIAST HELPED HIS TEAM RETAIN THE EUROPEAN CHAMPIONSHIP TITLE IN 2023.



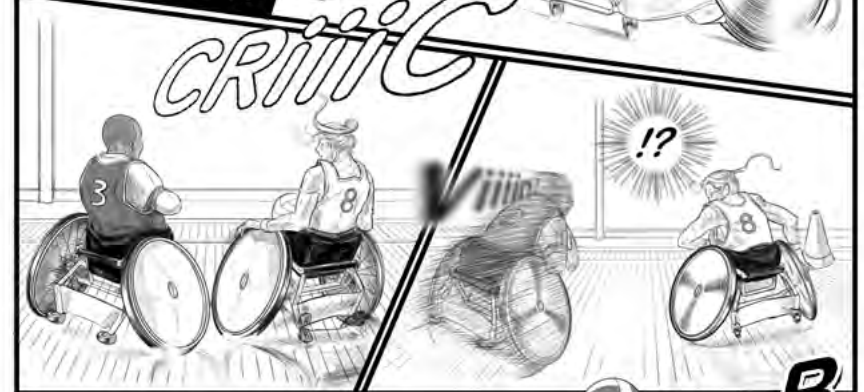
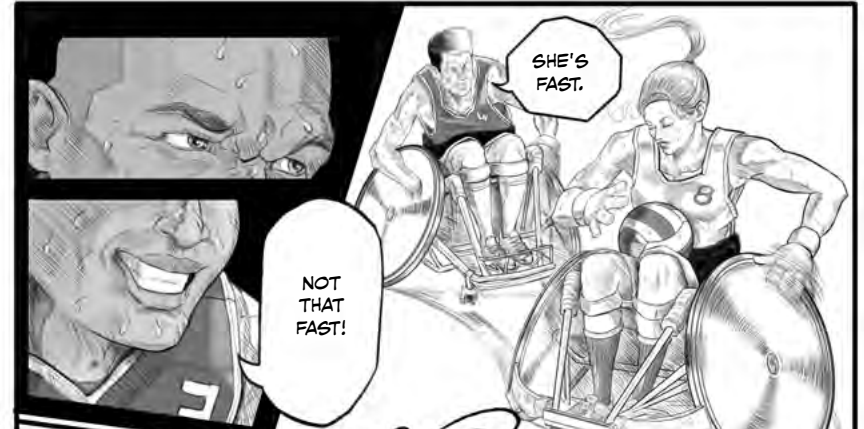
"  
**FOCUS ON WHAT  
 MATTERS TO  
 ACHIEVE GREAT  
 THINGS**  
 "

### MANGAKA: JEBALI IHEB

IHEB JEBALI, OF TUNISIAN NATIONALITY, GRADUATED IN INTERIOR ARCHITECTURE. HIS LOVE FOR MANGA AND ANIMATION LED HIM TO LEAVE HIS COUNTRY FOR FRANCE, WHERE HE STUDIED DIGITAL ARTS WITH A SPECIALIZATION IN 2D ANIMATION. TODAY, HE IS A FREELANCE ARTIST WORKING ON A MANGA ONE-SHOT.



Cédric NANKIN,  
aka "The Machine",  
paralympic athlete,  
39 years old





YOU PROBABLY SHOULD STAY HERE TONIGHT.



Four years earlier ...

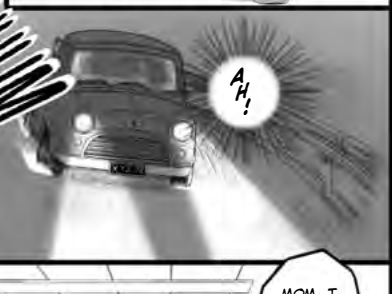
I'M GOING, THANKS AGAIN FOR THE PARTY!



I'M NOT DRUNK, EVERYTHING IS FINE.



NO.



AH!



IZZ...



MOM, I CAN'T FEEL MY LEGS.



Myriam, 27 years old



Glou  
Glou  
Glou



WHAT MATTERS IS TO HAVE FUN!



I'M GENTLE AS A LAMB!



ONCE HE'S ON THE FIELD, HE DESTROYS EVERYTHING IN HIS PATH.

HE SAYS THAT, BUT ...



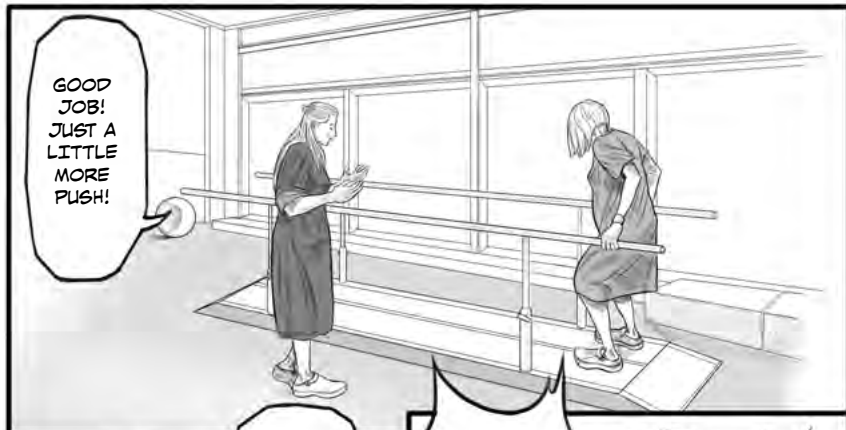
IT'S THANKS TO HIS HELP THAT I WAS ABLE TO OVERCOME MY DESPAIR.



BUT STILL ...







GOOD JOB!  
JUST A LITTLE MORE PUSH!



THAT'S ENOUGH FOR TODAY, YOU'VE WORKED HARD.



HUH?



WILL SHE STILL BE ABLE TO WALK?

BUT...



I FEAR THE SPINAL CORD HAS BEEN DAMAGED.



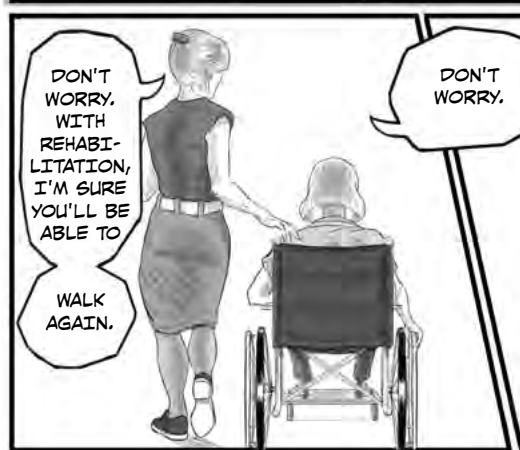
OH, NO !!!



I'M SORRY, BUT I DON'T THINK SO ...



MOM, LET'S GO HOME, PLEASE.



DON'T WORRY. WITH REHABILITATION, I'M SURE YOU'LL BE ABLE TO WALK AGAIN.

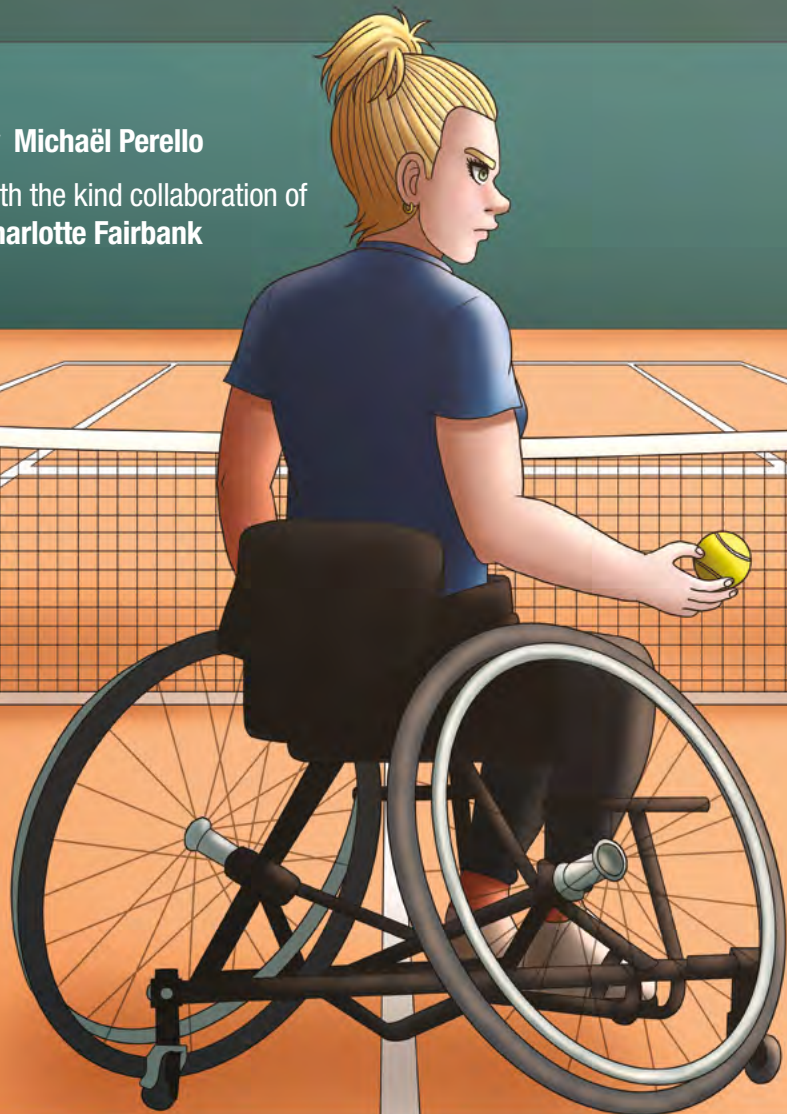


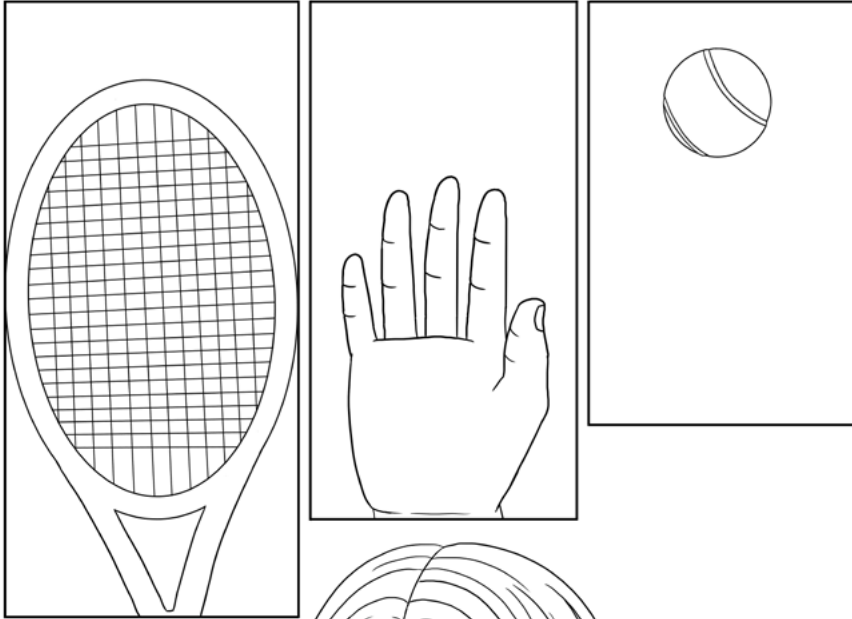
DON'T WORRY.

# WINNING BACKHAND

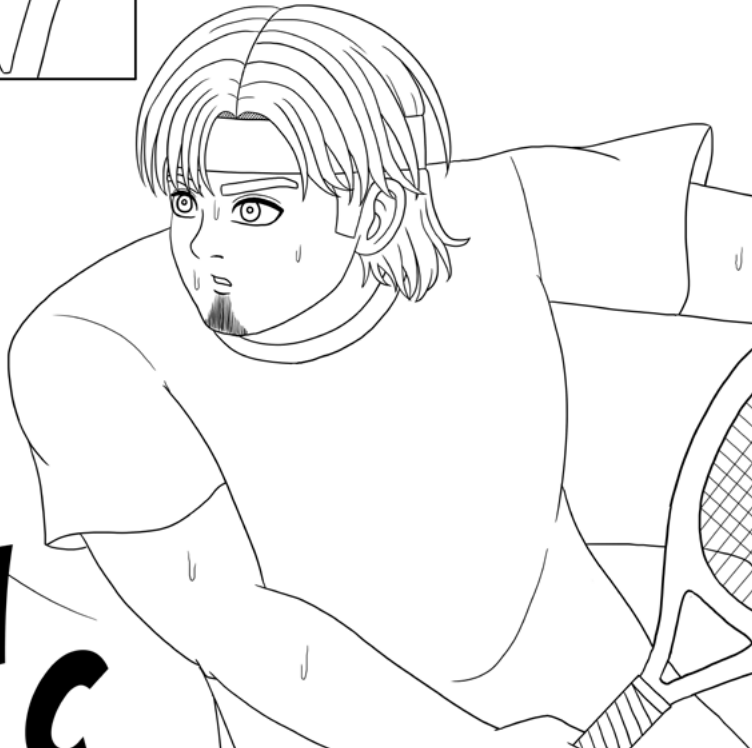
by Michaël Perello

with the kind collaboration of  
Charlotte Fairbank





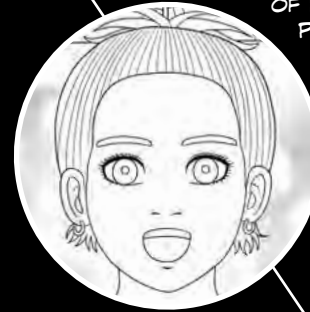
**T  
C  
H  
A  
C**



## WHEELCHAIR TENNIS

### ATHLETE: CHARLOTTE FAIRBANK

AFTER BECOMING PARAPLEGIC, CHARLOTTE FAIRBANK SLOWLY LEARNED TO ACCEPT HERSELF. "IF I HAD A MESSAGE FOR ALL PEOPLE WITH DISABILITIES WHO ARE HESITANT TO TRY A SPORT, IT WOULD BE TO JUST GO FOR IT. IT CHANGED MY LIFE, AND IT COULD CHANGE YOURS." SHE WON HER FIRST TOURNAMENT IN ITALY AND WAS SELECTED FOR THE TOKYO GAMES. THIS PARA TENNIS ATHLETE, WHO HAS BOUNCED BACK, SPEAKS OF HER "DESIRE TO CHANGE THE WAY PEOPLE SEE DISABILITY AND TO HIGHLIGHT PARALYMPIC SPORTS."



“  
**OVERCOMING  
DISABILITY  
THROUGH SPORT**  
”

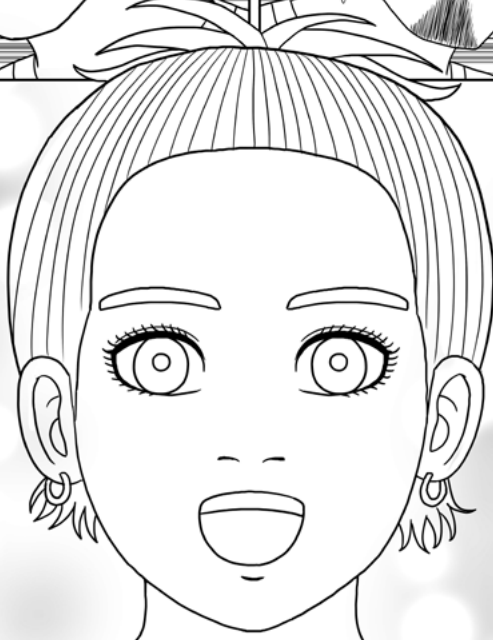
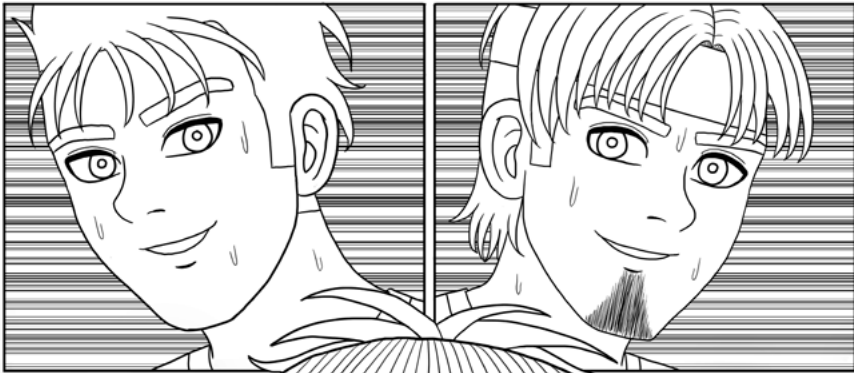
### MANGAKA: MICHAËL PERELLO

MICHAËL PERELLO, ALSO KNOWN AS MICAMI, HAS LOVED DRAWING COMICS SINCE HE WAS A CHILD. HE NEVER GAVE UP ON THIS PASSION AND IS PARTICULARLY KNOWN FOR THE MANGA "PRINCE DÉCHU."

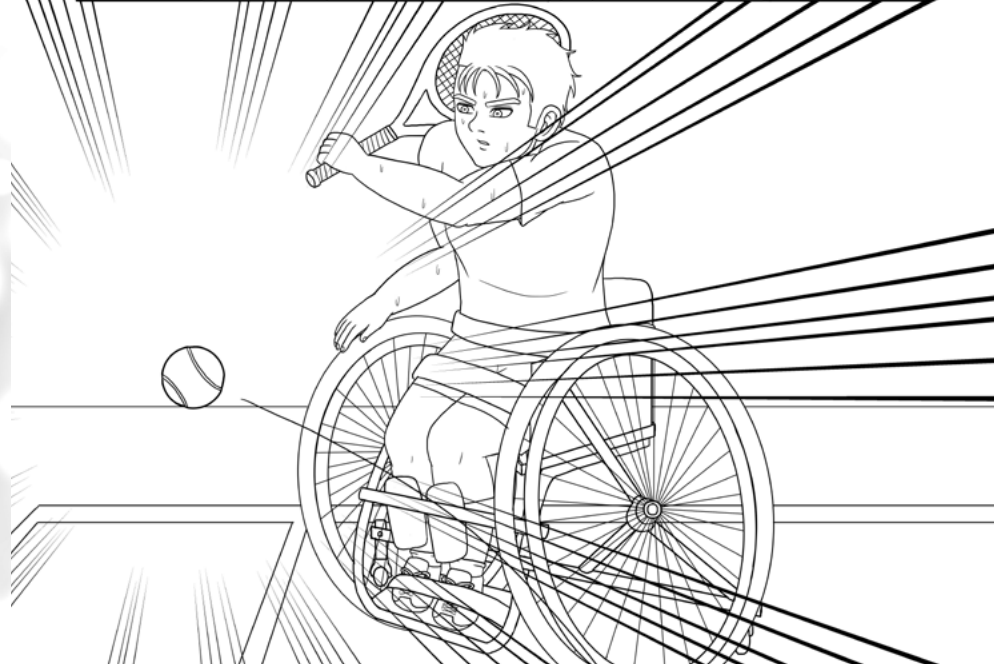
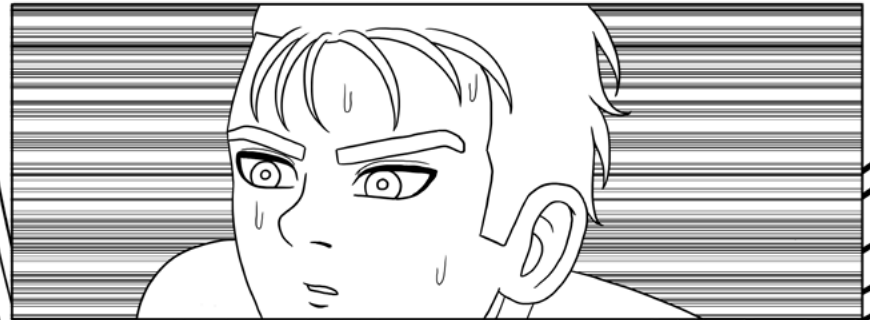
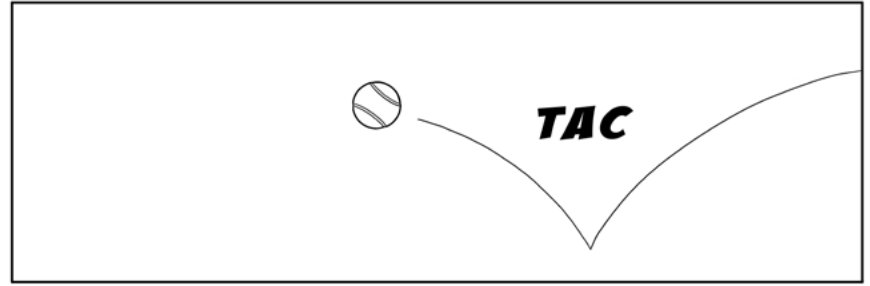


# TCHAC

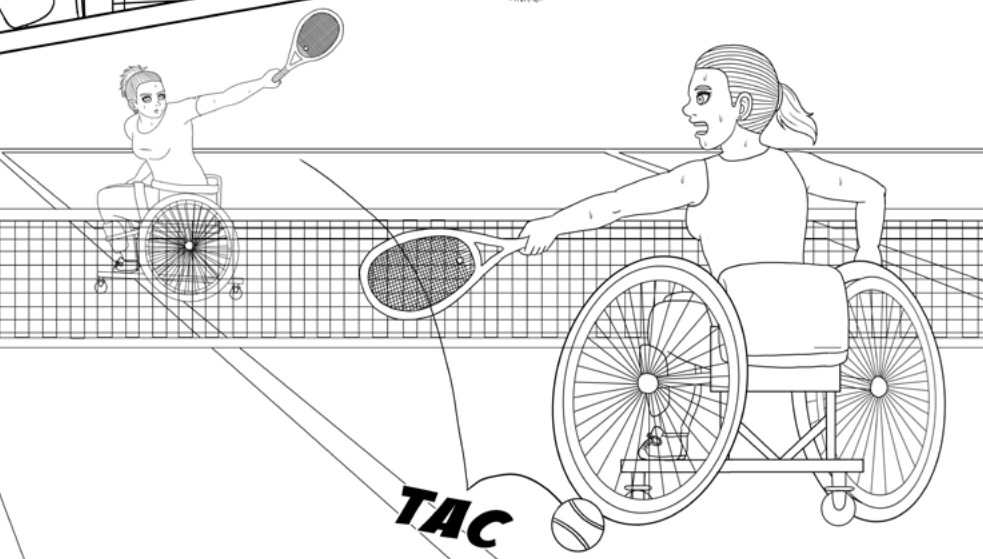
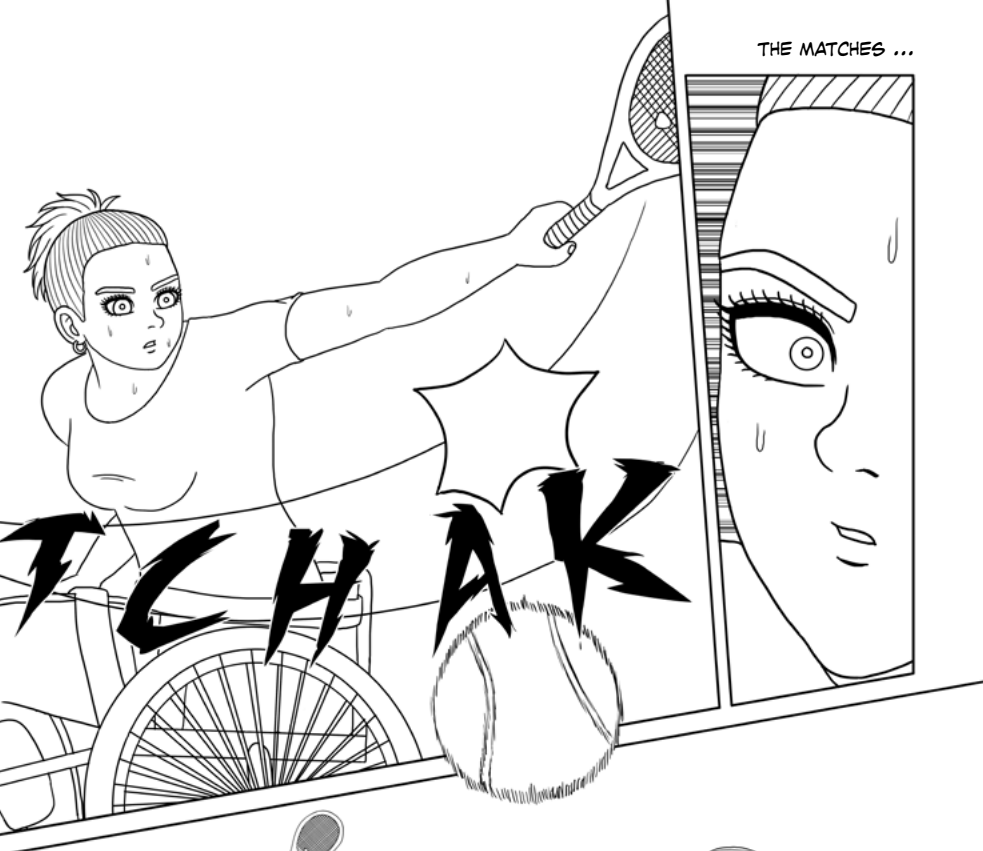
BUILDING A CAREER IN THIS SPORT ...



THAT'S  
WHAT I  
WANT  
TO DO  
!

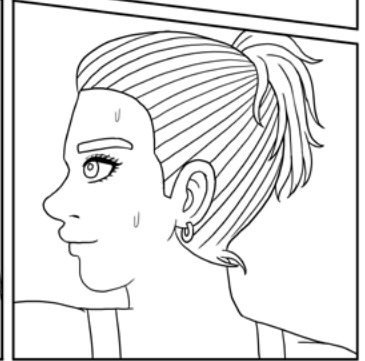
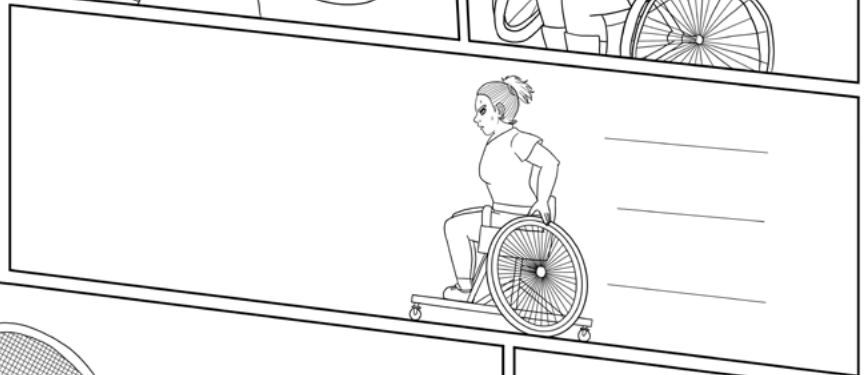
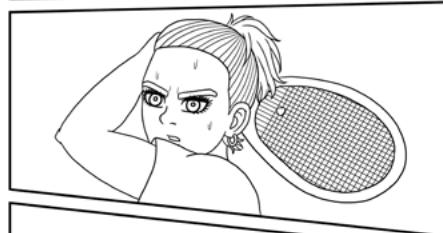


THE MATCHES ...

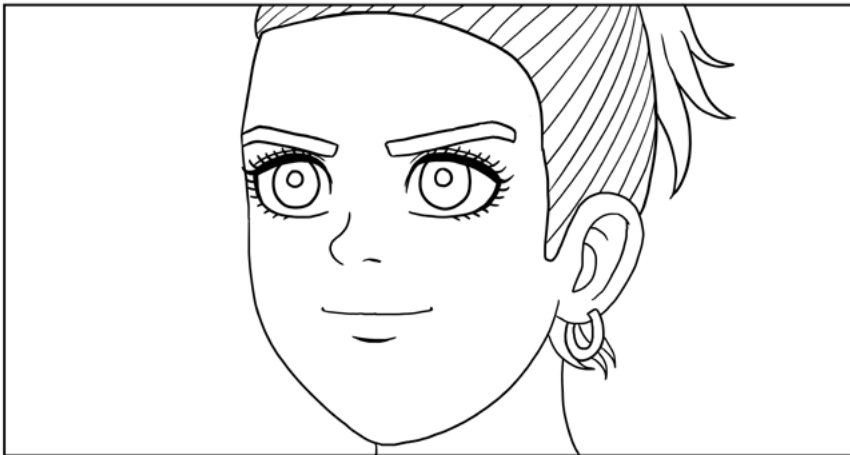
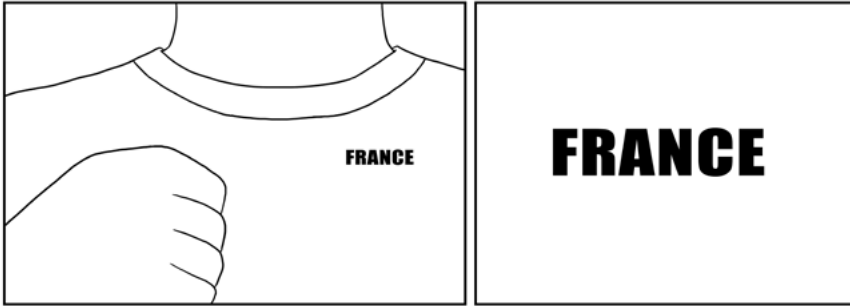
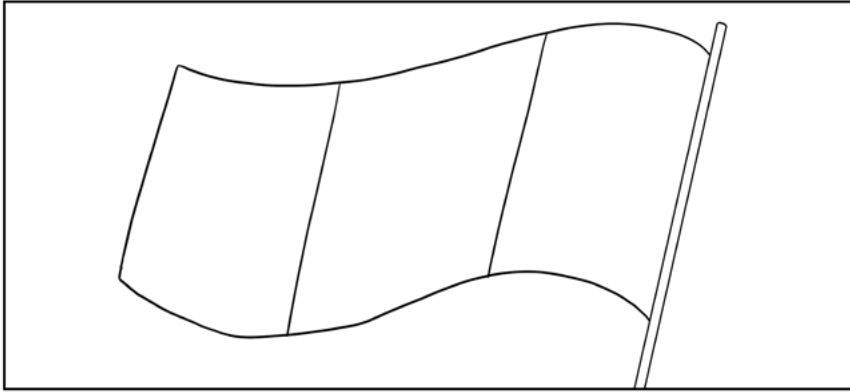


TAC

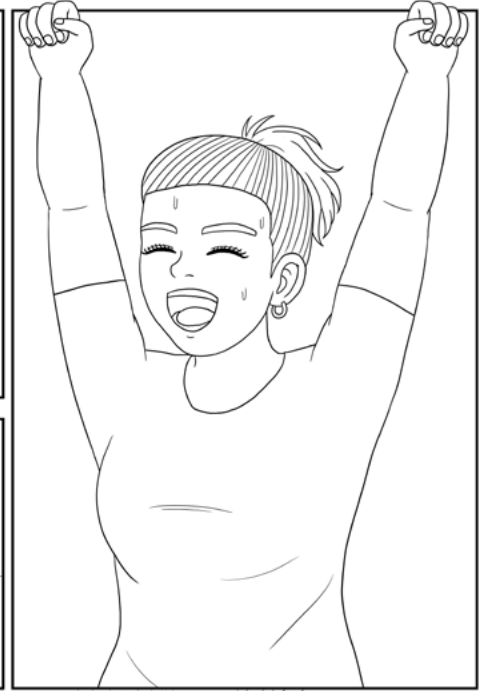
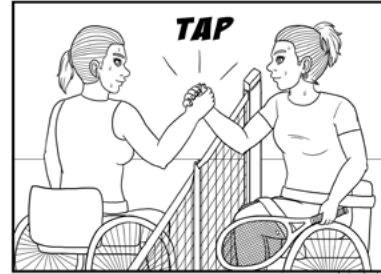
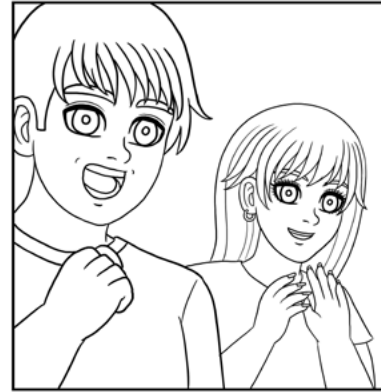
THE TRAINING SESSIONS ...



TO REACH ...



THE VICTORIES ...





by JidouX

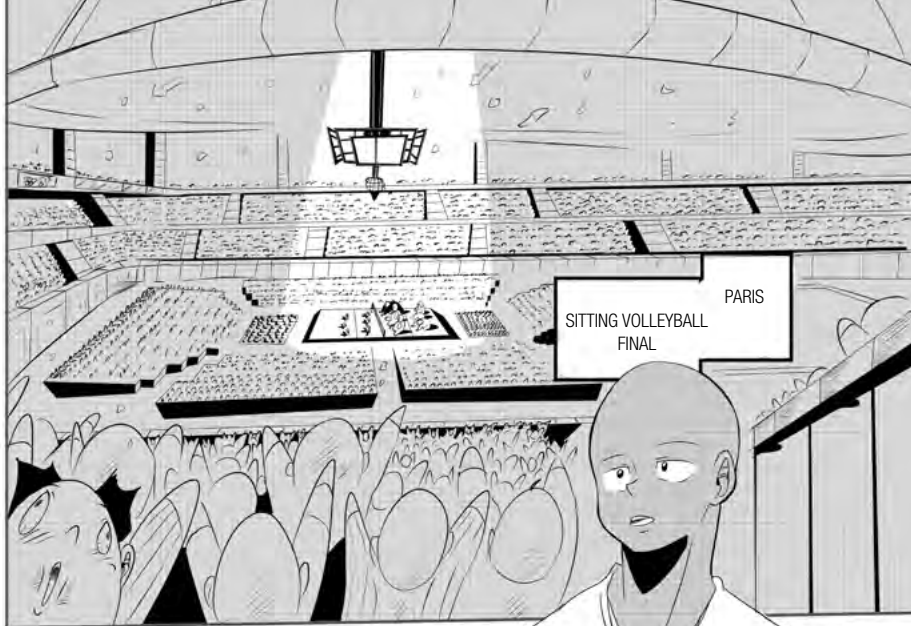
with the kind collaboration of  
Samou Soumaoro



# MONSTER MOMENTUM

... THE TOP!

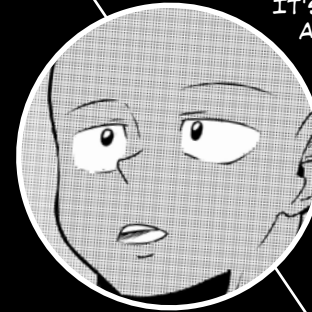




## SITTING VOLLEYBALL

### ATHLETE: SAMOU SOUMAORO

AFTER LOSING BOTH LEGS FOLLOWING A TRAIN ACCIDENT, SAMOU SOUMAORO, A SITTING VOLLEYBALL'S RISING STAR, WANTS TO SPREAD A MESSAGE OF TOLERANCE. "IT'S CRUCIAL TO RAISE CHILDREN'S AWARENESS ABOUT DISABILITY FROM AN EARLY AGE, WHATEVER THE NATURE OF IT." "THE MAJORITY OF DISABLED PEOPLE HAVE INVISIBLE DISABILITIES (...) IT'S IMPORTANT TO BE AWARE, TO REMEMBER THAT WE ARE ALL DIFFERENT. (...) IT'S IMPORTANT TO BE KIND, TOLERANT, AND TO TAKE CARE OF EACH OTHER."



"  
THE IMPORTANT  
THING IS TO  
MOVE FORWARD  
"

### MANGAKA: JIDOLIX

FOR SEVERAL YEARS, JIDOLIX HAS BEEN TELLING STORIES THROUGH MANGA. HIS FAVORITE MANGA IS GINTAMA. HE HOPES YOU ENJOY READING THIS STORY.



HEY, SAMOU?  
YOU'RE STRESSED  
OUT?

I'VE  
SEEN YOU  
CATCH MUCH  
STRONGER  
SHOTS.

OUCH

COACH

OUCH



I CAN'T  
FULFILL MY  
ROLE IN  
THE TEAM.

WITHOUT  
MY LEGS,  
I LACK  
STABILITY.



RELAX.

AND  
PLAY LIKE  
YOU USUAL-  
LY DO.

CAN  
YOU DO  
IT?



IF I  
DON'T BLOCK  
THEIR NEXT  
ATTACK ...

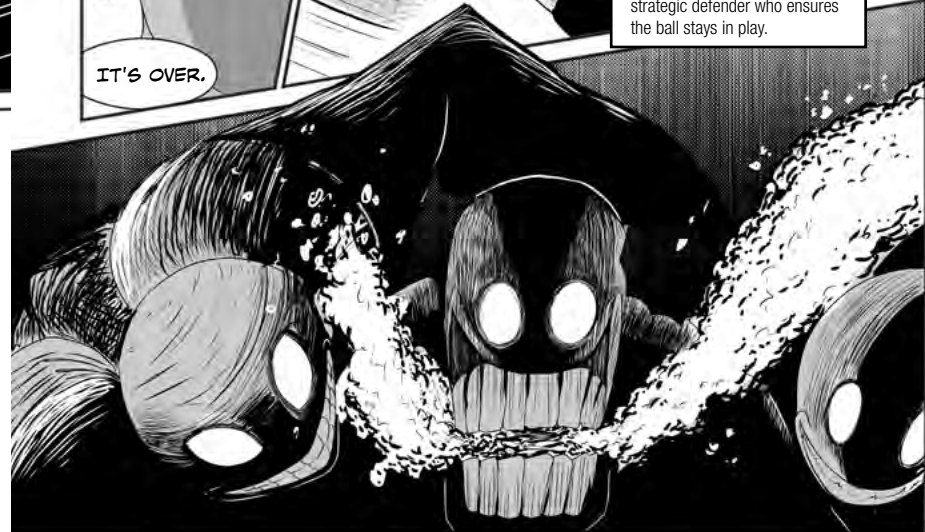
I  
FAILED  
AS A  
LIBERO\*,

AS A  
DEFENDER.

I  
COULDN'T  
BLOCK  
THE SHOT.

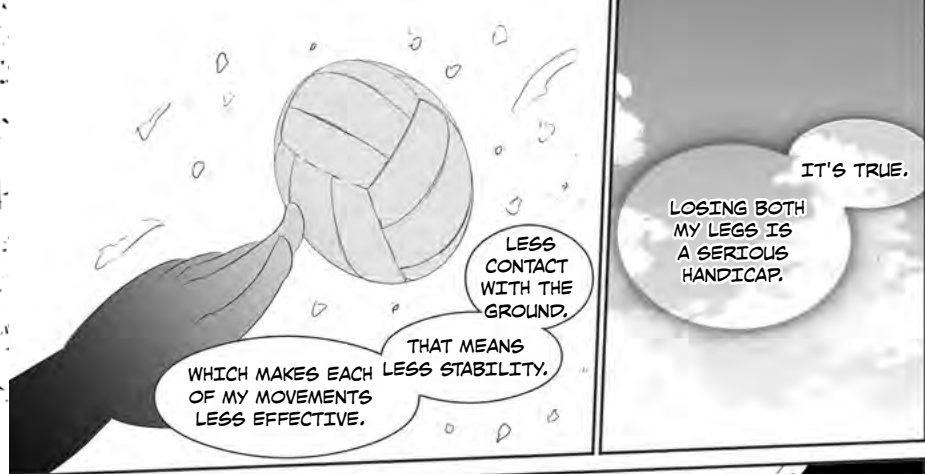
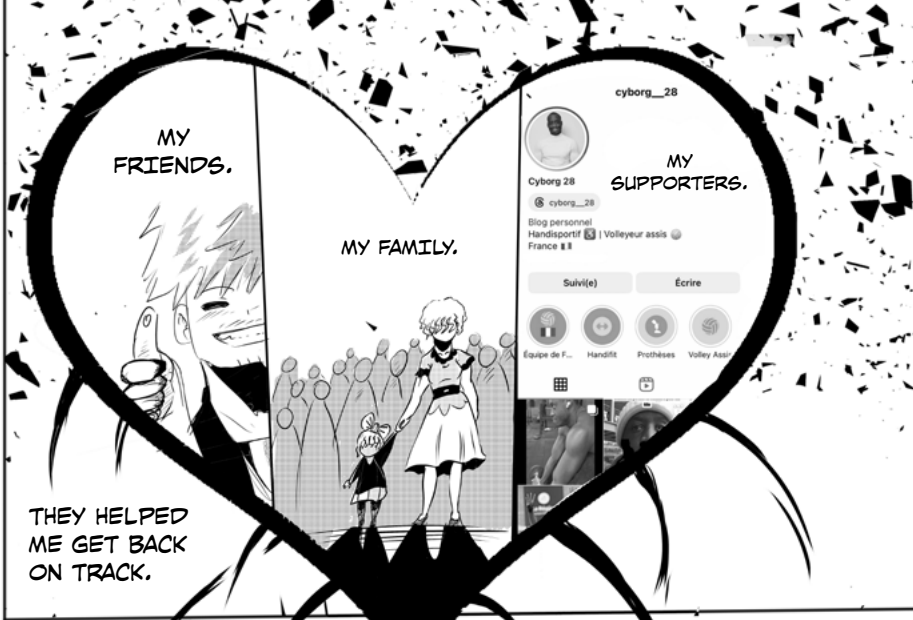
IT'S OVER.

\* In volleyball, the "libero" is a strategic defender who ensures the ball stays in play.



DO I  
EVEN STAND  
A CHANCE AGAINST  
PLAYERS OF THIS  
CALIBER?

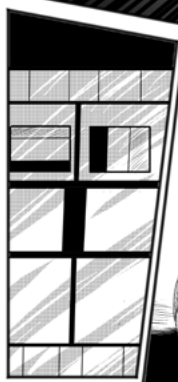






NO MATTER WHO WE ARE ...

ON THE FIELD, WE'RE ALL PERFORMANCE MONSTERS.



THERE ARE...

BUT BEYOND THAT...



THEN I'LL BELIEVE IN THEIR SUPPORT.

IF I CAN'T BELIEVE IN MYSELF ANYMORE ...



SKILL AND CONTROL.



FOCUS AND DETERMINATION.



RIGHT NOW, I'M BECOMING A MONSTER ...

THANK YOU TO EVERYONE WHO HAS  
ACCOMPANIED ME ON MY JOURNEY.

THANKS TO MY FRIENDS, MY BROTHERS  
AND SISTERS, ALWAYS THERE FOR ME.

THANKS TO MY PARENTS, WHOM I HOPE TO  
MAKE PROUD. TO MY PALLINE AND OUR  
JADE, WHOM I LOVE WITH ALL MY HEART.

- SAMOU SOUMAORO



... ALL THOSE WHO  
HELP US SURPASS  
OUR LIMITS.

FROM THE  
BOTTOM OF  
MY HEART  
...



THANK  
YOU  
!!!



## About the Paralympic Games

The Paralympic Games are a major sporting event with origins in promoting sports for people with disabilities. The story began in 1948 when Sir Ludwig Guttmann, a British neurologist, organized the first games for World War II veterans with spinal cord injuries. These competitions, known as the Stoke Mandeville Games, were held alongside the Olympic Games and marked the start of a new era in sport.

The first official Paralympic Games took place in Rome in 1960, featuring 400 athletes from 23 countries. Though modest compared to the Olympics, these Games were a resounding success and laid the foundation for a global movement. Since then, the Paralympic Games have been held every four years, immediately following the Olympic Games, in the same cities and using the same sports facilities.

The inclusion of the Paralympic Games in major sporting events has helped change perceptions and promote equality and inclusivity. Today, Paralympic athletes are recognized not only for their exceptional abilities but also for their resilience and determination. Each edition of the Paralympic Games attracts millions of spectators worldwide, demonstrating that sport is a universal language that transcends physical differences.

Over the decades, the Paralympic Games have evolved to include a wide range of sports and disability categories, allowing more athletes to compete. Disciplines such as athletics, swimming, wheelchair basketball, and wheelchair rugby have become staples.

The 2024 Paralympic Games, to be held in Paris, promise to be another significant milestone in this rich and inspiring history, showcasing remarkable performances and continuing to raise public awareness about the importance of sport for everyone.

## About Fondation Ipsen BookLab

In service of the public interest and working towards a fair society, the Ipsen Foundation BookLab publishes and distributes books for free, notably to schools and associations. Through collaborations between experts, artists, authors, and children, our publications — available for all ages and in various languages — focus on education and raising awareness about health issues, disabilities, and rare diseases.

Here, find the full extent of our catalog <https://www.fondation-ipsen.org/fr/book-lab/>.

## About Bonjour-France-Japon

Consisting of a team of enthusiasts and specialists in Japan, Bonjour-France-Japon offers courses and continuing education on Japanese art, language, and civilization, as well as Manga drawing workshops. All information is available at [www.bonjour-france-japon.com](http://www.bonjour-france-japon.com).

The school extends its heartfelt thanks to Gwendoline Simon for her incredible work as team leader on this comic book project. Her artistic vision, inspiring leadership, and passion were key elements that brought this work to life.

Every step of the process, from the initial sketches to the finalization of the pages, benefited from her talent and dedication. She skillfully guided the team, creating a collaborative and motivating work environment, which allowed everyone to give their best.

Thanks also for her patience, listening skills, and ability to find creative solutions to the challenges we faced. This project would not have been the same without her.

## Acknowledgments from the mangakas (in alphabetical order)

### Arluria (Para shooting)

*I thank the people who made it possible for me to participate in this project. Thanks also to my family for their support and to Gaëlle Edon for introducing me to her sport and for her collaboration. Finally, thanks to Thomas, Ylana, and Gwendoline for their help and support during the completion of this project, and to Kaori Yoshikawa for guiding me on the path to manga.*

### **Laszlo Bizeray (Para cycling)**

*I wish to express my deep gratitude to the Ipsen Foundation and to athlete Anne Claveau for giving me the unique opportunity to participate in the Paralympic comic book project.*

### **Imdrane Chanfi (Para judo)**

*When I chose to draw judo, I wanted the judoka to be very interesting, especially since I was not familiar with the specifics of para sports. Fortunately, this was the case with Hélios—disciplined, with unwavering concentration and a will of steel. The two days with Hélios made me understand that he is someone ready to conquer every challenge that comes his way; one could describe this as the spirit of a champion. I thank everyone who supports me and those who trusted me with this project. I hope you will support Hélios in his new challenge. Let's cheer for him at the 2024 Games.*

### **Loren Durand (Para badminton)**

*I would like to thank my friends and my partner who supported me throughout the creation of the pages; the fellow mangakas on this project, and especially Gwendoline Simon who, in addition to producing her own pages, guided and supported us throughout this adventure. I also thank Kaori Yoshikawa, without whom I would not have pursued the path of manga, and all the readers turning these pages.*

### **Gamezai (Para triathlon)**

*Remerciements :  
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Ylana.pm  
Kaori YOSHIKAWA  
Maëlys Stuaert*

### **Guillaume Guilhou (Blind Football)**

*I would like to warmly thank Martin Baron and Christopher Bourgeois for sharing their passion for blind football, and I also want to express my gratitude to my assistants for their support on this project.*

*Our instagram pages :  
Creator (Ogui\_arts200 )*

*Assistants (shaka\_cdz , goose/fe , esperance.simon , \_yuko\_haruto\_ , baryoz4 )*

### **Jebali Iheb (Wheelchair Rugby)**

*A big thank you to the BFJ school, all my colleagues, especially GWENDOLINE for leading this project, and the Ipsen Foundation. Without them, this project would not have been possible. A special thank you to the great athlete Cédric NANKIN, for all his explanations and kindness. Good luck to him in bringing home the gold medal! I dedicate my work to my two little ones "JANNA" and "ADEN" (daddy loves you) and to their mom and titi. And finally, to my whole loving family "mouha, sahouma, najoulti, chahri, dadou, and noussa." I love you all.*

### **Kyllian N'go Bikque (Para Taekwondo)**

*I thank my two teachers Gwendoline Simon and Maëlys Stuaert for helping me. I also thank Noa Sybille for assisting in the realization of this project, but above all, a very big thank you to BOPHA KONG for allowing me to create a manga about him and his sport.*

### **Ornella Liberatoscioli (Wheelchair Fencing)**

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### **Michaël Perello (Wheelchair Tennis) \***

*I thank Gwendoline Simon for giving me the opportunity to work on such an enriching project close to my values. Espérance Simon (Para Equestrian) I thank my incredible colleague and friend, Maëlys Stuaert, and all my amazing students without whom this project would never have come to life.*

### **Espérance Simon and Charlotte Cabrera (Para Swimming)**

*Thanks to all the people who helped us!*

### **Espérance Simon, Ina Sofronieva, and Vina (Wheelchair Basketball)**

*Thanks to my co-authors and artists and everyone else who helped me throughout the project. – Ina Thank you, everyone. – Espérance Thank you so much for your help. – Vina*

### **Ina Sofronieva (Para Archery)**

*Thanks to: Gwendoline and Marie for all their advice and corrections. Vina, for her support. And everyone else who helped with this story. My mother, for listening to me complain whenever I was late on the project. My cat, of course. And myself, for finishing everything on time. Thank you very much!!!*

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### **Émilie Tosello (Goalball)**

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### **Fanny Vaillant (Boccia)**

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### **Vina (Para Athletics)**

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#### **RESPONSIBILITY**

*The stories in this book are fictional works inspired by real-life experiences and events, highlighting para sports and the challenges involved. They should not be taken as professional advice on sports training or health. Decisions regarding your sports practice should be made in consultation with qualified experts. The information in this book is provided without any guarantees. The authors and publisher disclaim all responsibility for the use of this book.*


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For most people, sport is about physical performance. In society, to be disabled is to be physically diminished. I hope that this manga will change people's attitudes: by opening up the field of possibility, by expressing the excellence of para-sport, it will instill passion and dignity into the heart of our humanity.

### **Ryadh Sallem**

*Paralympic athlete  
Champion of France and Europe,  
in wheelchair basketball and  
wheelchair rugby  
Association Capsaaa, Paris*

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### **James A. Levine**

*MD, PhD, Professor  
Fondation Ipsen, President*

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